

OLLI FALL 2024 COURSE CATALOG

IMPORTANT DATES

Fall Term: September 23–November 18, 2024

No classes at Adath Israel Oct. 14, Nov. 11.

No classes at Victory Pkwy Campus Nov 11.

Check individual course listings for specific meeting dates.

Registration Opens: August 20, 10 am

CLASS INFORMATION

Both in-person and online classes are offered. No tests! No grades! No pressure! Class format and location are indicated in the course descriptions.

Download free [Zoom Client for Meetings](#) for the best online class experience. Online classes are offered in real time, are interactive, and are **NOT** recorded.

Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course description.

OLLI MEMBERSHIP

OLLI programs are designed for adults aged 50 and better. The only prerequisite is a desire to learn.

PRICING & REFUNDS

Fall Term Membership: \$90

- Most multiweek classes: \$5 with membership
- Most one-time programs: \$0 with membership
- Fieldtrips: \$0–\$15 with membership

Refunds after the term begins at director's discretion.

Moderators of multiweek Fall courses and UC Foundation Tower of Strength donors receive complimentary membership. Please notify the office before trying to register if you are eligible for a free membership: 513-556-9186.

FINANCIAL ASSISTANCE

Financial assistance is available to all who need it. Send a short statement of need to olli@uc.edu to request a scholarship or call 513-556-9186 for information.

REGISTRATION

Registration opens Tuesday, August 20, 10 am.

You may [register online](#) (strongly recommended) or by mail by printing and mailing the completed [registration form](#) with a check for \$90 plus any class fees.

No phone registration until August 21!

WAIT LISTS

If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will be notified by phone or email and will have a limited amount of time to respond before the place is offered to the next person on the list. You are not charged for wait-list classes unless you are enrolled.

TEACHING FOR OLLI

If you would like to share your expertise with the OLLI community, please consider volunteering to moderate a class. Visit the [OLLI website](#) or call 513-556-9186.

DISCLAIMER

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

LOCATIONS & PARKING

UC Victory Parkway Campus (VPC)—2220 Victory Pkwy, 45206. Permits for free parking in the OLLI lot accessed from Cypress St are distributed during the first week of classes and available later in the OLLI office (VPC Admin 207).

Adath Israel (ADI)—3201 E Galbraith Rd, 45236. Free parking in the adjacent lot.

Ohio Living Llanfair (OHLL)—1701 Llanfair Ave, 45224. Free parking in the adjacent lot. Look for OLLI signs.

Other locations as indicated in catalog descriptions.

CONTACT US

EMAIL: olli@uc.edu

PHONE: 513-556-9186

VISIT: 2220 Victory Pkwy, Admin 207, Cincinnati, OH 45206

MAIL: OLLI at UC, PO Box 210093, Cincinnati, OH 45221-0093

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
OTHER	Other location indicated in catalog description
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

CLASSES BY CATEGORY

ART & ART HISTORY

- 1904/1905** About Creativity with Jan Brown Checco; Art for Social Justice with Saad Ghosn (VPC/ZOOM-Wed)
- 1300** Art, Architecture, Public Spaces, and Museums in France (VPC-Mon)
- 1902/1903** ArtWorks: Community Partnerships Making Beautiful Public Art (VPC/ZOOM-Wed)
- 9004** Cincinnati Art Museum Tour: Discovering Ansel Adams (OTHER-Fri)
- 9001** Joseph Clark Gallery: Arts of Africa Tour (OTHER-Wed)
- 2508/2509** Life, Art Collecting, and Philanthropy of John J. Emery (VPC/ZOOM-Thu)
- 8002** Treasures of the Cincinnati Art Museum (OTHER-Wed)
- 4700** Wondrous Art of Remedios Varo, Part 1 (ADI-Tue)

ART & CRAFT HANDS ON

- 1006** Found Objects and Your Imagination (VPC-Mon)
- 4103** Making Cartoons (ADI-Mon)
- 4000** Origami (Paper-Folding) (ADI-Mon)
- 2106** Papercrafting Tools and Techniques—Fall/Winter Themes (VPC-Wed)

COMPUTERS & TECHNOLOGY

- 3012** Artificial Intelligence—What Is It Anyway? (VPC-Fri)
- 2603** iPhone Next: Getting More from Your Apple iPhone (VPC-Thu)

CURRENT EVENTS, LAW & POLITICS

- 1900/1901** 2024 Presidential Election: The Exercise of Democracy (VPC/ZOOM-Wed)
- 1912/1913** A Taste of Race and the City Cincinnati (VPC/ZOOM-Wed)
- 2304/2305** China: The Awakening Dragon (VPC/ZOOM-Thu)
- 1602** Civil Disobedience in the U.S.: From Colonial Times to the Present (VPC-Tue)
- 1505** Current Events: Lively Discussion of the Good, Bad, and Ugly (VPC-Tue)
- 1212/1213** Fair Housing: Living with the Legacy of Legal Discrimination (VPC/ZOOM-Mon)
- 1400** Finding Solutions to America's Problems (VPC-Tue)
- 1914/1915** General Safety and Active Threat Preparedness from UC Police (VPC/ZOOM-Wed)
- 3011** Inside Look at Today's Criminal Justice System and the Reentry Pipeline (VPC-Fri)
- 1103** Political Polarization: Key Sources and Depolarizing Skills (VPC-Mon)
- 2101** Radical and Progressive Education in Contemporary Latin America (VPC-Wed)
- 2801** Redistricting 101—Gerrymandering and a New Proposed Solution (OHLL-Fri)
- 3003** Supreme Court 2024 Decisions and Docket (VPC-Fri)
- 4605** Unpacking Israel, Palestine, and Antisemitism (ADI-Tue)

FINANCE & RETIREMENT

- 2802** Cincinnati FBI Presents Protecting Yourself From Scams (OHLL-Fri)
- 2700** Enough \$\$\$ to Enjoy the Rest of Your Life: Retirement Income Solutions (VPC-Fri)
- 2105** How the Aging Network Can Help You (ZOOM-Wed)
- 4400** Integrated Wealth Management (ADI-Tue)
- 3006** Medicare 101 (ZOOM-Fri)
- 2805** Selecting the Right Senior Living Arrangement (OHLL-Fri)
- 4500** Wealth Preservation In Volatile Times (ADI-Tue)

GARDENING

- 4100** Putting the Garden to Bed (ADI-Mon)

HEALTH & WELLNESS

- 1201** A Taste of "Bones for Life" for Those Who Can Move to and from the Floor (VPC-Mon)
- 1200** A Taste of "Bones for Life" for Those Who Need the Support of a Chair (VPC-Mon)
- 1105** A to Z's of Sleep Health (VPC-Mon)
- 1104** Bottled Water: What You Don't Know May Harm You (VPC-Mon)
- 3010** Common Female Sexual Health Issues: You Don't Have to Live With It (ZOOM-Fri)
- 2806** Discovering Health Physicality—The Miracle Drug (OHLL-Fri)
- 1202/1203** Do I Really Need Another Vaccination? (VPC/ZOOM-Mon)
- 2301** General Medical Information to Help in Medical Decision Making (VPC-Thu)
- 1500** Get Fit: Cardio, Strength, and Balance (VPC-Tue)
- 4701** Getting Older Ain't for Sissies (ADI-Tue)
- 2506/2507** Inner Workings of the Aging Brain (VPC/ZOOM-Thu)
- 2102** Layperson's Guide to Understanding and Responding to Mental Illness (VPC-Wed)
- 2202** Layperson's Guide to Understanding Personality Disorders (VPC-Wed)
- 1406** Mental Health and Cellular Function (ZOOM-Tue)
- 1100** Move into Ease (VPC-Mon)
- 2206** Shoulder and Knee Injuries: Their Evolving Diagnosis and Treatment (ZOOM-Wed)
- 1507** Stop, Pay Attention, Move! Let's Create a Tiny Habit for Living Life Well! (ZOOM-Tue)
- 1302** TriYoga with Laure Quinlivan (VPC-Mon)
- 4601** Upholding Your Loved One's Choices for End-of-Life Medical Care (ADI-Tue)

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
OTHER	Other location indicated in catalog description
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

HISTORY & SOCIAL SCIENCES

- 1910/1911** Among the Dearly Departed: A Very Scary Halloween in Cincinnati's Historic Cemeteries (VPC/ZOOM-Wed)
- 4606** Andrew Jackson: Flawed but Important U.S. President (ADI-Tue)
- 2604** A Taste of Race and the City Cincinnati (ZOOM-Thu)
- 4302** Causes of WWI and the War (ADI-Mon)
- 9005** Cincinnati Type and Print Museum Tour (OTHER-Wed)
- 2804** Clifton—At the Center of Cincinnati (OHLL-Fri)
- 1210/1211** Day of the Dead Celebration in Mexico (VPC/ZOOM-Mon)
- 1216/1217** Discovering Ohio Astronauts (VPC-Mon)
- 4301** Disputed Elections: A Brief Survey of Four Disputed Elections in U.S. History (ADI-Mon)
- 3002** Lessons from the Great Depression (ZOOM-Fri)
- 3008** Lessons from the Vietnam War (ZOOM-Fri)
- 3001** Life and Work of Lafcadio Hearn, from Cincinnati to Japan (VPC-Fri)
- 2504/2505** Music Hall: Then and Now (VPC/ZOOM-Thu)
- 4603** Our Founding Gardeners: The Men Who Set Us on an Agricultural Path (ADI-Tue)
- 1214/1215** Over-the-Rhine: Cincinnati's Historic German District (VPC/ZOOM-Mon)
- 1504** People of the American Civil War (VPC-Tue)
- 1908/1909** Powel Crosley Jr: Inventor, Entrepreneur, Radio Pioneer (VPC/ZOOM-Wed)
- 1404** Prohibition and Cincinnati: Why Did the Beer Go? (VPC-Tue)
- 1303** Slicing Cincinnati History through Walnut Hills (VPC-Mon)
- 1106** The End: The Final Months of WW2 in Europe, October 1944-May 1945 (VPC-Mon)
- 4101** The Smithsonian: Our Nation's Attic (ADI-Mon)
- 9002** Tour of Cincinnati's Roebling Suspension Bridge (OTHER-Tue)
- 4607** Ulysses S. Grant—Forged in War, Indispensable in Peace (ADI-Tue)

- 2807** Using Cincinnati's Archived Past: Historic Enquirer-Library Partnership (OHLL-Fri)

HOBBIES, SPORTS & OTHER

- 8000** Bridge 101: An Introduction to Bridge (OTHER-Tue)
- 9003** Crayons to Computers: Tour and Lunch (OTHER-Thu)
- 1701** Dressing for the Best Half of Your Life (VPC-Tue)
- 3013** Euchre: Learn to Play or Brush Up Your Skills (VPC-Fri)
- 3014** Euchre Tournament (VPC-Fri)
- 1001** Fascinating Topics (Not Politics!) All Can Talk About (VPC-Mon)
- 1101** Genealogy for Fun (VPC-Mon)
- 2512** How to Be Funny: Doing Things That Serious-Minded People Scarcely Approve (VPC-Thu)
- 1218** Introduction to Mah Jongg for the ABSOLUTE Beginner (VPC-Mon)
- 1607** Introduction to Mah Jongg for the ABSOLUTE Beginner (VPC-Tue)
- 2502/2503** Kings Point: The Best Education in America—and It's Free (VPC/ZOOM-Thu)
- 2400** Magic for the Young at Heart (VPC-Thu)
- 3004** Southwest, the Beautiful (ZOOM-Fri)
- 4102** Spice of Life—A Global Spice Odyssey: Exploring the Flavors of the World (ADI-Mon)

LANGUAGES

- 4001** Conversational Spanish (ADI-Mon)
- 2300** Intermediate/Advanced French Conversation (VPC-Thu)
- 1000** Italian for Beginners (ZOOM-Mon)

LITERATURE & DRAMA

- 1402** A Reader Lives a Thousand Lives (VPC-Tue)
- 2900** Award-Winning Science Fiction Novels—A Book Class (VPC-Fri)
- 2602** Beyond Oedipus and Antigone: Exploring Greek Tragedy (ZOOM-Thu)
- 4502** Dante's Cosmic Journey (ADI-Tue)
- 1703** Diving into Short Works by Great Woman Writers (ZOOM-Tue)

- 1301** Esoteric Edda: Reading Padraic Colum's "The Children of Odin" (VPC-Mon)
- 2406** Great Current Science Fiction (ZOOM-Thu)
- 1108** Hemingway and Fitzgerald: Four Great Novels (ZOOM-Mon)
- 4002** I'd Rather Be Reading (ADI-Mon)
- 1506** More Murder and Mayhem (ZOOM-Tue)
- 4401** Read "Hamlet" Aloud—Plus... (ADI-Tue)
- 2401** Rumi the Mystic (VPC-Thu)
- 1503** Shakespeare Alive! (VPC-Tue)
- 2403** Sherlock and Wodehouse for the Fun of It (VPC-Thu)
- 2402** Tales from the North Country (VPC-Thu)
- 3009** The History and the Literature: "The Women" (VPC-Fri)
- 4201** Wreathed in Fire: Ecstasy in the Poems of Mary Oliver (ADI-Mon)

MUSIC

- 8004** All about Singers: From Opera to Pop (Email-Thu)
- 1608** Christmas Song Extravaganza (VPC-Tue)
- 1401** Esoteric Richard Wagner (VPC-Tue)
- 1502** Exploring Opera (VPC-Tue)
- 2404/2405** For the Love of Music (VPC/ZOOM-Thu)
- 1606** Rock Docs Expanded: Music and Musicians from the 1960s and early 1970s (VPC-Tue)
- 4300** Sing Karaoke (ADI-Mon)
- 1004/1005** "Summertime" Project/Great Guitarists (VPC/ZOOM-Mon)
- 2800** The City That Sings: Choral Music in Cincinnati, Yesterday and Today (VPC-Fri)
- 2303** What Goes on in a Composer's Head? (VPC-Thu)

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
OTHER	Other location indicated in catalog description
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

PHILOSOPHY & RELIGION

- 3005** Beliefs of the Church of Jesus Christ of Latter-Day Saints (Mormons) (VPC-Fri)
2100 Mystical John (VPC-Wed)
1003 Religion, Spirituality, and Science (or, Why Can't We All Just Get Along?) (VPC-Mon)
8003 Samuel, Saul, and David: Their Lives, Their Loves, Their Legacy. Part 3 (OTHER-Thu)
2803 Socrates: His Elusive Historical Reality and the Basics of His Philosophy (OHLL-Fri)
4104 Tour Adath Israel Synagogue (ADI-Mon)
4200 What Makes Modern Philosophy Modern? (ADI-Mon)

PHOTOGRAPHY

- 2302** POP! Photo Organizing Project (VPC-Thu)
2901 Guided Photo Walks for Fun and Great Pictures (VPC-Fri)

SCIENCE, MATH & PSYCHOLOGY

- 1603** Big Bang, Collapse of Stars, Solar System, Tectonic Plates (VPC-Tue)
4003 Development of Aircraft Propulsion Systems (ADI-Mon)
4403 Enlightenment Now: The Case for Reason, Science, Humanism, and Progress (ADI-Tue)
2205 Exploring the Basics of Genetics (ZOOM-Wed)
4604 Fermi Paradox and the Search for Extraterrestrial Intelligence (SETI) (ADI-Tue)
2510 2511 Impact of Avian Impact Fatalities: What, Where, Why, and Mitigation Strategies (VPC/ZOOM-Thu)
1405 REDUCE, REUSE, RECYCLE: Seeking a Circular Economy (VPC-Tue)
2513/2514 Reduce Your Carbon Footprint—Lead a Healthier and Happier Life (VPC/ZOOM-Thu)
2601 Sustainability: Nature-Based Strategic Solutions for Climate Change (VPC-Thu)
2201 Who Speaks for Nature? (VPC-Wed)

SELF-EXPLORATION

- 2600** Come “Die” With Us: Musing and Journaling on the End of Life (VPC-Thu)
4704 Curating Joy in Everyday Life with Mindfulness (ADI-Tue)
4501 Deflating Conflicts and Disputes Using Jewish-Buddhist Emptiness-Compassion (ADI-Tue)
1102 Embracing Personal Power: An Archetypal Perspective (VPC-Mon)
4703 From Anxiety to Optimism: The Art of Rewiring Our Minds (ADI-Tue)
2200 Going Deeper into Mindfulness (VPC-Wed)
4402 Hospice and End of Life Doula (ADI-Tue)
1208/1209 Journey to Stillness: How to Live Mindfully (VPC/ZOOM-Mon)
1403 Learn to Meditate from Christian, Hindu, and Buddhist Perspectives (VPC-Tue)
2000 Seekers Study Group (VPC-Wed)
4702 Ten Commandments of Happiness (ADI-Tue)
4600 Top 10 Health Benefits of Volunteering for Adults (ADI-Tue)
1600 Understanding Vipassana Meditation (VPC-Tue)
1204/1205 UNDIVIDED: Leading with Empathy (VPC/ZOOM-Mon)
2515 Vipassana Meditation Practice (VPC-Thu)

SOCIAL

- 8005** Let's Do Lunch: Diner's Favorites (OTHER-Fri)
1304 Monday Midterm Mixer (VPC-Mon)
9000 Pub Night at Miamiville Trailyard (OTHER-Tue)
9006 Saturday Movie Matinee and Social (OTHER-Sat)
2107 Speed-Friending (VPC-Wed)

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
OTHER	Other location indicated in catalog description
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

STAGE & SCREEN

- 1107** Almost Done Mining the Golden Age of Broadway (ZOOM-Mon)
8001 Around the World in Eight Movies (OTHER-Wed)
2103/2104 Cincinnati's Favorite TV Show: An Appreciation of WKRP in Cincinnati (VPC/ZOOM-Wed)
2500/2501 Cincinnati's Performing Arts: The Audience and the Players (VPC/ZOOM-Thu)
1407 Danger, Suspense and Deception: The Best of Alfred Hitchcock (ZOOM-Tue)
4303 Hooray for Hollywood Musicals (ADI-Mon)
1605 Humor in Uniform: Funny Movies with a Military Vibe (VPC-Tue)
2204 Stream the Dream: Movies (ZOOM-Wed)
1702 Stream the Dream: TV (ZOOM-Tue)
2203 The Play's the Thing: A Readers' Theatre (VPC-Wed)
3000 Words Words Words: Exploring Adaptations of Hamlet (VPC-Fri)

TRAVEL

- 1906/1907** Bicycling through the Heart of the Maya Civilization (VPC/ZOOM-Wed)
1206/1207 New Mexico and Arizona: Land of Enchantment (VPC/ZOOM-Mon)
3007 Walking the Camino de Santiago (VPC-Fri)

WRITING

- 1501** Advanced Poetry Writing (VPC-Tue)
1604 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories (ZOOM-Tue)
4602 Five Ways to Hook Readers (ADI-Tue)
1700 Memoir Wisdom: Stories Worth Sharing (VPC-Tue)
1601 Poetry Writing Workshop—The Basics (VPC-Tue)
2701 Playwriting Principles and Workshop (VPC-Fri)
1002 Writing for Children (VPC-Mon)

COMPLETE CLASS DESCRIPTIONS BY CLASS NUMBER

1000 Italian for Beginners UPDATED

Mon, Sep 23-Oct 28, 9-10:30 am (ZOOM) \$5

LIMIT 15

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar, and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation plus special expressions for travelers. We'll include tips on traveling, sightseeing, and enjoying Italian culture. Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio Iemmola has been teaching Italian at UC and NKU for many, many years. He enjoys sharing his language and love of his native country.

1001 Fascinating Topics (Not Politics!) All Can Talk About NEW

Mon, Sep 23-Nov 18 (no class 11/11), 9:30-10:45 am (VPC) \$5

LIMIT 20

During the fall, many Americans may be distracted by the political brouhaha in our country, making everyday conversations potentially difficult. This discussion-based course will engage with a variety of articles, podcasts, or TED talks to inspire discussion topics that are interesting, atypical, and sure to promote connection and conversation. Some titles may include: "How We Should Think about Our Different Styles of Thinking?" (New Yorker, 1/2023), "Hacking Dreams Could Help People Heal" (SciAm, 3/2024), the origin of eels, the importance of ice cream, or even a bio about Taylor Swift.

Moderator: Suesann Sepela worked for Miami Univ. for 20+ years where she designed, implemented, and assessed programs supporting students from less-privileged backgrounds. While at MU, she led book clubs, discussion groups, and lectures. After leaving MU, she became COO at YWCA Hamilton. Her love of reading, running, and having good conversations guides all she does.

1002 Writing for Children UPDATED

Mon, Sep 23-Nov 18 (no class 11/11), 9:30-10:45 am (VPC) \$5

LIMIT 10

Do you want to be child again, using your imagination and life experiences to write for children? Once written, would you like to send your fiction or nonfiction story off to a publisher or to hand it down to your grandchildren? Freestyle creative writing on an assigned topic in class, book reviews, lectures, and guest speakers will help you create a story that is suitable for children aged three through early teens. We'll also discuss marketing tools and pros and cons of self-publishing.

Moderator: Connie Trounstine is the author of *The Worst Christmas Ever* and *The Phantom Five*, both chapter books for middle-grade students, and *Fingerprints on the Table*, a picture book about a table that has been in the White House

since President Ulysses S. Grant. Nine presidents signed historic peace documents on the table.

1003 Religion, Spirituality, and Science (or, Why Can't We All Just Get Along?) UPDATED

Mon, Sep 23-Oct 14, 9:30-10:45 am (VPC) \$5

LIMIT 40

After clarifying the terms of the title, we will look at the historical background of the conflicts between certain religious teachings, especially those of "religions of the book" (Judaism, Christianity, and Islam) and the findings of modern science. We will also explore some ways to increase mutual understanding and respect between religion and science. Topics will include evolution, genetic science, human sexuality, etc.

Moderator: Don Maloney taught psychology, philosophy, and religion for Univ. of Maryland at US military bases in Europe and Asia. He has also taught at several stateside universities, most recently XU. After receiving his master's from Gonzaga Univ., he did post-graduate study at Boston College and at universities in France and Germany. He was previously an OLLI instructor in Denver.

1004 (VPC) / 1005 (ZOOM) "Summertime" Project/Great Guitarists UPDATED

Mon, Sep 23-Nov 18 (no class 11/11), 9:30-10:45 am (VPC) \$5

VPC LIMIT: 150 / ZOOM UNLIMITED

We will start each class with two different performances of the Gershwin song, "Summertime." We will identify how each artist put their own unique stamp on this standard. We will then explore great guitarists, starting with the classical, Spanish, centuries-old masters and moving through rock's guitar gods/goddesses, country pickers, blues performers, folk singers, and jazz innovators.

Moderator: Bruce Bowdon taught middle school music for 43 years and was a cocktail pianist and songwriter in a former life.

1006 Found Objects and Your Imagination UPDATED

Mon, Sep 23-Oct 21, 9:30-11 am (VPC) \$5

LIMIT 8

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artwork using paper collage, "gems," fabric, ribbon, natural materials, and other items affixed to canvas. No special art skills are needed! Basic supplies are provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests. This small class encourages your attendance and active participation—and is an excellent opportunity to craft a special gift for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, Art Academy, and NKU. Her mixed-media, enamel, and porcelain

artworks (the latter inspired by sea coral formations) have been displayed at many Cincinnati-area art galleries and exhibitions.

1100 Move into Ease UPDATED

Mon, Sep 23-Nov 18 (no class 11/11), 11 am-12 pm (VPC) \$5
LIMIT 22

A touch of yoga, energizing movement, a bit of relaxation, soulful stretching, all pumping life into each cell. This one-hour class oils your joints and bones, and builds valuable communication between your mind and body. Balance, strength, and movement awareness bring helpful attention to challenges of aging. Wear comfortable clothing and bring a towel or mat. Expect to depart each class feeling rejuvenated. You've given yourself a massage.

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

1101 Genealogy for Fun NEW

Mon, Sep 23-Oct 21, 11 am-12:15 pm (VPC) \$5
LIMIT 32

Learn the basics of finding your ancestors, where they lived and died, whom they married and the children they had, whether they fought in wars, etc. We will discuss how to get started and how to document and organize your findings. We will look at resources: census and other government records, newspapers, wills, land records, and more. You will learn how to access websites and discover the thrill of seeing your ancestor's name on old records.

Moderator: Kathy Womer is a member of the Hamilton County Chapter Ohio Genealogical Society who has been researching family records for 15 years. She has moderated genealogy classes at OLLI for 5+ years.

1102 Embracing Personal Power: An Archetypal Perspective UPDATED

Mon, Sep 23-Nov 18 (no class 11/11), 11 am-12:15 pm (VPC) \$5
LIMIT 12

In its simplest form, an archetype is a recognizable pattern of behavior that supports a recurring theme of actions. Exploring the basics of archetypes and how understanding personal archetypes can influence our relationships with ourselves and others is a major focus of the course. Based on the insights of Caroline Myss, author of *Sacred Contracts*, we will focus on the Universal Archetypes and experiences common to everyone. Interactive course will include discussion of parts of *Sacred Contracts*, presentations, videos, class discussion, and some reflective writing and sharing.

Moderator: Melissa Doerr is a retired educator who has spent 30 years interacting with the personal archetypes in her life. In this journey, she found and embraced her personal

contract with the Universe and found a blueprint to follow in moving toward more empowering choices and relationships.

1103 Political Polarization: Key Sources and Depolarizing Skills UPDATED

Mon, Sep 23-Oct 21, 11 am-12:15 pm (VPC) \$5
LIMIT 30

Through interactive sessions and discussion-oriented formats, we will unravel the complexities of the polarized political climate to understand its evolution and the driving forces behind it. Beyond merely exploring the issue, we will take a proactive stance by learning and practicing skills to depolarize individuals and communities.

Moderators: Poppy Evans is a trained ambassador and moderator for Braver Angels, a nonprofit organization focused on the problem of political polarization. Mel Cohen, Miami Univ. Professor Emeritus of Political Science, is a trained ambassador and debate chair for Braver Angels.

1104 Bottled Water: What You Don't Know May Harm You UPDATED

Mon, Oct 28, 11 am-12:15 pm (VPC) \$0
LIMIT 50

Our bodies are made up of 70% water. Learn about various water sources, pros/cons of plastic resins for single-use bottled water, and water filtration systems to help your family make informed decisions about drinking water.

Moderator: Cathy Rosenbaum is a holistic clinical pharmacist, certified health coach, and founder and CEO of Rx Integrative Solutions, a consulting practice in integrative health and medicine. She is an international speaker, author, and educator and has experience in the pharmaceutical industry, academia, hospital-based practice, and health consulting.

1105 A to Z's of Sleep Health UPDATED

Mon, Nov 4, 11 am-12:15 pm (VPC) \$0
LIMIT 50

An estimated 30% of Americans don't get restorative sleep on a regular basis. Learn about the stages of sleep, reversible causes of insomnia, and pros/cons of medications, supplements, devices, and integrative lifestyle choices for better sleep.

Moderator: Cathy Rosenbaum is a holistic clinical pharmacist, certified health coach, and founder and CEO of Rx Integrative Solutions, a consulting practice in integrative health and medicine. She is an international speaker, author, and educator and has experience in the pharmaceutical industry, academia, hospital-based practice, and health consulting.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

1106 The End: The Final Months of WW2 in Europe, October 1944-May 1945 NEW

Mon, Sep 23-Nov 18 (no class 11/11), 11 am-12:15 pm (VPC) \$5
LIMIT 130

As the Western Allies advanced from the West and the Soviets from the East, the final months of the Nazi regime produced the deadliest fighting of the war. This course will detail the last battles on the Western and Eastern fronts, the tragedy of the civilians caught in the crossfire, and the ending of a conflict that has reverberated through the decades into the 21st century.

Moderator: John Lane has 20 years of teaching experience in world civilizations, AP European history, and US history. His undergraduate and graduate degrees are from UC and NKU with additional graduate training from Indiana Univ. He has traveled extensively in Britain and Continental Europe. His major fields of study are British and military history.

1107 Almost Done Mining the Golden Age of Broadway NEW

Mon, Sep 23-Nov 18 (no class 11/11), 11 am-12:15 pm (ZOOM) \$5
UNLIMITED

As Broadway enters the 1960s and beyond, the next generation of composer/lyricists are firmly in place, including Jerry Herman, Lerner and Loewe, Stephen Sondheim, Kander and Ebb, Frank Loesser, etc. Musicals are increasingly addressing more serious themes with a new generation of director/choreographers. We'll feature musicals including *Bye, Bye Birdie*, *The Fantastics*, *Milk and Honey*, *Unsinkable Molly Brown*, *Camelot*, and others.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

1108 Hemingway and Fitzgerald: Four Great Novels NEW

Mon, Sep 23-Nov 18 (no class 11/11), 11 am-12:15 pm (ZOOM) \$5
LIMIT 50

We'll read four novels from two of America's greatest writers: Ernest Hemingway's *The Sun Also Rises*, and *A Farewell to Arms* and F. Scott Fitzgerald's *This Side of Paradise* and *Tender Is the Night*. If time allows, we will add two short stories. Please, if possible, at least look at *The Sun Also Rises* before the first class session so you will be ready to jump into a lively discussion. You may talk as much or as little as you wish and read what you like. This is NOT, however, a lecture class. Disagreement is WELCOME!

Moderator: John Briggs has taught many courses for OLLI, mostly in literature. He has advanced degrees but believes that the main purpose of the class is enjoyment.

1200 A Taste of "Bones for Life" for Those Who Need the Support of a Chair NEW

Mon, Sep 23-30, 12:45-2 pm (VPC) \$0
LIMIT 16

Bones for Life is postural training from the inside out. This involves awareness of how you are stacking your bones in sitting, standing, and dynamic movement. Join movement specialist Sharon Byrnes in this two-week Taste of Bones for Life to learn about your body, develop awareness, and hone your ability to make safe movement choices. We'll move your unique body in the range that is right for you while stimulating bone strength. Align to be tall and less likely to fall!

Moderator: Sharon Byrnes, internationally Certified Yoga Therapist, addresses the needs, desires, and abilities of seniors to maintain/improve wellness because everyone deserves to feel vibrant, connected, and at ease. Her body-mind balance programs have helped many people, including those with neurologic disorders, to avoid injurious falls. She believes healthy habits can add life to our years.

1201 A Taste of "Bones for Life" for Those Who Can Move to and from the Floor NEW

Mon, Oct 14-21, 12:45-2 pm (VPC) \$0
LIMIT 16

Bones for Life is postural training from the inside out. This involves awareness of how you are stacking your bones in sitting, standing, and dynamic movement. Join movement specialist Sharon Byrnes in this two-week Taste of Bones for Life to learn about your body, develop awareness, and hone your ability to make safe movement choices. We'll move your unique body in the range that is right for you while stimulating bone strength. Align to be tall and less likely to fall!

Moderator: Sharon Byrnes, internationally Certified Yoga Therapist, addresses the needs, desires, and abilities of seniors to maintain/improve wellness because everyone deserves to feel vibrant, connected, and at ease. Her body-mind balance programs have helped many people, including those with neurologic disorders, to avoid injurious falls. She believes healthy habits can add life to our years.

1202 (VPC) / 1203 (ZOOM) Do I Really Need Another Vaccination? NEW

Mon, Sep 23, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Leonard Kanterman, retired board certified internal medicine physician, recently shared with OLLI "Why I Volunteered for a COVID Vaccine Trial" and other medical topics. Now, he will share his medical expertise and experience on important vaccines for seniors, with an update on the COVID, flu, and RSV vaccines.

Moderator: Leonard Kanterman

1204 (VPC) / 1205 (ZOOM) UNDIVIDED: Leading with Empathy NEW

Mon, Sep 30, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Empathy is a valuable and strategic leadership skill that provides an opportunity to cultivate healthy conversations and environments of psychological safety. Undivided helps participants develop their skills by walking them through the memorable CARE framework structured to aid in intentional perspective-taking. Through guided story-sharing activities, you will reflect on your own lived experiences as well as the experiences of others, opening opportunities for meaningful, beneath-the-surface connectivity. Troy Jackson is co-founder and Chief Strategies Officer of Undivided, a racial solidarity, healing, and justice movement engaging thousands to address racism.

Moderator: Troy Jackson

1206 (VPC) / 1207 (ZOOM) New Mexico and Arizona: Land of Enchantment NEW

Mon, Oct 7, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Join Rick and Kathy Takanen on this photo journey as they travel with Road Scholar and on their own in eastern Arizona and New Mexico visiting National Parks, National Monuments, modern cities, ancient pueblos, and fascinating art galleries and museums. Highlights include the Petrified Forest NP; the Painted Desert; Canyon de Chelly, NM; Petroglyph, NM; White Sands NP; Bandelier, NM; the Georgia O’Keefe Gallery; the state capitol in Santa Fe; the Kit Carson Museum; Carlsbad Caverns NP, and the International UFO Museum in Roswell.

Moderator: Rick Takanen

1208 (VPC) / 1209 (ZOOM) Journey to Stillness: How to Live Mindfully NEW

Mon, Oct 14, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Nune Sargsyan, PhD, has over a decade of experience in meditation and mindfulness practices. She will introduce the core principles and practices through guided meditation, practical exercises, and insightful discussion to cultivate awareness, reduce stress, and enhance your overall wellbeing. Whether you’re new to mindfulness or seeking to deepen your practice, this course provides the essential tools to live more fully in the present moment and bring a sense of calm and clarity to your everyday life. Nune has a compassionate teaching style to guide you on your mindfulness journey.

Moderator; Nune Sargsyan

1210 (VPC) / 1211 (ZOOM) Day of the Dead Celebration in Mexico UPDATED

Mon, Oct 21, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Learn about the annual fall celebration of *el Dia de los Muertos* from Alfonso Cornejo, President of the Hispanic Chamber Cincinnati USA and Juan Molina, retired and long-time student of history. This multi-day holiday involves family and friends gathering to pay respect and to remember family and friends who have died.

Moderators: Alfonso Cornejo, Juan Molina

1212 (VPC) / 1213 (ZOOM) Fair Housing: Living with the Legacy of Legal Discrimination NEW

Mon, Oct 28, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Why is America so segregated? Explore the history of housing discrimination in the U.S. that led to the passage of the Fair Housing Act in 1968. Gain a better understanding of how America became racially segregated and learn what fair-housing advocates are doing to fight discrimination and promote stable, integrated living patterns. Rebecca Griffin is the Director of Education for Housing Opportunities Made Equal (HOME) of Greater Cincinnati, a civil rights non-profit working to eliminate illegal housing discrimination. She trains housing consumers and providers on fair-housing issues.

Moderator: Rebecca Griffin

1214 (VPC) / 1215 (ZOOM) Over-the-Rhine: Cincinnati’s Historic German District NEW

Mon, Nov 4, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Take a visual tour of Over-the-Rhine, focusing on historic sites, places, and people, with a discussion of religious, social, and cultural life. Your “tour guide,” Don Heinrich Tolzmann is author and editor of numerous books on German-American history and served as Curator of the German-Americana Collection and Director of German-American Studies at UC. Currently, he is President of the German-American Citizens League of Greater Cincinnati, Curator of the German Heritage Museum, and Historian for the Covington-Cincinnati Suspension Bridge Committee.

Moderator: Don Heinrich Tolzmann

1216 (VPC) / 1217 (ZOOM) Discovering Ohio Astronauts NEW

Mon, Nov 18, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Ohio has been the birthplace or home of many astronauts, but few can name more than two. Rediscover the numerous men and women of Ohio who have become astronauts and

CLASS LOCATION ABBREVIATIONS	
ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

have ventured into space or were planned to go into space. One space shuttle flight even boasted an “all-Ohio” crew, and many had special space accomplishments. Learn about more than 20 Ohioans who, in addition to being astronauts, were very accomplished people in other areas. Gary Crouch is a freelance writer and educator who enjoys sharing space exploration history.

Moderator: Gary Crouch

1218 Introduction to Mah Jongg for the ABSOLUTE Beginner

Mon, Sep 30-Nov 4, 1-3 pm (VPC) \$5

LIMIT 8

If you’ve played mah jongg before, this class is *NOT* for you! You will learn how to play the game: understanding the tiles, game card, various hands, and strategies. You must purchase a 2024 mah jongg card BEFORE the first class (large-print suggested: www.nationalmahjonggleague.org). Please read material emailed to you in advance. Suggested reading: Elaine Sandberg’s *A Beginner’s Guide to American Mah Jongg*.

Moderator: Jerri Roberts has been playing this exciting, challenging game weekly since taking her initial class at OLLI many years ago. Combining skill and luck, you will find “mahj” rewarding, frustrating, addictive, and great fun. May the jokers be with you!

1300 Art, Architecture, Public Spaces, and Museums in France **NEW**

Mon, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (VPC) \$5

LIMIT 32

Artists and architects through the centuries, including up to the present, have left a legacy of achievements showcasing their unique vision, skill, and intellectual and emotional range in the arts. This course will highlight their legacy as we travel through France. Find out why their achievements are critical to our enjoyment and understanding of our world today. We are fortunate to be recipients of their genius.

Moderator: Gene Johnston is a lecturer of international affairs and has a professional background in art, architecture, and design.

1301 Esoteric Edda: Reading Padraic Colum’s “The Children of Odin” **NEW**

Mon, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (VPC) \$5

LIMIT 15

Experience the ancient Norse Edda—stories of the gods, giants, men, and dwarves—that were handed down verbally for generations before being written down during the 13th century. We will gather around our classroom “campfire” to listen as they are read by a professional reader and discuss their lessons, archetypes, and meanings. Since Richard Wagner used these stories as the basis of his Ring Cycle music dramas, we will also compare them with the operas. This mythical

journey will follow Padraic Colum’s book *The Children of Odin* (purchase not required).

Moderator: Deborah Lewis. After leaving her profession in financial services, she has concentrated on her loves of opera (in particular Richard Wagner’s works), metaphysics, and psychology. She currently presides over the Wagner Society of Cincinnati and is also on the boards of Cincinnati Friends of Jung and Queen City Opera.

1302 TriYoga with Laure Quinlivan **NEW**

Mon, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (VPC) \$5

LIMIT 20

TriYoga is a flowing Hatha yoga practice (gentle) appropriate for any age or fitness level. TriYoga unites body, mind, and breath for the ultimate yoga experience. Breathing techniques and hand mudras are incorporated, utilizing props like blocks and straps for maximum comfort and alignment. This class will help you build strength and flexibility, and experience “flow” that comes from releasing energy through yoga. TriYoga was founded in 1980 by Kaliji, a Georgetown, KY, woman who has taken TriYoga worldwide. Instructor Laure Quinlivan has studied with Kaliji. Please bring a yoga mat to each class.

Moderator: Laure Quinlivan is a longtime yogi, certified to teach TriYoga, her favorite kind. She owns a yoga studio in Mt. Lookout Square (www.triyogawithLQ.com). If her name rings a bell, it’s from her time on Cincinnati City Council, or maybe you remember her as the longtime award-winning Channel 9 I-Team reporter.

1303 Slicing Cincinnati History through Walnut Hills **NEW**

Mon, Sep 23-Nov 18, 2:15-3:30 pm (VPC) \$5

LIMIT 50

Explore themes in Cincinnati history through the lens of the Walnut Hills neighborhood. Each class will use a topic—e.g., education, infrastructure, immigration—to trace developments from the Antebellum period to the modern era. The unique history of Walnut Hills both reflected and challenged predominant patterns in Cincinnati’s development. We will see how current changes in Walnut Hills have deep historical roots—or, indeed, see how today’s activities break with the past.

Moderators: JoAnn Morse and Geoff Sutton retired to Cincinnati in 2016 and promptly joined the Walnut Hills Historical Society. Combining their training in history with their love of their new home, they research how Walnut Hills has developed, especially focusing on the Black community. They volunteer in CPS classrooms, bringing their excitement about the past to a new generation.

1304 Monday Midterm Mixer **UPDATED**

Mon, Oct 21, 3:30-5 pm (VPC) \$0

LIMIT 50

Stay after class to enjoy light snacks and make new friends. BYOB and be ready to mix and mingle!

1400 Finding Solutions to America's Problems UPDATED

Tue, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 20

Using the National Issues Forums (www.nifi.org) public deliberation process, we will weigh alternatives from various courses of action using NIF issues guides. You are encouraged to express, listen to, and consider all points of view. Discussion includes three major issues: 1) Health Care: How can we bring costs down while getting the care we need? 2) Energy Choices: What should we do about America's energy future? 3) Youth and Violence: Reducing the threat.

Moderator: Kent Friel, MBA, UC, 1965, former business owner and Community Fellow with the KnowledgeWorks Foundation. He is a trained moderator in the deliberation process by the National Issues Forum.

1401 Esoteric Richard Wagner NEW

Tue, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 25

We will explore Richard Wagner's canon of music dramas, taking a look at each opera's esoteric content.

Moderator: Jim Slouffman, BFA, MFA, has been a teacher for 50+ years. He is a lifelong learner and dedicated to providing the best learning experience for his students. He is founder and President Emeritus of the Wagner Society of Cincinnati.

1402 A Reader Lives a Thousand Lives UPDATED

Tue, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 15

This course provides a book-club experience based on subject matter rather than specific titles—a great way to share the excitement of reading and hear what other people are reading. General reading topics will be listed before the course starts, and books can be fiction or nonfiction. Books you have previously read, or are currently reading, are fair game. Come and share your love of reading.

Moderators: Tom Cislo is a retired risk manager with interests in engineering, energy, and environmental issues. Sue Hallsted is a former chairperson of Cincinnati's local Miami Group Sierra Club and has explored the wild places of the U.S., Costa Rica, and Canada. Both are avid readers.

1403 Learn to Meditate from Christian, Hindu, and Buddhist Perspectives UPDATED

Tue, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 20

Meditation is a marvelous way to quiet your mind and listen to yourself. People throughout the world have practiced meditation for centuries. Learn the simple 15-minute practice that may change how you look at the world around you. Everyone is welcome, and you will find it interesting regardless of your

religious background. You may realize more than you expect.

Moderator: Kevin Celarek has meditated nearly every morning for 39 years. He studied Christian Centering Prayer, Hindu Siddha Yoga, and Buddhist Insight Meditation. He continues to attend Christian and Buddhist retreats to seek deeper knowledge.

1404 Prohibition and Cincinnati: Why Did the Beer Go? NEW

Tue, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 35

We will look into the history of distilling and brewing in Cincinnati. We will discuss Cincinnati men annually drinking 12 gallons of whiskey and 40 gallons of beer and how this led to Prohibition. There will be discussion about the 1920s in Cincinnati, the effects of Prohibition, the speakeasies, and the most famous bootlegger.

Moderator: Michael Ward is a past OLLI moderator with experience as a history teacher, principal, bartender, and OTR Brewery District tour guide.

1405 REDUCE, REUSE, RECYCLE: Seeking a Circular Economy NEW

Tue, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 40

Our planet has finite quantities of land, minerals, and hydrocarbons. It's populated by eight billion people seeking better lives through resource consumption. We Americans represent 4% of the population while consuming 15% or more of many virgin resources. All nations must make better use of what we draw from and dispose into the earth. This course will address the opportunities and challenges associated with leaving more non-renewable resources for our grandkids and their global contemporaries.

Moderator: Alan Flaherty is a retired engineer and process design consultant who has developed and moderated several OLLI courses devoted to the intersections among human nature, advancing technology, and limited natural resources.

1406 Mental Health and Cellular Function NEW

Tue, Sep 24-Oct 15, 9:30-10:45 am (ZOOM) \$5

UNLIMITED

Harvard psychiatrist Chris Palmer MD connected the dots in his book titled *Brain Energy*. Mental illnesses are related to dysfunction of the hundreds of bacteria-like mitochondria that inhabit all our cells. If their metabolic machinery is poisoned, energy (ATP) production falls and behavioral dysfunction emerges. We will discuss this book's new hopeful ways of looking at brain health and preventing mental illness.

Moderator: Kirt Hobler is a retired general surgeon, MD, MS (physiology), FACS, with teaching, practice, and research (metabolism) at Univ. of Rochester and UNC Chapel Hill.

1407 Danger, Suspense, and Deception: The Best of Alfred Hitchcock **NEW**

Tue, Sep 24-Oct 15, 9:30-11 am (ZOOM) \$5
LIMIT 150

In his legendary career as a director, Alfred Hitchcock created suspenseful films filled with flawed heroes, charming villains, and moral ambiguity. In this four-week online course, we'll consider some of Hitchcock's very best films, focusing each week on two films that share a common theme. You should watch the films on your own. In class, we'll look at brief film clips and discuss key elements. Join us to explore the mind of a brilliant, complicated man and the surprising, confounding, entertaining world he created on film.

Moderator: Jay Sherwin is a writer and consultant who has been watching, studying, and enjoying Hitchcock films for decades. He created a walking tour of Alfred Hitchcock's San Francisco that attracts Hitchcock fans from around the world, and he loves to share his Hitchcock obsession with fellow film lovers everywhere.

1500 Get Fit: Cardio, Strength, and Balance **NEW**

Tue, Sep 24-Nov 12, 11-11:45 am (VPC) \$5
LIMIT 20

This 45-minute fitness class combines a variety of exercises designed to build cardio endurance while strengthening total body muscles and improving balance.

Moderator: Rita Moreau has been teaching group fitness since 1980s. She is certified by the American College of Sports Medicine as a personal trainer. She holds national certifications from AFAA for group exercise. She is a Program Champion for Tivity Health Silver Sneakers Fitness. She has taught fitness classes as an adjunct instructor at USF Department of Exercise Science and Physical Education.

1501 Advanced Poetry Writing **UPDATED**

Tue, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 12

If you have previous experience writing poetry, then this discussion workshop is for you. We will share work in class to gain a greater appreciation and sophistication in the practice of the art. You will show your work to others and gain an understanding of the possibilities of poetic language and prosodic forms of expression that arise from what you and your fellow writers are doing and aspire toward. You will also conceptualize the possibilities of your subject matter to be shaped into effective poetic communication.

Moderator: David Schloss was born in Brooklyn, NY, in 1944, and attended the Iowa Writers Workshop (MFA, 1967). He taught at UC (1968-74) and Miami Univ. (OH) from 1974 to 2014. He has published six full-length poetry collections plus three chapbooks as well as scores of poems in literary journals and anthologies over the years.

1502 Exploring Opera **UPDATED**

Tue, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 32

This term, we shall have a Richard Strauss festival as we watch and discuss *Der Rosenkavalier*, *Ariadne auf Naxos*, *Arabella*, and *Elektra*. You will learn the stories and backgrounds of the operas, something about the composer, and view the operas on DVD complete with subtitles. Your opinions of the operas and the performers are encouraged. We will also discuss the upcoming Metropolitan Opera live HD telecasts.

Moderators: Richard Goetz, PhD, is a retired research manager from the chemical industry who has been listening to, studying, and attending opera since 1949. Steve DeHoff is a tech-savvy opera lover and accomplished trumpet player as the principal trumpet in the Cincinnati Community Orchestra for 40 years.

1503 Shakespeare Alive! **UPDATED**

Tue, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 25

Discover the joy of reading Shakespeare aloud in a relaxed, informal atmosphere. We will cover *The Tempest* and *The Merry Wives of Windsor* during the eight-week session. Class members will read the different parts and participate in lively discussion. No memorizing or acting experience required—just a love of Shakespeare. Bring a copy of *The Tempest* to the first class.

Moderators: Sally Moore is a graduate of the London School of Economics, retired director of Research Services, Convergys, Inc., and an admirer of Shakespeare's genius and relevance to today. Bill Park has had a lifelong passion for the works of Shakespeare. He has a doctorate in counseling from UC. His career has included experience in public education, university teaching, and psychotherapy.

1504 People of the American Civil War **NEW**

Tue, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 50

Last fall, we described the role that Cincinnati played in the Civil War. Now we will explore the fascinating lives and significant deeds of the many men and women in our area who played a major role in fighting the war for the Union or otherwise influencing its outcome. No need to have taken the fall course to participate this term.

Moderators: Esly Caldwell, MD, is currently President of the Cincinnati Civil War Round Table (CCWRT) and often speaks on medical care during the Civil War. Mark Silbersack is a retired attorney, CCWRT member, and longtime Civil War history reader. You will also hear from other CCWRT members and experts on various topics.

1505 Current Events: Lively Discussion of the Good, Bad, and Ugly UPDATED

Tue, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 85

Holly Spraul and Charlie Doan will again team up to moderate a group analysis of the confounding, chaotic, and sometimes happy developments unfolding across the local, state, national, and international spectrum. The discussion is driven by class participation, and all comments and opinions will be encouraged and respected.

Moderators: Charlie Doan is a retired attorney who has co-moderated numerous OLLI current events classes over the past five years. Holly Doan Spraul, also an attorney who has transitioned to art gallery proprietor, joined Charlie last year and has already become legendary for her insights and amazing, spontaneous big screen ledgering of discussion points.

1506 More Murder and Mayhem UPDATED

Tue, Sep 24-Nov 12, 11 am-12:15 pm (ZOOM) \$5
LIMIT 30

Beware! Murder is afoot! Join us to discuss these intriguing historical and contemporary murder mysteries: *The Murder Wheel* by Tom Mead, *Billy Boyle* by James R. Benn, *The Cage* by Bonnie Kistler, *The Corpse Flower* by Anne Mette Hancock, and *The Christmas Wassail* by Kate Sedley. Medieval times... World War II...the 21st century ... murder is always just around the corner.

Moderators: Barbara Burke and Brenda Gatti are retired elementary teachers and enthusiastic OLLI members who enjoy discussing murder and mayhem with fellow OLLI participants.

1507 Stop, Pay Attention, Move! Let's Create a Tiny Habit for Living Life Well! NEW

Tue, Sep 24, 11 am-12:15 pm (ZOOM) \$0
LIMIT 22

Care to create a tiny movement habit to improve your life? Join movement specialist Sharon Byrnes in this class to explore easy movement in three planes, enabling you to sense differences and come away knowing what feels best for you. We will move while seated so this class is safe and appropriate for anyone. SPAM is not welcome in our inbox but as a reminder to Stop and Pay Attention to how we Move, it is invaluable. Please use a chair (not a bed or sofa) and bring a towel to class.

Moderator: Sharon Byrnes, internationally Certified Yoga Therapist, addresses the needs, desires, and abilities of seniors to maintain/improve wellness because everyone deserves to feel vibrant, connected, and at ease. Her body-mind balance programs have helped many people, including those with neurologic disorders, to avoid injurious falls. She believes healthy habits can add life to our years.

1600 Understanding Vipassana Meditation UPDATED

Tue, Sep 24-Nov 12, 12:30-2 pm (VPC) \$5
LIMIT 10

Vipassana (insight) meditation practice technique was instituted by the Buddha over 2,500 years ago. The procedure guided him to attain the state of enlightenment. Concepts and step-by-step of the practice will be introduced. You will learn how to slowly develop insights by close attentiveness to and experiential phenomena of your own mind-body processes. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation retreats in Thailand.

1601 Poetry Writing Workshop—The Basics UPDATED

Tue, Sep 24-Nov 12, 12:45-2 pm (VPC) \$5
LIMIT 10

Whether you are just dipping your pen into poetry or have a bundle of poems in the bottom of a desk drawer, you can find guidance, inspiration, and information about the craft of poetry in this workshop. We'll learn from examples, explore literary devices and poetic forms, write together, and share our writing with the aim of improvement and support. Be ready to write and participate in discussion each week. To facilitate getting to know each other, please bring a favorite poem by any poet to the first class.

Moderators: Cate O'Hara has moderated several poetry workshops for OLLI. She holds an MA in English from Univ. of California, Berkeley, and is director of OLLI. Judi Morress is a published poet who is currently organizing her poems into a chapbook. They both love words, poetry, and writing and look forward to interacting with like-minded, curious learners.

1602 Civil Disobedience in the U.S.: From Colonial Times to the Present NEW

Tue, Sep 24-Nov 12, 12:45-2 pm (VPC) \$5
LIMIT 25

Civil disobedience seems like a contradiction in a democracy, when one considers democracy's tolerance for dissent and change. Yet it's been an enduring theme in our nation's history. Using primary source documents as a foundation, we will discuss and debate the nature of civil disobedience, the historical and modern forces driving it, its prominent players, and its legacies. Documents will be read online outside of class.

Moderator: Joel (Kevin) Klekamp, BA, economics; MBA, finance and accounting. CPA and (later) physical therapist. He enjoys examining historical and modern issues in their full complexity.

1603 Big Bang, Collapse of Stars, Solar System, Tectonic Plates

Tue, Sep 24-Nov 12, 12:45-2 pm (VPC) \$5

LIMIT 32

We'll begin with the origin of the universe beginning with the Big Bang, then we will show how stars were/are being formed from cosmic dust. We will examine ways to find the distance to stars and galaxies, touch on dark matter and dark energy. Closer to home, we'll explore plate tectonics (how the top layer of the Earth is moved), how bonds in chemical elements make rocks and graphene, and the relationship between climate and types of soils, beginning with Ohio's.

Moderators: Richard Longshore, MD, is a graduate of XU and Univ. of Louisville College of Medicine. He is NOT a geologist or astrophysicist, but he has an interest in what we see around us. Rick Takanen is retired from GE, has been an OLLI member since 2009, and currently serves on the OLLI Board.

1604 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories UPDATED

Tue, Sep 24-Nov 12, 12:45-2 pm (ZOOM) \$5

LIMIT 7

Have a story to tell? Feel an urge to write? Looking for inspiration? Let's scratch that itch together. Unearth the tidbits of life through photos. Remember not only the look of the scene but also the smell of Dad's cigar, the taste of Grandma's pie, the scratch of Grandpa's beard, and the feel of Mom's hug. Express your memories in a captivating narrative. Weekly prompts will kickstart writing 300-500 words to be shared with the class. We will each read, listen, critique, and praise. Let's remember and write together.

Moderator: Thomas Fahey, Cincinnati, English major, XU. Teaching was his goal; but life is one big story whose plot is murky, whose telling requires lots of white-out. "People gotta eat," so he invested 47 years in supermarket bagging, meat cutting, management, buying, merchandising, human resources, training, and ownership. Retired, he works at his passions—photography, remembering, writing, and self publishing.

1605 Humor in Uniform: Funny Movies with a Military Vibe NEW

Tue, Sep 24-Nov 12, 12:45-3:30 pm (VPC) \$5

LIMIT 50

We'll be watching and discussing funny movies set in and around a military vibe. We'll watch eight movies, including some well-known films like *Dr. Strangelove* and some not-so-well-known films like *The More the Merrier*. We'll cover the period from the 1940s through the Cold War. Comedy can happen where you least expect it—even the battlefield.

Moderator: Shannon Womer has a BA in psychology from UC and is a retired employee of the healthcare field who has enjoyed movies of all sorts going on 60 years.

1606 Rock Docs Expanded: Music and Musicians from the 1960s and early 1970s UPDATED

Tue, Sep 24-Nov 12, 12:45-3:30 pm (VPC) \$5

LIMIT 75

We've changed the format of Roc Docs just a bit this fall. Jim will be joined by rock aficionado Alan Sunderman. We'll take turns selecting the films. Jim will focus on not just the music, but the stories and people behind the songs. Options at this time include Paul Simon, Fleetwood Mac, David Crosby, and the Stones. Alan will focus on the British documentary series "Classic Albums," focusing on albums and a deep dive into how an album came to be. Two selections are *Sgt. Pepper's Lonely Hearts Club Band* and *Dark Side of the Moon*.

Moderators: Alan Sunderman has no formal music training but had a mother who said, "If you wouldn't spend so much time listening to that #*\$&%@ rock 'n' roll, you'd be on the honor roll." She was right, but still not sure of the honor roll part. Jim Nunn is still doing his thing, listening to the music in his head and elsewhere.

1607 Introduction to Mah Jongg for the ABSOLUTE Beginner

Tue, Oct 1-Nov 5, 1-3 pm (VPC) \$5

LIMIT 8

If you've played mah jongg before, this class is *NOT* for you! You will learn how to play the game: understanding the tiles, game card, various hands, and strategies. You must purchase a 2024 mah jongg card BEFORE the first class (large-print suggested: www.nationalmahjonggleague.org). Please read material emailed to you in advance. Suggested reading: Elaine Sandberg's *A Beginner's Guide to American Mah Jongg*.

Moderator: Jerri Roberts has been playing this exciting, challenging game weekly since taking her initial class at OLLI many years ago. Combining skill and luck, you will find "mahj" rewarding, frustrating, addictive, and great fun. May the jokers be with you!

1608 Christmas Song Extravaganza NEW

Tue, Dec 3, 1-3:30 pm (VPC) \$0

LIMIT 150

We will listen to the Christmas songs you love to remember, songs that you hoped would never hear again, songs that you've forgotten, and songs that you've never heard. Costumes, silly hats, ugly sweaters, etc., are encouraged. Plan to stick around afterward to raise a glass of wassail.

Moderator: Bruce Bowdon taught middle school music for 43 years and was a cocktail pianist and songwriter in a former life.

1700 Memoir Wisdom: Stories Worth Sharing

Tue, Sep 24-Nov 12, 2:15-3:30 pm (VPC) \$5

LIMIT 7

Memoir writing gives voice to your personal stories of "becoming"—who you were back then, how you navigated

life's passages, who you are today—a reflective process. Your narratives, crafted into creative nonfiction (plot, characters, setting, dialogue), turn real-life experiences into legacy stories your reading audience will cherish. In this course, each writer shares his/her stories online. Then the writer changes hats, becoming an insightful reader—offering praise, questions, and constructive ideas to fellow writers. Both beginner and advanced writers are welcome.

Moderator: Regina (Jean) Hellyer retired from teaching at Blue Ash College of UC where she taught composition, literature, and study skills. She writes her own memoirs as “creative nonfiction”—truthful narratives written in story form. She believes every older adult has stories to share. Written memoirs and reflections constitute a valuable legacy for family, friends, and all other audiences.

1701 Dressing for the Best Half of Your Life UPDATED

Tue, Oct 8-Nov 5, 2:15-3:30 pm (VPC) \$5

LIMIT 15

The rules have changed, your roles have changed, and your body has changed. So, how does the new YOU dress to embrace your new lifestyle? In this five-week, hands-on, how-to workshop you will discover your style personality, learn your body shape and how to style it, and put together fabulous outfits with clothing that's already in your closet.

Moderators: JoEllen Hothem and Jennifer Ebelhar have become Personal Stylists in the best half of their lives. JoEllen is also an organizing enthusiast and Culinary Educator teaching cooking classes at local nonprofits. Find her on Instagram @JoHothem_taste_style. Jennifer has discovered the power of video in teaching style principles, and her account @theStyleEquation has 150,000 followers on TikTok.

1702 Stream the Dream: TV UPDATED

Tue, Sep 24-Nov 12, 2:15-3:30 pm (ZOOM) \$5

LIMIT 25

Let's each stream a TV series at home and all watch the same episodes. We will then check in each week to discuss what we're watching. The Cincinnati library has plenty of copies of the shows that we'll be watching, so if you don't have the particular streaming service that we'll be using, HBO Max, that's fine.

Moderator: Karen Grosser is a retired GE Aviation software engineer. Her two millennial children did a good job teaching her that she could stream TV for hours at a time!

1703 Diving into Short Works by Great Woman Writers NEW

Tue, Sep 24-Nov 12, 2:15-3:30 pm (ZOOM) \$5

LIMIT 15

It's been said that a well-crafted short story is the highest form of fiction because it achieves its effect in relatively few pages. This could also be said about a fine-tuned novella or poem. Join

us in reading and discussing a variety of short works by women writers of different ethnicities and cultures and see if you agree. Let's start with a classic. For week 1, read Tillie Olsen's "I Stand Here Ironing," free on Google and available in many short story anthologies, including a collection of her works.

Moderator: Judy Schechter enjoys reading; writing; theater; music, especially Broadway musicals, jazz, and the American Songbook standards; dancing, especially Jazzercise; swimming; spending time with family and friends; and OLLI. Since she loves learning and exchanging ideas with other people, being involved with OLLI makes her happy.

1900 (VPC) / 1901 (ZOOM) 2024 Presidential Election: The Exercise of Democracy NEW

Wed, Sep 25, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

From a non-partisan perspective, we will examine the core elements of presidential elections in the U.S. and how the 2024 election aligns or does not align with past campaigns. We will discuss key issues, the Electoral College map, and the role of new technologies. A key point to examine is how institutional trust is built in the electoral process. Finally, we will handicap the election based on key political science models.

Moderator: Richard J. Harknett, PhD, is UC Professor and Director of the School of Public and International Affairs and Chair of the Center for Cyber Strategy and Policy. He co-directs the Ohio Cyber Range Institute, a state-wide organization supporting education and workforce, economic, and research development in cybersecurity. He is board member and faculty liaison for the Portman Center for Policy Solutions.

1902 (VPC) / 1903 (ZOOM) ArtWorks: Community Partnerships Making Beautiful Public Art NEW

Wed, Oct 2, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Learn how ArtWorks collaborates with community organizations and residents, businesses, governments, and non-profits to create works of art that define the region's reputation as an arts destination. By employing and training over 3,500 professional artists and engaging 4,000 teens and young adults, ages 14-24, ArtWorks is actively investing in the creative economy. Through job creation that supports local talent and mentorship programs that pair professional artists with diverse teams of young people, their programs foster the development of 21st-century career-readiness skills.

Moderator: Sydney Fine directs strategic vision for ArtWorks' programming and impact. She dedicated her career to enhancing opportunities for youth and communities in education, youth development, and arts. She holds a BA from Univ. of Michigan and an MA in Education from Alverno College. She serves on the boards of ish, a community engagement organization, and Activities Beyond the Classroom.

1904 (VPC) / 1905 (ZOOM) About Creativity with Jan Brown Checco; Art for Social Justice with Saad Ghosn NEW

Wed, Oct 9, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

We'll look at two aspects of art in this session. First, artist Jan Brown Checco will address "About Creativity," a reflection on creative process and an overview of her various projects as a visual artist, including several public art commissions and international artists' collaborations. Second, Saad Ghosn will present "Art for Social Justice/SOS ART in Cincinnati," considering the role of the arts beyond production of consumer objects. Founded 22 years ago, SOS ART has a mission to promote the creation of artworks for peace and justice.

Moderators: Jan Brown Checco is a master artist whose body of work includes public art and international exchange projects that use an array of materials and techniques. Saad Ghosn, founder of SOS Art, is a spoken word and visual artist whose body of work reflects his sociopolitical and activist views for a better world. He is Professor Emeritus of Medicine at UC.

1906 (VPC) / 1907 (ZOOM) Bicycling through the Heart of the Maya Civilization NEW

Wed, Oct 16, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Mesoamerica is one of six locations in the world where civilizations emerged independently. The emergence of the Maya civilization began around 2000 BCE, peaked around 950 CE, and continued independently until the Spanish arrived in 1511. Bill Menrath arrived on the scene five centuries later on his bicycle. He will discuss the Maya achievements in astronomy, climatology, art, architecture, engineering, and agriculture. He experienced the culture while cycling through Mexico, Guatemala, and Belize. He also experienced scorpions in his bed, huge cockroaches in his shoes, and a revolution in Belize.

Moderator: Bill Menrath has traveled extensively. He rode his bicycle across Tibet into Nepal, across part of Norway, through central Italy, and on numerous long-distance trips in the U.S. His cycling career almost ended in Arizona when he was hit by a truck while attempting to ride across the U.S. He kayaked in Terra del Fuego and backpacked above the Arctic Circle.

1908 (VPC) / 1909 (ZOOM) Powel Crosley Jr: Inventor, Entrepreneur, Radio Pioneer NEW

Wed, Oct 23, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Powel Crosley Jr. was an entrepreneur who helped pilot Greater Cincinnati through the 20th-century by providing a wide range of products, services, and civic contributions. Some 60 years after his death, the community still benefits from his vision and leadership. Join broadcast historian Mike Martini as he explores this complex and dynamic individual.

See first-hand some of his company's products and learn about his legacy to Cincinnati and the world.

Moderator: Mike Martini has been on radio in Cincinnati for 38 years, mostly on WVXU-FM and WMKV-FM. He is president and co-founder of Media Heritage, a local nonprofit archive and museum of Cincinnati broadcast history.

1910 (VPC) / 1911 (ZOOM) Among the Dearly Departed: A Very Scary Halloween in Cincinnati's Historic Cemeteries NEW

Wed, Oct 30, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

It's scary season! Explore the history of Cincinnati's cemeteries and the city's long history of treating (and mistreating) the dearly departed. From opportunistic grave robbers to the famous Price Hill psychic medium and the whimsically fantastic musings of Lafcadio Hearn, take a wander along the tombstone-lined paths of Cincinnati's past.

Moderator: Jeff Sues is a history writer with a weekly column in The Cincinnati *Enquirer* and several local history books including *Lost Cincinnati*, *Cincinnati Then and Now*, and *Cincinnati: An Illustrated Timeline*.

1912 (VPC) / 1913 (ZOOM) A Taste of Race and the City Cincinnati NEW

Wed, Nov 6, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

This presentation will center around the book *Race and the City: Work, Community and Protest in Cincinnati, 1820-1970*, by Henry Louis Taylor Jr. Together we will explore the historic systems that created generational barriers to equitable opportunities for African Americans in Cincinnati. The presenter will share performances, visual art, and poems that local artists created to express the impact of this book.

Moderator: Melanie Moon is one of three children of working-class parents. She earned master's degrees in early childhood development and library science. She served as library director for Princeton City Schools, Cincinnati Hills Christian Academy Middle School, and Brown Mackie College. She works closely with the Bellarmine Dismantling Racism Team, the Ignatian Advocacy Team, and the Greater Cincinnati Homeless Coalition.

1914 (VPC) / 1915 (ZOOM) General Safety and Active Threat Preparedness from UC Police NEW

Wed, Nov 13, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Meet several UC police officers and learn about safety on and off campus as well as how to react in an active threat situation. We will discuss "Run Hide Fight" and have plenty of time for any questions you may have. This is all just sitting, listening, learning, and asking questions. There is no actual running, hiding, or fighting with this presentation! But you'll come away with a better idea of how to act in an active threat situation.

Moderators: Lt. David Brinker has been with UC Police for 21 years, serving in patrol, investigations, and now Community Engagement. Carra Sparks has been with UC for 15 years, five as a security officer and 10 as a police officer. Greg Valerius has been a police officer with UC for 10 years.

2000 Seekers Study Group **UPDATED**

Wed, Sep 25-Nov 13, 11 am-12:15 pm (VPC) \$5

LIMIT 25

The study group will explore a variety of books, videos, and classroom-learning experiences. All study ventures are determined by the moderator and the students.

Moderator: Jim Slouffman, BFA, MFA, has been a teacher for 50+ years. He is a lifelong learner and dedicated to providing the best learning experience for his students. He is President Emeritus of the Wagner Society of Cincinnati which he founded.

2100 Mystical John

Wed, Oct 2-Nov 20, 12:45-2 pm (VPC) \$5

LIMIT 20

We all know John's Gospel is strangely different. Why? Who actually wrote it? Who is the nameless disciple Jesus loved? Did he really write John's Gospel? Was Lazarus really raised from the dead? Is this gospel truly anti-Semitic? Advances in biblical scholarship were dramatic in the 20th century. We'll be looking at this gospel with different eyes, that is, the eyes of the authors and their first-century audience. This course is intended to enlighten, not evangelize. All denominations, religions, and non-religious are welcome.

Moderator: The Rev. Canon Wesley Hinton is a retired Episcopal priest. He served locally at St. Thomas Episcopal Church, Terrace Park, and at Christ Church Cathedral.

2101 Radical and Progressive Education in Contemporary Latin America **NEW**

Wed, Sep 25-Nov 13, 12:45-2 pm (VPC) \$5

LIMIT 30

Paulo Freire in Brazil, the Cardenal Brothers in Nicaragua, Augusto Boal in Brazil and the U.S., Jose Antonio Abreu in Venezuela, Augusto Dudamel in L.A. and New York, and Juan Luis Segundo in Uruguay have been major actors in the cultural liberation movement in education, theater, music, and religion in Latin America, parts of the U.S. and other parts of the world. We will learn about their important cultural work in the Western Hemisphere and beyond.

Moderator: Tim Leonard began his study of the Latin American cultural revolution at the Univ. of Dayton and Ohio State Univ. in 1970 and has used this study in teaching and preparing teachers at St. Xavier Univ. in Chicago. He retired in 2003 and has continued to study and write about this movement.

2102 Layperson's Guide to Understanding and Responding to Mental Illness

Wed, Sep 25-Nov 13, 12:45-2 pm (VPC) \$5

LIMIT 20

One in five Americans in any given year will experience a mental illness (NIMH). Depression, anxiety, and schizophrenia are just three of the nearly 300 different illnesses listed in the Diagnostic and Statistical Manual (DSM-V). What causes mental illness? What are its signs and symptoms? Can it be cured? Why is there so much myth and stigma around mental illness? These are timely questions, and this course will explain the many aspects of mental illness using easy-to-understand language, analogy, and personal experience.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years' experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the US.

2103 (VPC) / 2104 (ZOOM) Cincinnati's Favorite TV Show: An Appreciation of WKRP in Cincinnati **NEW**

Wed, Oct 9-Nov 13, 12:45-2 pm, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

By industry standards, *WKRP in Cincinnati* was, at best, a moderate success. However, this brilliantly written and acted show still resonates with viewers today. We will trace the show's development, highlight many memorable episodes and moments, learn about the cast members and crew, and explore why it was cancelled after only four seasons on the air. And yes, we will show the entire "Turkeys Away" episode. "Baby, if you ever wondered" about WKRP and how television shows get on the air, you may enjoy this class.

Moderator: Greg Gajus was, in a previous life, a television executive who was very involved in network decisions on which shows to develop, air, and cancel. He has taught OLLI classes on Dwight Eisenhower, NASA, and the Cincinnati Reds. He is the co-author of two books, *Baseball Revolutionaries* and *The Grandma Project*.

2105 How the Aging Network Can Help You

Wed, Sep 25-Oct 16, 12:45-2 pm (ZOOM) \$5

LIMIT 30

Over four sessions, Pro Seniors and our nonprofit partners will educate you on services that are available as you or your loved ones age. We'll cover how to choose long-term care in nursing, assisted living, or group homes; how to sort through the sea of health insurance information including Medicare, Medicaid, and long-term care insurance; how to detect and protect against the latest scams targeting seniors; finding in home care, transportation, home-delivered meals, caregiver support, and more.

Moderator: Nick Stockburger is the volunteer coordinator for the LTC Ombudsman Program at Pro Seniors for the Ohio southwest counties of Hamilton, Clinton, Warren, Butler, and Clermont. He is also a Certified Ombudsman Specialist who visits and advocates for nursing home and assisted living residents.

**2106 Papercrafting Tools and Techniques—
Fall/Winter Themes **UPDATED****

Wed, Oct 2-Nov 13, 1-3 pm (VPC) \$5+fee
LIMIT 10

We will focus on making note cards for various occasions, but the techniques can be applied to other hobbies such as scrapbooking and watercolor. A die-cutting machine will be used, as well as a heat gun, various types of punches, and stamps. A \$10 fee will cover all papers, inks, embellishments, and a sample bag of adhesives. You will need to bring a small pair of sharp, pointed scissors to each class.

Moderator: Cathy Berrens is a retired teacher. She has been scrapbooking/card making cards for 20+ years and has taken classes from a variety of teachers.

2107 Speed-Friending **UPDATED**

Wed, Oct 23, 1-2:30 pm (VPC) \$0
LIMIT 32

Finding it hard to make friends in retirement or just always ready to meet new people? Join us for a casual, fun, fast-paced afternoon where you'll spend a few minutes each with other participants getting to know them with provided questions—or ask your own. NOTE: this is NOT speed dating—come and make some new friends at OLLI.

Moderator: Deb Price is not shy about meeting new people and looks forward to sharing the fun with you.

2200 Going Deeper into Mindfulness **NEW**

Wed, Sep 25-Nov 13, 2:15-3:30 pm (VPC) \$5
LIMIT 20

This continuation of the Spring course “Who Are You Now?” does not require you to have taken the first course because we will review during the first class. This will be a small interactive group for individuals who are interested in deepening their self-knowledge and exploring ways to be more fully present in their lives as they age. Topics discussed will include getting started with mindfulness, preparing yourself for mindful living, practicing mindfulness, and enjoying the rewards of mindfulness.

Moderator: Marci McGill, LISW, has had a 25-year career in children's books as a writer, editor at Random House, and Editorial Director of the Follett, Crown, and Doubleday publishing companies' children's book departments. She has also had a 25-year career as a psychotherapist. She has moderated several OLLI classes on dreams and creativity.

2201 Who Speaks for Nature? **UPDATED**

Wed, Oct 2-Nov 6, 2:15-3:30 pm (VPC) \$5
LIMIT 32

Do you believe that ecosystems, rivers, forests, and non-human species have the right to flourish and thrive? Should these rights have legal standing? Do you know that there is no regulatory limit to the number of pollution discharge permits under the Clean Water Act? Do you believe it is our human responsibility to protect and steward the natural world? Join CROW (Citizens for Rights of the Ohio River Watershed) to explore the problems of the most polluted river in the country and a new solution for the future.

Moderators: Susan VonderHaar, Bill Cahalan, Deborah Jordan, and Lynn Hamamoto are members of CROW and devoted to protection of our environment.

**2202 Layperson's Guide to Understanding
Personality Disorders**

Wed, Sep 25-Nov 13, 2:15-3:30 pm (VPC) \$5
LIMIT 25

Personality is the front door to our interactions with society, other individuals, and ourselves. But what happens when those thoughts, feelings, and behaviors become maladaptive and negatively affect those interactions? That is what is defined as a personality disorder, perhaps the hardest to treat and most difficult to understand of all the mental illnesses. We will examine the 10 personality disorders, as listed in the DSM-V, including history, recognition, response, and treatment of these often-disabling disorders.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years' experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the US.

2203 The Play's the Thing: A Readers' Theatre **UPDATED**

Wed, Sep 25-Nov 13, 2:15-3:30 pm (VPC) \$5
LIMIT 20

Comedies, tragedies, classics, one-act plays...whatever seems appealing for our reader's theater. Everyone participates in choosing the plays. Then we read roles in class, select distinguishing props/costumes, or just be part of the audience. No memorizing or acting experience required. Discussions about the plays bring added dimensions for us all. Let your voice be heard and join in the fun.

Moderator: Karen Zaugg is a theater enthusiast and sometimes actor in local productions.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

2204 Stream the Dream: Movies UPDATED

Wed, Sep 25-Nov 13, 2:15-3:30 pm (ZOOM) \$5

LIMIT 25

Let's stream movies at home and all watch the same thing. We will then check in each week to discuss what we're watching. We will be using Netflix and Amazon Prime. Just want to emphasize that watching TV is nothing to be ashamed of!

Moderator: Karen Grosser is a retired GE Aviation software engineer. She has learned how to stream TV from her millennial children!

2205 Exploring the Basics of Genetics

Wed, Sep 25-Nov 13, 2:15-3:30 pm (ZOOM) \$5

UNLIMITED

A certified genetic counselor and guest speakers will provide a basic overview of human genetics while exploring several hot topics in the genetics field. We'll cover an introduction to genetics and the field of genetic counseling; how to take a family history and its utilization in risk management; genetics of common diseases such as cancer, heart disease, and psychiatric illnesses; genetic testing and screening; case examples of diagnostic odysseys; and genetics in the media.

Moderators: Sarah Crawford and Rachel Doberstein are Licensed and Certified Genetic Counselors.

2206 Shoulder and Knee Injuries: Their Evolving Diagnosis and Treatment NEW

Wed, Sep 25-Oct 30, 4-5:15 pm (ZOOM) \$5

UNLIMITED

Many experience knee and shoulder injuries. Should you consider surgery? Physical therapy? What to ask surgeons and therapists? These injuries are physically and mentally challenging. This combined OLLI/ILR virtual course features biomechanics researchers from Cleveland Clinic and UC to describe how each joint normally functions. Shoulder and knee surgeons and associated physical therapists from Cincinnati Sportsmedicine and Orthopaedic Center will then discuss how diagnosis and treatment evolved over 30-40 years and current treatment modalities for facing these injuries. You can then ask questions to better prepare for surgery and therapy.

Moderator: David Butler, PhD, UC Emeritus Professor of Biomedical Engineering and member, OLLI Curriculum Committee. Complete schedule and list of presenting specialists can be found [here](#).

2300 Intermediate/Advanced French Conversation UPDATED

Thu, Sep 26-Nov 14, 9:30-10:45 am (VPC) \$5

LIMIT 15

Brush up on your speaking and listening comprehension of one of the most beautiful languages in the world in a relaxed

but structured setting. We'll do some grammatical review, but an intermediate knowledge of French is required. This course is conducted primarily in French.

Moderator: Deanna Hurtubise is a former high school and university French language and history educator. She is also the author of three picture books, two memoirs, four French historic fiction for young adults, and one Christian fiction for children. She is also a published poet.

2301 General Medical Information to Help in Medical Decision Making NEW

Thu, Sep 26-Nov 14, 9:30-10:45 am (VPC) \$5

LIMIT 32

Dr. Wendel has devised a series covering general medical information to assist you with your medical care. Each week, we will discuss either an organ system or some relevant medical issue with occasional presentations by relevant medical specialists. When it comes to your health, knowledge is power.

Moderator: Richard Wendel is a retired physician with an MBA and long-term moderator on medical subjects at OLLI. As a licensed physician, he is active in the TriHealth resident teaching program.

2302 POP! Photo Organizing Project UPDATED

Thu, Oct 3-17, 9:30-10:45 am (VPC) \$5

LIMIT 20

Our photos and memories are our most valuable asset, but they can also be the most overwhelming. Photo Organizing Project (POP) will give you the framework for gathering your photos and memories (in all their various formats), bringing organization to the collection in one permanent digital home, creating your legacy collection, and celebrating it by bringing your memories back to life. Have a mess? Need some tips? How about some coaching for project? This course is for you!

Moderator: Tabitha O'Connor has been a personal memory manager since 2001 and has the privilege of helping clients tell their story through their photos, videos, and more so future generations know their story and aren't left to guess. For Always Photos, Memories & More is her business and enables her to bring calm to her clients' photo chaos.

2303 What Goes on in a Composer's Head? NEW

Thu, Sep 26-Nov 14, 9:30-10:45 am (VPC) \$5

LIMIT 50

No deep knowledge of music is required—only curiosity about how music is composed. Rick will share the tricks and techniques he has used in composing, demonstrating and improvising on a keyboard, sharing recordings of some of his own compositions, and relating the "back stories" about how and why he wrote the music the way he did. Funny anecdotes, colorful characters, unlikely adventures, and improbable sources of inspiration will all be revealed! Nuggets of wisdom,

too, such as Schubert's reply when asked why he composed music: "to improve reality!"

Moderator: Rick Sowash is the composer of 500+ vocal, orchestral, and chamber works. His music is often broadcast on WGUC and many other classical music radio stations across America. He is also the author of eight books, his most recent being *How Music Means*, which grew out of his OLLI course with the same title.

2304 (VPC) / 2305 (ZOOM) China:

The Awakening Dragon NEW

Thu, Sep 26-Nov 14, 9:30-10:45 am (VPC) \$5

VPC LIMIT 150 / ZOOM UNLIMITED

China, the oldest civilization in the world and often a true powerful empire, has become a dominant global presence. This course will provide an in-depth look at China, its strengths, ambitions, economy, military, and government. The sources include economic, military, and strategic publications from various U.S. and allied country sources. Historic background will be used to help us understand current events. As usual, discussion and opinions are encouraged.

Moderator: Doug MacCurdy is a naturalized American citizen and native Canadian. Educated in Winnipeg at Univ. of Manitoba and Univ. of Winnipeg, he has lived and worked in the U.S. on three separate occasions as well as having international work experience in France, Holland, Japan, the U.K., and other countries.

2400 Magic for the Young at Heart UPDATED

Thu, Sep 26-Oct 17, 11 am-12:15 pm (VPC) \$5+fee

LIMIT 10

Whether you have taken this class before or just want to amaze and amuse your grandkids, family, and friends by performing easy-to-learn feats of magic, this class is for you! You can be the cool magician yourself or be the magician who teaches your grandkids astonishing and fun magic tricks. Over four weeks, you will learn the sleight-of-hand skills necessary to perform many basic but powerful magic effects with everyday objects including, coins, cards, ropes, balls, etc. You will pay a \$25 fee to the instructor for your complete magic kit.

Moderator: Mark Hogan is a magician who has been performing and enjoying magic for 25+ years. He teaches basic magic skills to both children and older adults through schools and the OLLI programs in Cincinnati and Sarasota.

2401 Rumi the Mystic UPDATED

Thu, Sep 26-Nov 14, 11 am-12:15 pm (VPC) \$5

LIMIT 32

Eight classes studying the life and works of Rumi, Persian poet and mystic. We will explore Rumi's life and poetry by using lecture, poetry readings, PowerPoint presentations, and a series of DVD videos. Class discussion will also enhance the

learning experience.

Moderator: Jim Slouffman, BFA, MFA, has been a teacher for 50+ years. He is a lifelong learner and dedicated to providing the best learning experience for his students. He is founder and President Emeritus of the Wagner Society of Cincinnati.

2402 Tales from the North Country NEW

Thu, Sep 26-Nov 14, 11 am-12:15 pm (VPC) \$5

LIMIT 18

This eight-week discussion course will examine common themes in four recent novels set in Ireland, Wales, and the Outer Hebrides: *Small Things Like These* (Claire Keegan), *Old God's Time* (Sebastian Barry), *Whale Fall* (Elizabeth O'Connor), and *Lewis Man* (Peter May). Specifically, we will focus on the impact of history, the church, and the lack of opportunity on characters.

Moderator: Jennifer Manoukian taught high school and college English for 31 years before becoming a secondary curriculum director. She loves the opportunity provided by OLLI to read and discuss literature she enjoys with interested and interesting adults!

2403 Sherlock and Wodehouse for the Fun of It NEW

Thu, Sep 26-Nov 14, 11 am-12:15 pm (VPC) \$5

LIMIT 50

Devoting two sessions each to four great short stories, we will read aloud in class, each participant assigned a different character. (Reading aloud is not required. It's OK just to listen!) We will examine use of language, storytelling techniques, motivations of the characters, and plot structures, pondering the meaning of it all. Rick promises to entertain you with humorous anecdotes and insights as we venture into "The Second Stain," "The Blue Carbuncle," "Jeeves Takes Charge," and "Uncle Fred Flits By."

Moderator: Rick Sowash is a composer, author, and publisher of his own music, books, and CDs. He has cherished, studied, and watched film versions of Doyle's and Wodehouse's writings for 50 years. His experience teaching four other OLLI courses over the past three years might be described as "boompsa-daisy." He says, "Fun is what we're going to have and nothing else but."

2404 (VPC) / 2405 (ZOOM) For the Love of Music UPDATED

Thu, Sep 26-Nov 14, 11 am-12:15 pm, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

We will sample excerpts and discuss forthcoming performances by Cincinnati Symphony Orchestra, Chamber Music Cincinnati, Linton Chamber Music, Cincinnati Ballet, and other Cincinnati musical organizations to explore great compositions. Contexts include performance practice and reception history, composers, and performers. There is always time for discussion and class participation.

Moderators: Bob Zierolf is retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM. Steve Winter is a retired GE engineer with no formal musical training who has enjoyed classical music for most of his adult life.

2406 Great Current Science Fiction NEW

Thu, Sep 26-Nov 14, 11 am-12:15 pm (ZOOM) \$5
LIMIT 40

Let us introduce you to some great and somewhat-plausible science fiction. We will begin with a basic discussion of the genre and some necessary background. We will read and discuss *The Three-Body Problem* and *The Dark Forest* by Liu Cixin, and then turn to Andy Weir's *The Martian* and *Project Hail Mary*. This is for enjoyment. Rick Marra, your "co-host," has an excellent background in science and communications. Beware! Real science WILL be discussed in this course!

Moderators: John Briggs has taught numerous courses in literature, Rick Marra has a wide knowledge of science fiction as well as a broad and deep knowledge of science. He is an excellent communicator.

2500 (VPC) / 2501 (ZOOM) Cincinnati's Performing Arts: The Audience and the Players NEW

Thu, Sep 26, 12:45-2 pm (VPC) \$0
VPC LIMIT 150 / ZOOM UNLIMITED

The Cincinnati region enjoys a rich assortment of locally produced professional and semi-professional performing arts in music and theatre. Alan Flaherty will survey the region's overall performing arts arena and suggest some patterns in its future development. Alan and his spouse, Patti Myers, are performing arts junkies who attend nearly a hundred local performances annually, plus others in NYC, Chicago, London, and elsewhere. He surveyed the economics of local performing arts in a previous OLLI course.

Moderator: Alan Flaherty

2502 (VPC) / 2503 (ZOOM) Kings Point: The Best Education in America—and It's Free NEW

Thu, Oct 3, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

The U.S. Merchant Marine Academy at Kings Point, NY, America's least known federal service academy, is a top-rated engineering college, which includes world travel, tuition, books, housing, meals, medical care, and all clothing. Best of all, Kings Point offers a lifetime of adventure for young people with all expenses paid by the U.S. government. Parents, grandparents, and friends of college-bound students will learn about this extraordinary college opportunity from Bill Hamann, a 1968 graduate of Kings Point, former naval officer, merchant seaman, banker, lawyer, law professor, ordained minister, and adventurer.

Moderator: Bill Hamann

2504 (VPC) / 2505 (ZOOM) Music Hall: Then and Now NEW

Thu, Oct 10, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Enjoy historic and present-day images along with stories about Music Hall's unique role in Cincinnati's history. If you have a particular interest in history, music, theater, architecture, or Cincinnati culture, this will be a fascinating and memorable experience. Joyce Oehler has conducted indoor historic tours and children's programs at Music Hall for two years. She is a resident of Cincinnati since 2020 and loves to share her newly acquired appreciation for the art and history of our city.

Moderator: Joyce Oehler

2506 (VPC) / 2507 (ZOOM) Inner Workings of the Aging Brain UPDATED

Thu, Oct 17, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Normal aging changes of our brains can be unnerving and scary. Learn what happens in your brain as you age and how it impacts your thinking, memory, and cognitive function. Find out how a brain-healthy lifestyle can reverse brain aging losses and improve your cognitive function. Patricia Faust is a gerontologist specializing in brain aging and brain health. Her focus is on the Boomer population and the actions they need to take to prevent dementia and create their ageless brain.

Moderator: Patricia Faust

2508 (VPC) / 2509 (ZOOM) Life, Art Collecting, and Philanthropy of John J. Emery NEW

Thu, Oct 24, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Steve Albert will make an entertaining presentation about the lives of the next-generation Cincinnati art collector and philanthropist John J. Emery and the Gibson girl he married. This presentation builds on his past programs on the life of Mary Emery and other 20th-century Cincinnati art collectors and philanthropists. Albert is a lifelong art enthusiast and museum-hound. He has multiple degrees from Univ. of Wisconsin (Madison), none of which are particularly relevant to the subject matter on which he lectures.

Moderator: Steve Albert

2510 (VPC) / 2511 (ZOOM) Impact of Avian Impact Fatalities: What, Where, Why, and Mitigation Strategies NEW

Thu, Oct 31, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

UC Professor of Ornithology Ron Canterbury is a national ornithological expert who studies bird impact fatalities at UC. Several thousand birds are killed each year just on UC campuses—not counting all the birds that fly into windows across the Tristate and maybe even at your house. He will

address the types of birds affected, where the fatalities occur, and how UC can reduce fatalities in a manageable way as it uses his work to develop a strategy to become bird friendly. Ron will also have some specimens to view.

Moderator: Ronald A. Canterbury

2512 How to Be Funny: Doing Things That Serious-Minded People Scarcely Approve **NEW**

Thu, Nov 7, 12:45-2 pm (VPC) \$0

LIMIT 150

Author, composer, speaker, and teacher Rick Sowash will share ways of making people smile by means of jokes, jests, puns, wordplay, double talk, malarkey, poppycock, balderdash, and twaddle; stunts, tricks, gags, practical jokes, high jinks, shenanigans, tomfoolery, and monkeyshines; funny words like ranngazoo, flummery, oompus-boompus, phonus balonus, and kerfuffle; learning to speak apparent gibberish, i.e., two distinctive “code languages” similar to pig Latin; legerdemain (sleight-of-hand), coin and card tricks for beginners; things to say in an elevator; and fun with bananas and grapes. Prepare to laugh out loud!

Moderator: Rick Sowash

2513 (VPC) / 2514 (ZOOM) Reduce Your Carbon Footprint—Lead a Healthier and Happier Life **NEW**

Thu, Nov 14, 12:45-2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

A carbon footprint is the total greenhouse gas (GHG) emissions caused directly and indirectly by an individual’s use of fossil fuel energy. Electricity and heat production and transportation add up to nearly 50% of global GHG emissions. We can reduce our contribution to these emissions (our carbon footprint) by reducing our energy needs and increasing the renewable content of the energy we use. In this presentation, Pat Niskodé, PhD, Adjunct Professor of Sustainable Design, Miami University, will help us calculate how our energy choices for utilities, transportation, foods, etc., affect our carbon footprint and how we can minimize it.

Moderator: Pat Niskodé

2515 Vipassana Meditation Practice **UPDATED**

Thu, Sep 26-Nov 14, 12:45-2:45 pm (VPC) \$5

LIMIT 10

If you have prior experience with the fundamentals of vipassana (insight) meditation practice, this is an opportunity to cultivate the Buddha’s way of liberation through the practice of ethics, meditation, and insight. More technical explanations concerning the practice procedures will be introduced. The session starts with a short chanting and follows by the walking and sitting practices. Thorough discussion about the practice experiences will follow. The session is concluded with an extended loving-kindness observation. Each class meets for two hours.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation retreats in Thailand.

2600 Come “Die” With Us: Musing and Journaling on the End of Life **NEW**

Thu, Sep 26-Nov 14, 2:15-3:30 pm (VPC) \$5

LIMIT 15

You’re given an eight-week terminal diagnosis, of your own choosing, either of a specific or unknown cause. We will journal and share if inclined, meditate, read, discuss, view videos, and share what comes up for us before our “departures.” A good dress rehearsal could get us closer to the naked truth before the final curtain. Laughter may emerge by addressing a taboo topic. Read Tolstoy’s *The Death of Ivan Ilyich* for class 2. A hospice nurse once said: “Dying can be the most unifying experience there is.”

Moderator: Mick Parker’s mother died when he was 13, and the ensuing trauma set him on this mysterious path. Apparently, Franz Kafka, the writer, shared this orientation, as he gave a one-word answer to the question “What is the meaning of life?” Namely, “Death.” Mick was a trained spiritual counselor volunteer at a hospice for four years.

2601 Sustainability: Nature-Based Strategic Solutions for Climate Change **UPDATED**

Thu, Sep 26-Nov 14, 2:15-3:30 pm (VPC) \$5

LIMIT 25

Gain insights into the challenges of climate change, conserving natural resources, and promoting zero-waste circular value chains to secure the needs of future generations. We are experiencing increased weather disruptions, climate instability, resource depletion, environmental contamination (forever chemicals), and social disparities. This course introduces strategies, practices, and technologies, including artificial intelligence, to advance environmental, social, and economic sustainability. It focuses on mitigation, adaptation, and prevention solutions using an interdisciplinary approach, integrating guest speakers, real-life examples, and hands-on exercises for a comprehensive learning experience.

Moderator: Ralph Brueggemann, MBA, MEd, is an adjunct professor at the UC College of Engineering and Applied Science. He has practical experience in independent consulting, quality improvement, nonprofit board experience, and developing commercial products for national and international corporations.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

2602 Beyond Oedipus and Antigone:

Exploring Greek Tragedy NEW

Thu, Oct 24-Nov 14, 2:15-3:30 pm (ZOOM) \$5

LIMIT 30

Thanks to Freud, everyone knows about Oedipus' complex history of murder and incest, while *Antigone* became one of the most rewritten plays throughout the centuries. Tragedy, however, is much more than these two characters. In this course, we will unveil the other less-famous masterpieces within Sophocles' dramatic production. Each class will focus on a specific play (*Ajax*, *Trachiniae*, *Electra*, and *Philoctetes*), offering a gallery of unforgettable iconic characters. From Ajax to Heracles, we will discover what it means to be a "tragic hero" (or heroine) on the ancient stage.

Moderator: Cecilia Cozzi is Visiting Assistant Professor at Carleton College and before at Univ. of Kansas, Lawrence. Her research interests range from Greek verse to Latin verse (especially Ovid and the reception of Hellenistic poetry). She got her PhD from UC in 2023.

2603 iPhone Next: Getting More from Your

Apple iPhone UPDATED

Thu, Sep 26-Nov 14, 2:15-3:45 pm (VPC) \$5

LIMIT 25

Are you an Apple iPhone user who knows the basic apps and is now interested in learning what's next? If so, this class may help you discover new and exciting ways to customize and use your phone. It is designed for people who have taken the iPhone Basics class or are skilled at using the basic apps. Information will be presented from Apple's "iPhone Users Guide" which can be found on their website. You must have an iPhone 10 (X) or later.

Moderators: Karen Klein has been a longtime Apple enthusiast going back to her first Mac computer in 1988 and her first iPhone in 2009. She loves to share and learn about all things Apple. Janet Keller has been an avid fan of Apple products for almost 35 years. She loves learning new ways to use technology and sharing that knowledge.

2604 A Taste of Race and the City Cincinnati UPDATED

Thu, Oct 10-Nov 7, 4-5:15 pm (ZOOM) \$5

LIMIT 30

The course will center around five chapters from the book *Race and the City: Work, Community and Protest in Cincinnati, 1820-1970*. Together we will explore the historic systems that created generational barriers to equitable opportunities for African Americans in Cincinnati. You will listen to the reading of selected chapters posted on the moderator's YouTube channel. You may interact virtually by posting comments and questions on YouTube. You will have an opportunity share your findings from assigned articles and videos.

Moderator: Melanie Moon's paternal grandparents settled in

Cincinnati during the Great Migration. One of three children of working-class parents, she earned master's degrees in early childhood development and library science. She served as library director for Princeton City Schools, Cincinnati Hills Christian Academy Middle School, and Brown Mackie College. She is an active member of her church and her community.

2700 Enough \$\$\$ to Enjoy the Rest of Your Life:

Retirement Income Solutions

Fri, Sep 27-Nov 15, 9:30-11 am (VPC) \$5

LIMIT 25

From a financial perspective, retirement has two phases. The first is accumulating toward retirement; the second is spending through retirement. Strategies that work in the first often do not work well in the second. Further, there are solutions to correct shortfalls before retirement begins, but mistakes made during the spending phase are often irreparable. With today's longevity, many of us will be blessed to see our children's children. This course addresses the concerns of outliving one's assets and leaving a legacy. Rest assured, we will not promote financial products.

Moderators: David McCarley, CFP since 1999, licensed for insurance/investments since 1974. He is currently living a planned retirement lifestyle: he "walks the talk." Thomas J. Ritter Sr., CSCP, financial professional for 35+ years, with most of those years as an advisor to advisors, including regulatory compliance. His experience includes roles as financial planner and mutual fund analyst.

2701 Playwriting Principles and Workshop UPDATED

Fri, Sep 27-Nov 15, 9:30 am-12:15 pm (VPC) \$5

LIMIT 10

Join us for samples, readings, and exercise-driven practice for believable and effective dialogue, viable characters, context, plot building, dramatic action, and compelling story arc. Practicing playwrights, writers, and the brave-curious are invited to enroll. Works will be read in class and encouraged elsewhere through networking.

Moderator: Paul Shortt, UC-CCM Professor Emeritus, Theater Design and Production; 250+ productions designed for CCM and professional companies; design consultation worldwide; playwright, poet, and short story writer. Univ. of Michigan, BS in design; Yale Drama School, MFA; United Scenic Artists; Dramatist Guild; Literary Club.

2800 The City That Sings: Choral Music in Cincinnati,

Yesterday and Today NEW

Fri, Sep 27, 9:30 am-12 pm (VPC) \$0

LIMIT 150

Not many cities are as rich in choral music as Cincinnati. Come learn about our history of excellence: from children's choirs touring the world, to the storied May Festival Chorus, to the

wealth of new choirs that have sprung up in the last decade. Hear about the world of professional choral singers, the legacy of CCM-trained conductors, and how community choruses are making a difference through their singing. Whether you've ever sung in a choir or just like to listen, you'll enjoy this insider's look into the local choral scene.

Moderator: Krista Cornish Scott is a professional choral singer and conductor. Married to a CCM choral faculty member, she keeps her finger on the pulse of the local scene by performing and hiring for a wide variety of choral organizations, providing opportunities for young student singers and conductors, and supporting the choral arts as a community-building colleague.

2801 Redistricting 101—Gerrymandering and a New Proposed Solution NEW

Fri, Oct 4, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

Redistricting is the process for establishing state and federal electoral district boundaries. In gerrymandering, such boundaries are set to favor one party over another. We'll take a deep dive into redistricting in Ohio, including recent reform efforts. A proposal by Citizens Not Politicians would amend Ohio's constitution to rein in gerrymandering by establishing an independent citizens' redistricting commission. Our expert panel will describe the current redistricting process, provide the details of the proposed amendment, and debate its merits. Come learn all you need to know before voting in November.

Moderators: Lynne Miller is a retired corporate attorney and Jean Henderson is a retired clinical microbiologist and systems specialist; they are both members of the League of Women Voters. Andy Brown is a member of Citizens Not Politicians, the group sponsoring the redistricting amendment. Alex Triantifilou is an attorney, former judge, and present head of the Ohio Republican Party

2802 Cincinnati FBI Presents Protecting Yourself from Scams NEW

Fri, Oct 11, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

In April 2024, the FBI reported that schemes targeting those 60+ account for \$3.4 billion in reported losses, a number that is exponentially growing. Schemes in banking breaches, password and identify theft, viruses, phishing, imposter scams, etc., reach us through phone calls, texts, emails, online purchases, social media, or in person. Illegitimate websites can look like your favorite company's. Arm yourself with knowledge—learn of the latest schemes, what preventive measures you can/should take, how to identify warning signs, and what to do if you are victimized.

Moderators: Team from the Cincinnati Division of the Federal Bureau of Investigation will present the program. Time will be set aside for Q&A.

2803 Socrates: His Elusive Historical Reality and the Basics of His Philosophy NEW

Fri, Oct 18, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

We will investigate the famous Athenian philosopher Socrates, the teacher of Plato and others, who was remembered by the Romans and afterward as the first philosopher of human ethics. We will begin by considering how this reputation is not entirely fair, since Socrates had many predecessors and emerged among them. We will go on to discuss his elusive historical identity: he wrote nothing, and his followers wrote sometimes conflicting accounts. Finally, we will sift from the presentations transmitted by his followers the most important philosophical contributions of Socrates.

Moderator: Susan Prince is Associate Professor of Classics at UC. She received her PhD from Univ. of Michigan, where her dissertation reconstructed the views of the not-so-famous Socratic disciple Antisthenes. She has since worked on ancient Cynicism and its hero, Diogenes of Sinope; ancient medicine; and the ancient encyclopedia compiled by John Stobaeus.

2804 Clifton—At the Center of Cincinnati NEW

Fri, Oct 25, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

The neighborhood of Clifton was annexed by the City of Cincinnati in 1896. It has remained a distinctive neighborhood with a vibrant business district and a rich cultural life. Rediscover what makes Clifton Clifton and understand what other neighborhoods are often called Clifton but are not Clifton.

Moderator: Gerald Checco worked for the City of Cincinnati for 30 years, including being Superintendent of Parks, Director of Public Services, and Director of MSD. He retired in 2018, became chief of staff of David Mann, then re-retired. He serves as a trustee of Clifton Community Council (CTM), president of the Cincinnati Urban Forestry Board, and president of the Millcreek Conservancy District.

2805 Selecting the Right Senior Living Arrangement NEW

Fri, Nov 1, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

As we age, we find ourselves looking for the right location for the next chapter of our life's journey. This presentation explores various senior living options, both in-home and in senior living communities, and the decision-making process. We will also discuss choosing the right option, researching the costs, and preparing for the move. By understanding the different senior living options and the decision-making process, you can ensure a smooth transition for yourself or your loved one into a safe, supportive, and fulfilling environment when the time comes.

Moderator: Terri Gaitskill is a master's-prepared RN with many years of experience teaching nursing. A favorite subject is gerontologic nursing. After she retired, she wanted to con-

tinue to share her knowledge. She has made well-received presentations at OLLI, local churches, the YMCA, and senior centers. She is the published author of a book titled *Getting Older Ain't for Sissies*.

2806 Discovering Health Physicality—The Miracle Drug NEW
Fri, Nov 8, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

Cincinnati Ballet Artistic Director Emeritus Victoria Morgan will share her personal story of the discovery of healthy physicality...after she retired. Wear comfortable clothes. We will do chair exercises and some standing. Don't worry, she's not going to try to make you ballet dancers!

Moderator: Victoria Morgan spent 25 years as Artistic Director of the Cincinnati Ballet. Under her leadership, the Company experienced tremendous growth and critical success. In 2008, she took on the additional role of executive leader, bringing economic stability and national prominence. Beforehand, she was resident choreographer for the San Francisco Opera and principal dancer for San Francisco Ballet and Ballet West.

2807 Using Cincinnati's Archived Past: Historic Enquirer-Library Partnership NEW
Fri, Nov 15, 9:30 am-12 pm (OHLL) \$0
LIMIT 120

The Cincinnati Enquirer recently donated its photo collection to the Cincinnati Public Library. Jeff Suess will talk about the history of the Enquirer's archives, how advances in technology changed their usage, and how he used the archives for his history articles as the Cincinnati *Enquirer* librarian. Chris Smith will talk about the library's efforts to preserve the archives and make them accessible to the general public. Learn how you can use this important collection of historical materials in your own research.

Moderators: Jeff Suess is the history columnist and librarian at the Cincinnati *Enquirer*. He is also the author of several Cincinnati history books. Chris Smith is a Reference Librarian for the Cincinnati and Hamilton County Public Library. While he currently specializes in genealogy and local history, he continues to learn about a wide range of topics.

2900 Award-Winning Science Fiction Novels—A Book Class NEW
Fri, Sep 27, Oct 11, Oct 25, Nov 8, 11 am-12:15 pm (VPC) \$5
LIMIT 15

Read/discuss dual award-winning (Hugo and Nebula) science fiction novels. Whether you are new to the genre or a long-time science fiction fan, join in a lively discussion about four great works. We will meet every other week. 9/27: *The Forever War* by Joe Haldeman. 10/11: *Neuromancer* by William Gibson. 10/25: *American Gods* by Neil Gaiman. 11/8: *The Windup Girl* by Paolo Bacigalupi.

Moderators: Jim Rulli (BA Eng/MEd) has moderated several OLLI classes. Wayne Perin (BS Social Science) is a long-time sci-fi fan and experienced OLLI moderator.

2901 Guided Photo Walks for Fun and Great Pictures UPDATED
Fri, Sep 27-Nov 15, 11 am-1 pm (VPC) \$5
LIMIT 20

Beginner or advance photographers, walk with us to photograph interesting sites that you will pick from our list or suggest. Photograph one week using any phone or digital camera. Discuss the photographs in the classroom the next week. Class will start at VPC the first week with explanation then move offsite for photography. We have indoor sites in the event of rain. After each two-hour photo session, join us for optional lunch and discussion. NOTE: Some locations may have admission or parking charges. Questions: call Peter at 513-236-6402.

Moderators: Peter Nord and Dennis Foster have 100+ combined years of photography experience with film, digital, video, family portraits, commercial, industrial, scientific, sports, print, editorial, photobooks, contests, fine art, TV news, a harness race while seated next to the driver. Betty Robertson, an expert solo travel photographer, has thousands of photos from many countries, some rarely visited by the American tourist.

3000 Words Words Words: Exploring Adaptations of Hamlet UPDATED
Fri, Sep 27, 1-3 pm (VPC) \$0
LIMIT 150

A panel of three theatrical directors will discuss themes in Shakespeare's *Hamlet* that are highlighted through different adaptations of this famous story. The panel will include Free Shakespeare in the Park *Hamlet* director Candice Handy, *Fat Ham* director Darnell Pierre Benjamin, and *A Room in the Castle* director Kaja Dunn. Bring your questions and observations about interpretations of this Shakespearean classic.

Moderators: Candice Handy, Associate Artistic Director, Cincinnati Shakespeare Company (CSC); actor credits: *The Play That Goes Wrong* (CSC), *Trouble in Mind* (CSC), *Every Christmas Story Ever Told* (CSC), and more. She recently directed *The Amen Corner* (CSC) and *Hamlet* (CSC). Kaja Dunn, Associate Professor (Carnegie Mellon Univ.). Darnell Benjamin, Actor, Director, Teaching Artist, Choreographer (CSC Ensemble).

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

3001 Life and Work of Lafcadio Hearn, from Cincinnati to Japan NEW

Fri, Oct 4, 1-3 pm (VPC) \$0

LIMIT 150

Explore the life and work of Lafcadio Hearn, an author who launched his career in Cincinnati in the 1870s, went to New Orleans in 1877 and stayed for 10 years, and then lived on the island of Martinique for two years. In 1890, he moved to Japan and became Japan's foremost interpreter to the Western world and a literary icon in Japan.

Moderator: Steve Kemme was a reporter for the Cincinnati *Enquirer* for 30 years and taught journalism classes as an adjunct professor at UC, NKU, and Miami Univ. (OH). His book *The Outsider: Life and Work of Lafcadio Hearn—The Man Who Introduced Voodoo, Creole Cooking and Japanese Ghosts to the World* was published in 2023.

3002 Lessons from the Great Depression NEW

Fri, Oct 4, 1-3 pm (ZOOM) \$0

UNLIMITED

We will cover events in the 1920s leading up to the start of the Great Depression, including ominous parallels between the 1920s and the 2020s. We will discuss political and economic conditions during the 1930s and the early years of WWII with detailed examination of the lives of a varied group of individuals who provided first-hand accounts of their lives during this tumultuous period of American life. There will be discussion of lessons learned with questions and comments solicited.

Moderator: Ed Linz, a 1965 graduate of the Naval Academy, is the author of five books, including recent works on the Great Depression and the Vietnam War. He holds advanced degrees from Oxford Univ. and George Mason Univ. and lives in Maine and Virginia. He was the recipient of a heart transplant in 1994. He is a native of Northern Kentucky.

3003 Supreme Court 2024 Decisions and Docket UPDATED

Fri, Oct 11, 1-3 pm (VPC) \$0

LIMIT 150

Howard Tolley will review major decisions rendered by the Supreme Court in its 2023-24 term that concluded in June and preview cases on the docket for argument and decision in the term beginning October 7. In 2024 as in 1968 and 2000, the court and its justices have become political targets in a close, bitterly contested Presidential election with rulings involving former President Trump, abortion, guns, homelessness, workers' rights, and more while suffering from allegations of gross ethical misconduct by several justices.

Moderator: Howard Tolley, UC Professor Emeritus of Political Science, taught courses on the U.S. legal system, Supreme Court, civil liberties, and international human rights for 27 years. As a professional neutral, he served as a labor law fact finder and arbitrator. He offers Supreme Court classes for

OLLI in Ohio, Florida, Oklahoma, and Arizona where he spends the winter.

3004 Southwest, the Beautiful NEW

Fri, Oct 11, 1-3 pm (ZOOM) \$0

UNLIMITED

Rugged. Beautiful...and Delicious. The Southwest is the ultimate playground, luring adventurers with red-rock canyons, Wild West legends, and culinary delights. The region is home to a wonderful and vibrant mix of Anglo, Latino, Hispanic, and American Indian traditions, making it one of the most diverse and fascinating corners of America with interesting history, awe-inspiring landscapes, and exciting culture. The defining characteristics of Southwestern cuisine are a mystery to most Americans. Southwestern cooking has a vibrant mestizo heritage and includes some of the most intensely spiced dishes in the Americas.

Moderator: Larry P. Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer of culinary topics. He has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, education, and "food-tainment" into every class and event.

3005 Beliefs of the Church of Jesus Christ of Latter-Day Saints (Mormons) NEW

Fri, Oct 18, 1-3 pm (VPC) \$0

LIMIT 150

With a 100% guarantee of no proselytizing, Dale Bradford offers an informed explanation of the beliefs and challenges of a church that many have heard about but few know much about. Topics of discussion will include: Are Mormons Christian? Where did we come from? Why are we on earth? Where are we going after death? Origin of *Book of Mormon*. Joseph Smith. Polygamy. Church finances. Differences between Protestant and Mormon beliefs. Significance of Mormon temples. Mistakes the church has made. Come with your questions and curiosity.

Moderator: Dale Bradford has taught multiple classes for OLLI on healthcare in America. He will now share details about the beliefs of Mormons, members of the Church of Jesus Christ of Latter-day Saints. He led health plans professionally and has been a lay leader in the church for decades.

3006 Medicare 101 UPDATED

Fri, Oct 18, 1-3 pm (ZOOM) \$0

UNLIMITED

This educational presentation will cover the various parts and types of the federal Medicare program. Specifically, we will discuss Medicare Parts A, B, C, and D as well as Medicare Supplements. Get the knowledge you need to make your best decisions about Medicare, and come with your questions.

Moderator: Jonathan Wallace is a full-time insurance broker who specializes in Medicare based products since 2011.

3007 Walking the Camino de Santiago NEW

Fri, Oct 25, 1-3 pm (VPC) \$0

LIMIT 150

Hear from several walkers who took on all or part of this medieval pilgrimage route across Spain to the cathedral of Santiago de Compostela in Galicia—popular with both hikers and “pilgrims” seeking a spiritual path. Find out about the planning, training, accommodations, food, challenges, scenery, people they met along the way, and more.

Moderators: Jodi Harris, a retired educator, is an avid traveler who prefers to get around by foot, bike, or public transportation. Sandy Barlag has planned and enjoyed independent travel in several countries in Europe. Both Jodi and Sandy, along with their husbands, walked the Camino in October 2023.

3008 Lessons from the Vietnam War NEW

Fri, Oct 25, 1-3 pm (ZOOM) \$0

UNLIMITED

We will focus on events leading to U.S. involvement in Vietnam, culminating in an avoidable war with over two million casualties, including 58,000 Americans. There will be a discussion of the French colonial era, the rise of Ho Chi Minh, the Viet Minh, South Vietnamese politics, and U.S. policy decisions. We will also examine the conduct of the war, with an emphasis on the tactical decisions leading to heavy casualties among Americans and their Communist opponents. This will be an interactive session soliciting questions and comments.

Moderator: Ed Linz, a 1965 graduate of the Naval Academy, is the author of five books, including recent works on the Great Depression and the Vietnam War. He holds advanced degrees from Oxford Univ. and George Mason Univ. and lives in Maine and Virginia. He was the recipient of a heart transplant in 1994. He is a native of Northern Kentucky.

3009 The History and the Literature: “The Women” NEW

Fri, Nov 1, 1-3 pm (VPC) \$0

LIMIT 150

Historical novels tell interesting stories about a time, a place, and the people living there. Authors must do extensive research so their writing accurately reflects the history. Using *The Women* by Kristin Hannah as the launching point, this class will offer a one-hour look at the history of the Vietnam War—both in-country and at home—to provide historical context for the novel. We will then spend an hour discussing the novel as contemporary literature. Readers and history buffs welcome! You should read *The Women* before class.

Moderators: Stan and Diane Henderson are avid readers. Stan reads history; Diane fiction. In other lives, they would have been history and English professors. Now they team up to share their passions with us. Pre-retirement, Stan was Vice Chancellor for Enrollment Management and Student Life at

the Univ. of Michigan-Dearborn, and Diane an educational program planner/consultant. Both are failing retirement!

3010 Common Female Sexual Health Issues: You Don’t Have to Live With It NEW

Fri, Nov 8, 1-3 pm (ZOOM) \$0

This program is offered in a webinar format to preserve participant anonymity while permitting Q&A. Only 14% of older women visit their doctor for problems related to their sexual health. Yet these problems are treatable! Dr. Anne Scott with The Urology Group will cover the topic in-depth in an online Zoom webinar. She’ll discuss pelvic organ prolapse, incontinence, recurrent bladder infections, pelvic pain, genitourinary syndrome of menopause, interstitial cystitis, and hypoactive sexual desire disorder. Dr. Scott will cover the symptoms, causes, and treatment options for each of these common conditions.

Moderator: Anne Scott, MD, graduated from Northwestern Univ. Feinberg School of Medicine in 2009 before completing a surgical internship and urologic residency at Vanderbilt Univ. Medical Center. She specializes in female urology, prolapse, incontinence/voiding dysfunction, kidney stone, and general urology. She is a member of the American Urological Assn. and the International Society for the Study of Women’s Sexual Health.

3011 Inside Look at Today’s Criminal Justice System and the Reentry Pipeline UPDATED

Fri, Nov 8, 1-3 pm (VPC) \$0

LIMIT 150

The U.S. criminal justice system comprises five main elements: law enforcement, prosecution, defense, courts, and corrections. An emerging trend in this system is the reentry process, which serves as a pipeline to healthy and productive formerly incarcerated individuals and strengthening our communities. Each component comes into play at a different stage of the process. We will discuss the criminal justice system from each of these perspectives and the reforms needed to make justice for all a reality.

Moderator: Wende Cross (BA, Miami Univ.; JD, Chase College of Law) is a former federal prosecutor and has served as a magistrate of Hamilton Co. Juvenile Court. Currently, she is the Administrative and Presiding Judge of the Hamilton Co. Common Pleas Court. She believes that fairness, equity, and accessibility should be prioritized in our judicial system.

3012 Artificial Intelligence—What Is It Anyway? NEW

Fri, Nov 15, 1-3 pm (VPC) \$0

LIMIT 150

Experience an introduction to generative artificial intelligence tools such as ChatGPT, Bing, Genesis, and Perplexity. We will illustrate what this means for internet use, how to search,

system limitations, and how the tools can help you with your tasks. After the presentations, you are invited to log onto your personal devices, establish free accounts, and practice the searches. You might be surprised to find that AI can be both useful and fun.

Moderator: Crystal L. Kendrick, President of The Voice of Your Customer, 25+ years of global and domestic marketing experience specifically targeting hard-to-reach, underserved, international and niche populations. She is also the publisher of The Voice of Black Cincinnati, a media company designed to educate, recognize, and create opportunities for African Americans in the region.

3013 Euchre: Learn to Play or Brush Up Your Skills UPDATED

Fri, Oct 4-25, 1-3 pm (VPC) \$0

LIMIT 28

Learn to play euchre or hone your skills. Enjoy the laughter and fun competition. This informal learning experience will come through practice and play with euchre enthusiasts. Prepare for the Euchre Tournament, #3014, on Nov. 15.

Moderator: Sandy Crawfis is an avid competitor and OLLI volunteer who wants to engage in more social activities.

3014 Euchre Tournament UPDATED

Fri, Nov 15, 1:30-4:30 pm (VPC) \$0+fee

LIMIT 22

OLLI card players will compete for cash prizes and bragging rights. You must already know how to play to compete. This is a formal tournament, and you will receive information in advance about how play will proceed. Enroll in #3013 to get ready for the fun and competition. \$10 cash at the door. Cash prizes to top winners.

Moderator: Sandy Crawfis is an avid competitor and OLLI volunteer who wants to engage in more social activities.

4000 Origami (Paper-Folding) UPDATED

Mon, Sep 23-Nov 4 (no class 10/14), 9:30-10:45 am (ADI) \$5+fee

LIMIT 8

No talent needed to enjoy creating origami to decorate cards, gifts, tree, and table—or just for fun! This six-week session includes: Crane, Sea Turtle, Swan, Photo Frame, Kissing Lips, Hopping Frog, Box on Legs, Butterfly, Talking Bird, etc. You will receive illustrated instructions for each project. In the first class, moderator will collect a \$5 fee, which covers all the paper and other materials for the six classes, plus a variety of extra paper for you to continue your origami fun at home.

Moderators: Linda Kegg and Jennifer Kegg are looking forward to helping you enjoy becoming an “origami master.”

4001 Conversational Spanish NEW

Mon, Sep 23-Nov 25 (no class 10/14, 11/11), 9:30-10:45 am (ADI) \$5

LIMIT 15

We will focus on developing verbal and listening skills, with minimal grammar. Each student will be expected to bring to each class a two to three paragraph account (in Spanish) of something of interest. We will listen, correct, and ask questions about the account. We will also have a Q&A session with our native speaker and review some YouTube Spanish videos.

Moderators: Leo Ennis is a native Spanish speaker from Mexico who has been teaching Spanish to OLLI students for several years. Rick Marra is Leo’s student and speaks Spanish at a second-year college level.

4002 I’d Rather Be Reading NEW

Mon, Sep 23-Nov 4 (no class 10/14), 9:30-10:45 am (ADI) \$5

LIMIT 20

For some of us, reading is like breathing: it’s so natural. We will talk about books we love, what we’re reading now and why, what appeals in an author or title, if we choose books by their covers, genres we can’t do without, and all the other ways we choose the books we read. Maybe we’ll even confess the classics we’ve never read or the romance novels we indulge in on the beach. Expect an informal, fun, and participatory atmosphere.

Moderator: Deb Price reads just about everything, including soup can labels. She is a retired educator who has presented dozens of classes for OLLI and other organizations.

4003 Development of Aircraft Propulsion Systems NEW

Mon, Sep 23-Nov 25 (no class 10/14, 11/11), 9:30-10:45 am (ADI) \$5

LIMIT 20

This course offers a review of the evolution and advancements in aircraft propulsion systems, from the earliest piston engines to contemporary jet and rocket engines. Key topics include the milestones in propulsion development, the design and performance of various engine types, and the latest innovations in sustainable and efficient propulsion systems. All without getting too technical.

Moderator: Jim Rauf, BA physics, Thomas More College; BME, mechanical engineering, Univ. of Detroit. Retired from GE Aviation where he was a manager and principal engineer in the Commercial Engines Product Support Group.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

4100 Putting the Garden to Bed UPDATED

Mon, Sep 23-Oct 21 (no class 10/14), 11 am-12:15 pm (ADI) \$5
LIMIT 20

After a busy spring and summer turning dirt and seeds into food, flowers, and foliage, fall brings different gardening tasks and challenges. It's time to take stock and plan for a healthy and happy future in the garden. Get tips for wrapping up the growing season and preparing for winter interest in your landscape.

Moderator: Deb Price is a Master Gardener and retired educator who has been digging in the dirt for a long time.

4101 The Smithsonian: Our Nation's Attic NEW

Mon, Oct 28-Nov 25 (no class 11/11), 11 am-12:15 pm (ADI) \$5
LIMIT 20

Established by an act of Congress in 1846, The Smithsonian Institution is the world's largest museum, education, and research complex—and it belongs to all the American people. Its mission is to enrich the lives of the American people and increase the diffusion of knowledge. We will virtually visit the various galleries, exhibits, and displays. Go behind the scenes to see the many facets of the museums and their treasures.

Moderator: Deb Price has a hankering for history and learning. She is a retired educator who has presented dozens of OLLI programs.

4102 Spice of Life—A Global Spice Odyssey: Exploring the Flavors of the World UPDATED

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
11 am-12:15 pm (ADI) \$5
LIMIT 20

Join us on a continuing journey around the culinary world. We will explore the spices and cuisines of Mexico, India, Morocco, Nordic countries, China, Spain, and Thailand. We will also learn a little history and some techniques along the way. No need to have participated in a previous class to join in; we cover different cuisines each term.

Moderator: Sharon Schwartz is a retired social worker. She is a lifetime lover of learning and curious about everything. Other loves are cooking, travel, reading, and genealogical research.

4103 Making Cartoons NEW

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
11 am-12:15 pm (ADI) \$5
LIMIT 20

This course is designed to unleash a native human communication tool that results in cartoon making. As a novice, or experienced, we will generate ideas and stories at the heart of making cartoons. By completing a series of practical exercises, you'll be able to discuss your own cartoon-making.

Activities aim to spark creativity, technical expertise, and desire to cartoon. Each class begins with a 15-minute demonstration followed by 45-minutes of practice, and ends with a 10-minute group reflection on our work. Syllabus adjustments are guided by participant needs. Required materials list will be sent to registrants.

Moderator: Steve Kroeger's 20 years at UC include developing cultural competence and critical thinking with preservice teachers. Before that he was an intervention specialist for 12 years in public schools. Current interests embrace cartooning and graphic narrative in areas that include breastfeeding as well as relationships and sexuality. He has self-published four chicken comics with two of his grandsons.

4104 Tour Adath Israel Synagogue UPDATED

Mon, Sep 23, 12:45-2 pm (ADI) \$0
LIMIT 30

Stroll through the Synagogue and view the amazing artifacts and beautiful stained glass windows. Learn about holidays and rituals and have an opportunity to view a hand-written Torah scroll. Jo-Ann Casuto has been leading tours of Adath Israel for many years.

Moderator: Jo-Ann Casuto

4200 What Makes Modern Philosophy Modern? NEW

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
12:45-2 pm (ADI) \$5
LIMIT 15

The 17th-century mathematician René Descartes wrote two books: a very short one called the *Discourse on Method* and a somewhat longer one called *Meditations on First Philosophy*. And everything changed. Whether accepted or rejected, his ideas have shaped the Western mind ever since. We will read and discuss these two works as we try to form our own opinions about his insights. What made his thought so revolutionary? Is it still valid? The reading assignments will not be long; the discussions might be.

Moderator: Michael Marchal has an AB in English and History from Xavier and a PhD (cand.) from Fordham. He taught high school English for 44 years as well as philosophy as an adjunct in various colleges. He has written numerous articles and is still frustrated that the pandemic disrupted his travel plans.

4201 Wreathed in Fire: Ecstasy in the Poems of Mary Oliver NEW

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
12:45-2 pm (ADI) \$5
LIMIT 12

In this sequel to 2023's "Quiet Ecstasy" course, we'll take a deeper dive into this popular Pulitzer poet. When not teaching or traveling, Mary Oliver spent quality time alone, contemplating nature and her place in it. She possessed a remarkable

sensibility, at once compassionate and mystical. Even when alluding to personal suffering and moral darkness, her vision of life emanated from her unique experience of ecstasy, distinguishing her work from much contemporary lyric poetry. We'll read her poems aloud and discuss what sets her apart as an ecstatic poet.

Moderator: Cecil Albright has led 11 poetry discussion classes for OLLI focused around various aspects of living the second half of life, as well as individual treatments of the poetry of Anne Sexton, Billy Collins, Edna St Vincent Millay, Mary Oliver, and Rumi.

4300 Sing Karaoke UPDATED

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
2:15-3:30 pm (ADI) \$5

LIMIT 10

You love to sing but have never tried karaoke? You want to learn or are a real pro? Join us for a musical afternoon of fun. We have a large list of songs to choose from, and who wouldn't enjoy singing accompanied by a big band? We'll encourage you to share your voice, but we can always use an audience if you'd rather listen.

Moderators: Glenn King and Bill Meyer have been singing with the Martinaires for several years and enjoy taking karaoke musical entertainment to retirement communities, organizations, and school reunions. Joyce Andrews is our music organizer.

4301 Disputed Elections: A Brief Survey of Four Disputed Elections in U.S. History NEW

Mon, Sep 23-Oct 21 (no class 10/14), 2:15-3:30 pm (ADI) \$5
LIMIT 20

With perhaps another disputed election in our near future, let's take a look at four other tumultuous election outcomes in U.S. history: 1800 (a tied Electoral College vote), 1824 (a four-way race for President), 1876 (Congress forms a commission to determine winner), and 2000 (the Supreme Court decides the outcome).

Moderator: Greg Rhodes is a historian who has taught many OLLI classes.

4302 Causes of WWI and the War UPDATED

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
2:15-3:30 pm (ADI) \$5

LIMIT 20

We will explore the events and crises that led up to World War I, learn about the war itself, and finish with the peace treaties.

Moderator: Ken Schneider, BA, European history, Miami Univ.; MA, European history, UC; taught high school European history for 40 years including AP European history since 1990.

4303 Hooray for Hollywood Musicals UPDATED

Mon, Sep 23-Nov 25 (no class 10/14, 11/11),
2:15-3:30 pm (ADI) \$5

LIMIT 20

Starting with Al Jolson singing "Blue Skies" in *The Jazz Singer*, Hollywood took "talkies" seriously and ushered in a revolution of sound pictures. Stealing from Broadway, Hollywood produced hundreds of original movie musicals through the 1930s and then entered the Golden Age of Broadway musicals. Through film clips and discussion, we'll revisit that era featuring music from original Hollywood musicals such as *Snow White*, *42nd Street*, *Wizard of Oz*, *Meet Me in St. Louis*, and others.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for many years.

4400 Integrated Wealth Management UPDATED

Tue, Sep 24-Nov 12, 9:30-10:45 am (ADI) \$5

LIMIT 20

All the pieces of wealth management (financial planning, taxes, investments, and estate planning) are integrated and should be viewed as one relationship rather than separately. Too often, families view them in silos without coordination. Learn the steps you can take to integrate them and other personal-finance areas that can increase the efficiency and effectiveness of your assets and your plans to achieve the goals you define.

Moderator: Tom Bentley started his career in a national CPA firm preparing taxes and audits for closely held businesses. He's had 25+ years of experience in financial planning and estate management for an independent fee-only wealth manager, Truepoint Wealth Counsel, 513-792-6648.

4401 Read "Hamlet" Aloud—Plus... NEW

Tue, Sep 24-Nov 12, 9:30-10:45 am (ADI) \$5

LIMIT 20

Brooding prince, vengeful ghost, poison plot—what fun! Each class, we'll read the scheduled *Hamlet* scenes (non-readers are welcome), PLUS...we'll learn interesting tidbits about the play (based on an ancient saga) and about Shakespeare's life and times. So that we're "all on the same page," the Folger Shakespeare Library text is recommended. Note that their *Hamlet* paperback comes in two sizes; the larger (8.3 x 5.5) is easier on the eyes. The text is also available on the Folger Library website.

Moderator: Linda Kegg has presented OLLI classes on the Tudors, the Wars of the Roses, Extraordinary Women of the Past, Origami, etc.

4402 Hospice and End of Life Doula NEW

Tue, Sep 24-Oct 29, 9:30-10:45 am (ADI) \$5

LIMIT 20

This course is perfect for those terrified of death, those who are death curious, and even for those who are comfortable with discussions around death. You will be introduced to the doula practice, learn the difference between palliative and hospice care, and discuss how to be a active member of an individual's support team to advocate for compassionate comfort care for the people in your life.

Moderator: Maria Lees-Dunlap is a certified End of Life Doula, Grief Companion, and now works as the Director of Foundation Development and Volunteer Services for Hospice of Southwest Ohio. She has been active in death work for 10 years.

4403 Enlightenment Now: The Case for Reason, Science, Humanism, and Progress UPDATED

Tue, Oct 22-Nov 12, 9:30-10:45 am (ADI) \$5

LIMIT 20

While the world's problems remain formidable, we continue to live longer, healthier, and happier lives. Since the Enlightenment of the 1700s, science, reason, and the rule of law have been the foundations of the search for solutions to those problems. We will use the approach of Steven Pinker's book, *Enlightenment Now*, to focus on 1) the search for a balanced solution to the great energy transition from fossil fuels to renewable sources, and 2) the impact of artificial intelligence on the changing nature of jobs and the future of meaningful work.

Moderators: Dan Nagel, retired CPA and economics fan. Kirtland Hobler, retired general surgeon and science fan.

4500 Wealth Preservation In Volatile Times UPDATED

Tue, Sep 24-Nov 12, 11 am-12:15 pm (ADI) \$5

LIMIT 20

Need help navigating the investment universe in today's volatile times? We will discuss increasing income as well as preserving and protecting our savings and investments. We will also discuss how a challenging economic environment will impact the markets and our investments. We will learn how to distinguish between "good" and "bad" investments and cover estate and retirement account protection strategies.

Moderator: Edward Apfel is a First Vice President and Financial Planning Specialist at Morgan Stanley with 29 years of experience. He received his bachelor's degree from UC.

4501 Deflating Conflicts and Disputes Using Jewish-Buddhist Emptiness-Compassion NEW

Tue, Sep 24-Nov 12, 11 am-12:15 pm (ADI) \$5

LIMIT 20

We will examine present-day 2024 real-world disputes and conflicts in applying Martin Buber's *I and Thou*, Emmanuel

Levinas' *the Other*, *The Heart Sutra*, and the Buddhist Eight Trainings of the Mind to settlement and resolution. You can expect to learn this Jewish-Buddhist model with real-life applications such as personal disputes (divorce, addiction, money matters) as well as how large-scale social, legal, and political conflicts might be settled.

Moderator: Robert Douglas has studied and unevenly practiced Buddhist and Jewish theology since 1972. A Colgate Univ. undergraduate, he has inconsistently applied these teachings to help settle personal conflicts like divorce and to help resolve professional disputes such as contract law. This conflict resolution model may provide considerations into how divorce, family conflicts, social conflict, political, legal conflicts could be settled.

4502 Dante's Cosmic Journey NEW

Tue, Sep 24-Nov 12, 11 am-12:15 pm (ADI) \$5

LIMIT 20

Dante Alighieri's great 14th-century poem the Divine Comedy takes its benighted protagonist on an epic voyage through the three realms of the Christian afterlife. We've all heard of Dante's *Inferno* and recognize Hell from the evening news. But what about *Purgatorio* where recovering sinners work on their healing or *Paradiso* where the Blessed embody and transmit the love that moves the world? Filled with memorable characters and dramatic encounters, the poem offers timeless insights for people of any belief. We'll read the whole thing in a vivid, contemporary translation.

Moderator: John Tallmadge, retired professor of literature and environment (PhD, Yale, 1977), taught Dante at three universities and two churches; experienced working with undergrads, grad students, and adult learners. (More info at www.johntallmadge.com)

4600 Top 10 Health Benefits of Volunteering for Adults UPDATED

Tue, Sep 24, 12:45-2 pm (ADI) \$0

LIMIT 60

AmeriCorps Retired & Senior Volunteer Program (RSVP) in Cincinnati matches volunteers ages 55+ with nonprofits in their community that either need or rely on volunteers to be able to provide their services. RSVP is the largest volunteer network in the nation for people 55 years and over. Did you know volunteering can actually improve your health and wellbeing? We will discuss the top ten benefits of older adults being involved with community service. We can help find a place to start volunteering as well for those interested.

Moderator: Gretchen Eagle, RSVP Manager is passionate about connecting amazing volunteers with the organizations that depend on them to provide necessary services for the benefit of our community.

4601 Upholding Your Loved One's Choices for End-of-Life Medical Care **NEW**

Tue, Oct 1, 12:45-2 pm (ADI) \$0

LIMIT 60

This topic isn't often discussed and most of us rarely imagine BEING in this situation. However, medical care's constant push to extend life at all costs means upholding a loved one's end-of-life choices is falling more and more to their spouse, adult children, or siblings (in other words—YOU!) to guarantee that their choices are carried out. Former Cincinnati *Enquirer* reporter and award-winning author Llee Sivitz will share her experience of being in this situation with two of her loved ones. What she learned will surprise and empower you.

Moderator: Llee Sivitz

4602 Five Ways to Hook Readers **NEW**

Tue, Oct 8, 12:45-2 pm (ADI) \$0

LIMIT 60

Robbi Sommers Bryant is an award-winning writer, editor, and speaker. She teaches a clear and engaging class on how to grab a reader and keep their interest. After discussing the five points, Robbi will lead a few in-class exercises and then a question-and-answer period. This class has something to offer to both beginning and advanced writers. Bryant is author of seven novels, five short-story collections, and one book of poetry. Her work has been published in magazines such as *Redbook* and *Reader's Digest* and many anthologies.

Moderator: Robbi Sommers Bryant

4603 Our Founding Gardeners: The Men Who Set Us on an Agricultural Path **NEW**

Tue, Oct 15, 12:45-2 pm (ADI) \$0

LIMIT 60

Many of our early patriots were farmers and land owners. Some were interested in ecology, crop rotation, and land management. What can we learn from them today? Deb Price will share tidbits of this gardening and agricultural history. Deb is a Master Gardener and retired educator who is interested in all kinds of history.

Moderator: Deb Price

4604 Fermi Paradox and the Search for Extraterrestrial Intelligence (SETI) **NEW**

Tue, Oct 22, 12:45-2 pm (ADI) \$0

LIMIT 60

We will explore the Fermi Paradox (where are all the aliens?) and the ongoing efforts to search for extraterrestrial intelligence (SETI). We will delve into the historical context, theoretical underpinnings, potential resolutions of the paradox, and current methodologies used in the search for alien civilizations.

Leading our "search" is Jim Rauf, retired mechanical principal engineer from GE Aerospace.

Moderator: Jim Rauf

4605 Unpacking Israel, Palestine, and Antisemitism **NEW**

Tue, Oct 29, 12:45-2 pm (ADI) \$0

LIMIT 60

This interactive, dialogue-driven workshop will allow you to process and be curious about what's unfolding in the Middle East region, specifically the intersections of relationship and regional conflict between Israel and her Arab neighbors. Facilitated by Justin Kirschner, Regional Director of the American Jewish Committee (AJC) Cincinnati office, this workshop is designed to equip you with a framework for navigating these challenging discussions. You will develop the skills to foster collective empathy, understand the nuances of regional conflicts, and grasp the impact of antisemitism when discussing Israel and Palestine.

Moderator: Justin Kirschner

4606 Andrew Jackson: Flawed but Important U.S. President **NEW**

Tue, Nov 5, 12:45-2 pm (ADI) \$0

LIMIT 60

Andrew Jackson was a flawed but important U.S. President. We'll cover his background, rise to political power, Indian wars, controversial first presidential race, and issues with the Electoral College before moving on to his election as President, effect on the federal banking system, and legacy for American history—including the good, bad, and ugly. Presenter Jim Jacobson is a retired attorney who loves OLLI, history, and travel. He originally made this presentation for OLLI at Univ. of Dayton as part of a program on all the U.S. Presidents.

Moderator: Jim Jacobson

4607 Ulysses S. Grant—Forged in War, Indispensable in Peace **NEW**

Tue, Nov 12, 12:45-2 pm (ADI) \$0

LIMIT 60

The attributes Grant learned as a general were critical in preparing him for the presidency. From leadership to dealing with adversaries, civil rights, and politics, and finally building a team he could trust, his path on the battlefield provided experience he needed to lead this country through Reconstruction in the turbulent aftermath of the Civil War. Chris Burns is a Civil War historian who has conducted research regarding Grant, Lincoln, and the Siege of Cincinnati. Formerly adjunct history faculty-member at NKU, he has a passion for bringing history to life.

Moderator: Chris Burns

4700 Wondrous Art of Remedios Varo, Part 1 NEW

Tue, Oct 1-Nov 12, 2:15-3:30 pm (ADI) \$5

LIMIT 20

What words describe the art of Spanish artist Remedios Varo? Dream-like, surprising, haunting, humorous, symbolic, mechanical, precise. Having Surrealist roots, Varo's artwork is known to exhibit "psychomagic acts." Varo's exile from Franco's Spain and eventual resettlement in Mexico are only part of her dramatic life story. In this class, we will learn about Varo's biography, study her artwork, and experiment with deep engagement of a painting—then journaling about what it evokes in us. Participants can share their impressions as desired. Lively discussions are expected!

Moderator: Mary Marx is captivated by Remedios Varo. She has taught myth and folktale English classes at Chatfield College. She holds master's degrees from UC and Pacifica Graduate Institute. "Worker" on Cincinnati and Columbus Jung associations. Past moderator of 1,001 Looks at Snow White, Myth and Symbols in Mary Renault's *The King Must Die*, and Seamus Heaney's *Sweeney Astray* (with R. Shanklin).

4701 Getting Older Ain't for Sissies UPDATED

Tue, Sep 24-Nov 12, 2:15-3:30 pm (ADI) \$5

LIMIT 20

Delivered with humor by a registered nurse, this program will reveal new and improved information about the changes that occur as we get older—physical, emotional, nutritional, advance care planning, caregiver information, etc. Prepare to be informed and amused.

Moderator: Terri Gaitskill, a master's prepared RN with 50+ years of experience. She recently published a book of the same name as this course.

4702 Ten Commandments of Happiness NEW

Tue, Sep 24-Oct 1, 2:15-3:30 pm (ADI) \$0

LIMIT 20

After reading many books on happiness, Kris Banwari crystallized happiness wisdom as ten new commandments. He will explain and illustrate each and share some ideas on how you can benefit from following them. Each commandment packs a story, a chuckle, and a nugget of wisdom. Example commandments: Negative events and unhappiness are not Siamese twins. Joy is the love of what is; sorrow is the love for what is not. We'll review the commandments in week one and come back the next week for discussion, reflection, and questions.

Moderator: Dr. Kris (Ban "Kris" Mittal) has a PhD in Social Sciences from Univ. of Pittsburgh and more than two decades of research at the intersection of materialism, markets, identities, and happiness. Currently a professor at NKU, he has authored two books: *Consumer Psychology* (2020) and *Faces of Happy* (2020). <https://BanMittal.com>.

4703 From Anxiety to Optimism: The Art of Rewiring Our Minds NEW

Tue, Oct 15-22, 2:15-3:30 pm (ADI) \$0

LIMIT 20

Anxiety is not a stigma. It is worrying about some future event and a natural function of our minds. We will share ideas on how we can rewire our minds to tame anxieties. A few stories of adversity and ways of "recoding them in our minds" will help you begin your journey from pessimism to optimism, or from optimism to more optimism—the basic fuel for wellbeing. We'll review the tools in week one and come back the next week for discussion, reflection, and questions.

Moderator: Dr. Kris (Ban "Kris" Mittal) has a PhD in Social Sciences from Univ. of Pittsburgh and more than two decades of research at the intersection of materialism, markets, identities, and happiness. Currently a professor at NKU, he has authored two books: *Consumer Psychology* (2020) and *50 Faces of Happy* (2020). <https://BanMittal.com>.

4704 Curating Joy in Everyday Life with Mindfulness NEW

Tue, Nov 5-12, 2:15-3:30 pm (ADI) \$0

LIMIT 20

Mindfulness has been touted as the new cure for boredom, sadness, and everyday life being bereft of joy. Ready to jump into living mindfully? Not so fast. We multitask for efficiency. You will learn when to multitask and when to be mindful plus a four-step guide, illustrated for food consumption, doing dishes, and attending a boring meeting. You will learn how this practice will make mundane tasks engaging and enriching. We'll review the practice in week one and come back the following week for discussion, reflection, and questions.

Moderator: Dr. Kris (Ban "Kris" Mittal) has a PhD in Social Sciences from Univ. of Pittsburgh and more than two decades of research at the intersection of materialism, markets, identities, and happiness. Currently a professor at NKU, he has authored two books: *Consumer Psychology* (2020) and *50 Faces of Happy* (2020). <https://BanMittal.com>.

8000 Bridge 101: An Introduction to Bridge UPDATED

Tue, Sep 24-Dec 17, 2:45-5 pm (Evendale) \$5

LIMIT 24

Newcomers to bridge will begin a two-course journey to learn this great card game from the beginning (Bridge 102 in Winter term). No prior bridge experience necessary, but you should have a serious interest in spending some time to learn how to play the game with a commitment to attend all or most classes. Textbook (provided): *ACBL Bridge in the 21st Century Series*. NOTE: Some classes may be conducted virtually. Location: Cincinnati Bridge Center. 2860 Cooper Rd, #1, 45241.

Moderator: Larry Newman: Gold Life Master, Best Practices accredited teacher of the American Contract Bridge League (ACBL), member of the Cincinnati Bridge Association education committee and the American Bridge Teachers Association.

8001 Around the World in Eight Movies NEW

Wed, Sep 25-Nov 13, 1-4 pm (West Chester) \$5
LIMIT 50

Pack your suitcase and grab your passport for a virtual movie trip around the world. During our three-hour class, we'll view an entire movie followed by discussion while visiting Australia, New Zealand, Kenya, France, India, Columbia, Laos, etc. Films include *Romancing the Stone*, *The Constant Gardener*, *Best Exotic Marigold Hotel*, *Quigley Down Under*, *Air America*, *Chocolat*, *Whale Rider*, and *History of the World, Part One*. Actors include Kathleen Turner, Tom Selleck, Mel Gibson, Judi Dench, Juliette Binoche, Mel Brooks, and Keisha Castle-Hughes. Location: Chesterwood Village, 8073 Tylersville Rd, 45069.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

8002 Treasures of the Cincinnati Art Museum NEW

Wed, Sep 25-Nov 13, 1:30-2:30 pm (Eden Park) \$5
LIMIT 12

Week 1: Cincinnati art—by Cincinnatians, for and about Cincinnati; Week 2: religion in art; Week 3: Egyptian/Greek/Roman/Middle Eastern art; Week 4: French and Italian art; Week 5: Spanish and Dutch art; Week 6: American art; Week 7: Impressionism to Modern; Week 8: Modern to Contemporary. Free admission and parking. Portable, light-weight chairs available (no backs). Museum membership is not required. Location: Cincinnati Art Museum, 953 Eden Park Dr, 45202.

Moderator: Bob Zierolf is a docent at the Cincinnati Art Museum. He has toured and led tours in major European museums.

8003 Samuel, Saul, and David: Their Lives, Their Loves, Their Legacy. Part 3 NEW

Thu, Sep 26-Nov 21, 11 am-12:15 pm (Blue Ash) \$5
LIMIT 60

We will learn about the often heroic yet deeply flawed lives of Samuel, Saul, and David through a close reading of the biblical books of Samuel. Part 3: Young David Ascends. The material in this class is self-contained and therefore it is not necessary to have taken earlier parts. Text: *Tanakh, The Holy Scriptures* (Jewish Publication Society). Location: Temple Sholom, 10828 Kenwood Rd, 45242.

Moderator: Gerry Walter is Rabbi Emeritus of Temple Sholom and also the recently retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at HUC-JIR, NKU, Virginia Tech, and Roanoke College.

8004 All about Singers: From Opera to Pop NEW

Thu, Sep 26-Nov 21, 5 pm (Email) \$0
UNLIMITED

From Caruso to Tony Bennett, and from Judy Collins to Beverly Sills, moderator Rafael de Acha takes you on a lively journey that surveys through words, pictures, and sound the great singing stars of the pop and opera worlds of the 20th and 21st centuries. Each week you will receive an email with information, images, and links. Your questions and comments will be delivered and answered via email. NOTE: This class does not ever meet—in person or virtually.

Moderator: Rafael de Acha's journey has taken him to thousands of performances of arts events as both participant and spectator throughout his 50-year career in the arts as performer, director, producer, and writer.

8005 Let's Do Lunch: Diner's Favorites UPDATED

Fri, Sep 27-Nov 15, 1-2:30 pm (Various) \$5
LIMIT 15

With Let's Do Lunch, we have enjoyed 70+ different restaurants across the Tristate. This time we will visit eight places past attendees said were the best. Please remember that we make reservations and need a commitment for attending. And note that restaurants may be located in any part of the Greater Cincinnati region and may not be close to your home. If you sign up, we expect that you will attend all or most of the lunches, no matter the location!

Moderators: Deb Price and Caryl Miller have been amateur restaurant critics for OLLI for over six years.

9000 Pub Night at Miamiville Trailyard UPDATED

Tue, Oct 1, 7-8:30 pm (Miamiville) \$0
LIMIT 35

Join with old and new OLLI friends upstairs at the Miamiville Trailyard (no elevator!) to raise a glass and enjoy the company of fellow lifelong learners. Drinks and food on your own—but the camaraderie is free! Location: Miamiville Trailyard, 368 Center St, 45140.

9001 Joseph Clark Gallery: Arts of Africa Tour UPDATED

Wed, Oct 2, 1-3 pm (Northside) \$0
LIMIT 30

Take this opportunity to immerse yourself in the traditional tribal art and artifacts from sub-Saharan West Africa as well as to learn more about the cultures, history, and purpose behind their creation. Artworks of local artists and artisans are also highlighted throughout the gallery. NOTE: Restroom is up a flight of stairs. Location: Joseph Clark Gallery, 4038 Hamilton Ave, 45223.

9002 Tour of Cincinnati's Roebling Suspension Bridge NEW

Tue, Oct 8, 10:30 am-12 pm (Covington) \$0

LIMIT 20

Take a historical tour of this magnificent and beautiful bridge. Your guide from the Covington Cincinnati Suspension Bridge Committee will describe architectural aspects of the bridge as well as the history of John Roebling and the significance of the bridge to this region. We will traverse the 1,500 feet span and back, so dress for the weather and wear appropriate footwear for walking. Meet in Covington at the southeast corner of the bridge. Parking is available nearby and along the Covington riverfront at Riverfront Commons.

9003 Crayons to Computers: Tour and Lunch UPDATED

Thu, Oct 17, 11 am-2:30 pm (Bond Hill) \$15

LIMIT 22

Founded in 1997, Crayons to Computers has worked to level the playing field in the classroom by ensuring that teachers can provide their students in need with the tools to succeed in school by providing free school supplies that have been donated or purchased at reduced or wholesale prices. Get a behind-the-scenes look inside the premier free store for teachers in the Tristate. We will visit the warehouse, work on a learning project for students, and enjoy lunch together. Location: Crayons to Computers, 1350 Tennessee Ave, 45229.

9004 Cincinnati Art Museum Tour: "Discovering Ansel Adams" NEW

Fri, Oct 25, 1:30-2:30 pm (Eden Park) \$0+fee

LIMIT 40

Take a docent guided tour of the special exhibition *Discovering Ansel Adams*. It's an unprecedented exploration of the early career of Ansel Adams (1902–1984), demonstrating how, between 1916 and the 1940s, Adams developed from a 14-year-old tourist with a camera into America's most celebrated photographer. Featured works range from small, one-of-a-kind photographs from Adams's teenage years to jaw-dropping mural-sized prints of his most iconic mature views. Exhibition organized by the Center for Creative Photography. CAM members free; adults \$12 in person/\$10 online; seniors \$8 in person/\$6 online. Location: Cincinnati Art Museum, 953 Eden Park Dr, 45202.

9005 Cincinnati Type and Print Museum Tour NEW

Wed, Oct 30, 11 am-12:30 pm (Price Hill) \$5

LIMIT 20

Visit this working museum dedicated to the craft and history of printing. The equipment you will see is fully functional and still being used on a regular basis. You will get a hands-on look at the history of printing in the Greater Cincinnati area and have the chance to put ink on paper yourself! Location: Cincinnati Print & Type Museum, 2307 W 8th St, 45204.

9006 Saturday Movie Matinee and Social UPDATED

Sat, Nov 9, 1-5 pm (Mariemont) \$0

LIMIT 25

We will meet at the Mariemont Theatre for an afternoon showing before repairing to nearby 50 West Brewing Company at 7605 Wooster Pike for conversation, beverages (adult or otherwise), and snacks. Registrants will receive information about movie choices and times a few days in advance. No charge to participate, but you'll pay for your own movie tickets and refreshments. Location: Mariemont Theatre, 6906 Wooster Pike, 45227.