

OLLI WINTER 2025 COURSE CATALOG

IMPORTANT DATES

Fall Term: January 27–March 21, 2025

Check individual course listings for specific meeting dates.

Registration Opens: January 3, 10 am

CLASS INFORMATION

Both in-person and online classes are offered. No tests! No grades! No pressure! Class format and location are indicated in the course descriptions.

Download free [Zoom Client for Meetings](#) for the best online class experience. Online classes are offered in real time, are interactive, and are **NOT** recorded.

Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course description.

OLLI MEMBERSHIP

OLLI programs are designed for adults aged 50 and better. The only prerequisite is a desire to learn.

PRICING & REFUNDS

Winter Term Membership: \$90

- Most multiweek classes: \$5 with membership
- Most one-time programs: \$0 with membership
- Fieldtrips: \$0–\$12 with membership

Refunds after the term begins at director's discretion.

Moderators of multiweek Winter courses and UC Foundation Tower of Strength donors receive complimentary membership. Please notify the office before trying to register if you are eligible for a free membership: 513-556-9186.

FINANCIAL ASSISTANCE

Financial assistance is available to all who need it, thanks to MassMutual Ascend and Friends of OLLI. Send a short statement of need to olli@uc.edu to request a scholarship or call 513-556-9186 for information.

REGISTRATION

Registration opens Friday, January 3, 10 am.

You may [register online](#) (strongly recommended) or by mail by printing and mailing the completed [registration form](#) with a check for \$90 plus any class fees.

No phone registration until January 6!

WAIT LISTS

If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will be notified by phone or email and will have a limited amount of time to respond before the place is offered to the next person on the list. You are not charged for wait-list classes unless you are enrolled.

TEACHING FOR OLLI

If you would like to share your expertise with the OLLI community, please consider volunteering to moderate a class. Visit the [OLLI website](#) or call 513-556-9186.

DISCLAIMER

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

LOCATIONS & PARKING

UC Victory Parkway Campus (VPC)—2220 Victory Pkwy, 45206. Permits for free parking in the OLLI lot accessed from Cypress St are distributed during the first week of classes and available later in the OLLI office (VPC Admin 207).

Adath Israel (ADI)—3201 E Galbraith Rd, 45236. Free parking in the adjacent lot.

Ohio Living Llanfair (OHLL)—1701 Llanfair Ave, 45224. Free parking in the adjacent lot. Look for OLLI signs.

Other locations as indicated in catalog descriptions.

CONTACT US

EMAIL: olli@uc.edu

PHONE: 513-556-9186

VISIT: 2220 Victory Pkwy, Admin 207, Cincinnati, OH 45206

MAIL: OLLI at UC, PO Box 210093, Cincinnati, OH 45221-0093

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
OTHER	Other location indicated in catalog description
VPC	UC Victory Pkwy Campus
ZOOM	Online via Zoom

CLASSES BY CATEGORY

ART & ART HISTORY

- 1305** Art, Architecture, Public Spaces, and Museums in France, Part 2 (VPC-Mon)
9011 Cincinnati Art Museum Tour: Shahzia Sikander: Collective Behavior (Other-Fri)
9010 Joseph Clark Gallery: Arts of Africa Tour (Other-Wed)
9007 Tour Manifest Drawing Center (Other-Mon)
8008 Treasures of the Cincinnati Art Museum (Other-Wed)

ART & CRAFT HANDS ON

- 5100** Art for the Fun of It (ADI-Thu)
4505 Beaded Jewelry-Making Basics (ADI-Tue)
1012 Found Objects and Your Imagination (VPC-Mon)
2109 Making Memories with a Travel Journal (VPC-Wed)
4900 Origami (Paper-Folding) (ADI-Thu)
2114 Papercrafting: Spring/Summer Themes (VPC-Wed)

COMPUTERS & TECHNOLOGY

- 5101** Artificial Intelligence for Seniors (ADI-Thu)
4610 Introducing Amazing Aspects of Artificial Intelligence (ADI-Tue)
2607 iPhone Basics (VPC-Thu)
9013 Not-So-Genius Bar for Apple iPhone Users (Other-Wed)

CURRENT EVENTS, LAW & POLITICS

- 3018** A Specialized Journey: The Fight For Sobriety through the Hamilton County Drug Treatment and Recovery Court (VPC-Fri)
1922/1923 Backed Up: On Sewer Infrastructure, Local Journalism, and Podcasting (VPC/Zoom-Wed)
1221/1222 Century of Charter Government in Cincinnati, 1924-2024 (VPC/Zoom-Mon)
2309 Finding Solutions to America's Problems (VPC-Thu)
1408 Fools Rush In: The Great Powers and the Modern Middle East (VPC-Tue)
4801 Globalization in Retreat (ADI-Thu)

2811 Overview of the U.S. Immigration System (OHLL-Fri)

2808 Post-2024 Election Analysis (OHLL-Fri)

2529/ 2530/5007 Rethink Plastics: The Impacts of Plastics on Planet Earth (VPC/Zoom/ADI-Thu)

4609 Separation of Church and State: Vital in 1787, Critical Today (ADI-Tue)

1916/1917 Social, Political, and Economic Aspects in Explaining Contemporary Russian Politics (VPC/Zoom-Wed)

4611 Unpacking Israel, Palestine, and Antisemitism (ADI-Tue)

FINANCE & RETIREMENT

- 4901** Enough \$\$\$ to Enjoy the Rest of Your Life: Retirement Income Solutions (ADI-Thu)
2112 How the Aging Network Can Help You (ZOOM-Wed)

GARDENING

4800 Gardening: Ask the Experts (ADI-Thu)

HEALTH & WELLNESS

- 2516** Build Better Balance NOW! Balance Can Improve at Any Age: Let's Start Now! (ZOOM-Thu)
2209 Debunking Myths about Dietary Supplements (VPC-Wed)
1708 Food for Life Cancer Project: Decreasing Cancer Risk with Food (VPC-Tue)
2409 General Medical Information to Help in Medical Decision Making, Part 2 (VPC-Thu)
2810 Healthcare Combo: Navigating Healthcare and Cardiovascular Genetic Testing (OHLL-Fri)
2521/2522/5003 How to Eat Local: Exploring Locally Grown and Produced Food (VPC/Zoom/ADI-Thu)
1924/1925 Introduction to Medical Cannabis (VPC/Zoom-Wed)
2111 Layperson's Guide to Understanding and Responding to Mental Illness (VPC-Wed)
1109 Move into Ease (VPC-Mon)

2210 Understanding the Need to Collect Healthcare Data (ZOOM-Wed)

2308 Wellness and Nutrition Practice for Sound Health (VPC-Thu)

1229/1230 Wellness in Cancer: A Scientific Approach (VPC/Zoom-Mon)

HISTORY & SOCIAL SCIENCES

- 2815** Amusement Parks of Southwest Ohio (OHLL-Fri)
2517/2518/5001 Cincinnati Black History (VPC/Zoom/ADI-Thu)
1412 Cincinnati People, Places, and Things, from Beer to the Zoo! (VPC-Tue)
2525/2526/5005 Cincinnati's Early Black Philanthropists (VPC/Zoom/ADI-Thu)
2310/2311 Game Changers: Historic Impacts of Decisions, Events, and Writings (VPC/Zoom-Thu)
1510 Great American Transformation: The Gilded Age (VPC-Tue)
2813 Great Council State Park: The Story of the Shawnee and Old Chillicothe (OHLL-Fri)
2108 Highlights of English History from Julius Caesar to Queen Victoria (VPC-Wed)
1918/1919 History of Cincinnati Colleges (VPC/Zoom-Wed)
1007 How Cincinnati Changed the World (VPC-Mon)
5102 How Cincinnati Grew—Neighborhood by Neighborhood (ADI-Thu)
1223/1224 How Electricity Revolutionized Our Homes and Changed Our Lives (VPC/Zoom-Mon)
1227/1228 John A. Roebling and His Suspension Bridge on the Ohio River (VPC/Zoom-Mon)
1231/1232 John J. Emery, Part 2: Imprint on Cincinnati (VPC/Zoom-Mon)
4503 Libraries of the World (ADI-Tue)
1306 Life in Ancient Greece and Rome (VPC-Mon)
1920/1921 Memories of Wooden Shoe Hollow (VPC/Zoom-Wed)
2519/ 2520/5002 Notable Italian Americans in Cincinnati (VPC/Zoom/ADI-Thu)

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History & Social Sciences, cont.

- 2531/2532/5008** Opium Wars (VPC/Zoom/ADI-Thu)
4504 Secret Societies from the Knights Templar to the Mafia (ADI-Tue)
2814 Technology and American Development from Colonial Times to the Modern Era (OHLL-Fri)
4612 Timeless Humor of Abraham Lincoln (ADI-Tue)
1613 Tracing Homo Sapiens through Europe into the Americas (Zoom-Tue)
1411 World War II and Its Causes (VPC-Tue)

HOBBIES, SPORTS & OTHER

- 1511** Backgammon for ABSOLUTE BEGINNERS: Terminology, Rules, and Strategy (VPC-Tue)
8006 Bridge 102: For Those Who Know Some of the Basics (Other-Tue)
2702 Ducks, Ducks, Ducks: Winter Waterfowl Migration (VPC/Other-Fri/Sat)
3021 Euchre: Learn to Play or Brush Up Your Skills (VPC-Fri)
3022 Euchre Tournament (VPC-Fri)
1009 Fascinating Topics (Not Politics!) All Can Talk About (VPC-Mon)
9008 Tour Maverick Chocolate Company (Other-Thu)

LANGUAGES

- 2903** Introduction to American Sign Language through Song (VPC-Fri)
4405 Introductory Spanish (ADI-Tue)
1000 Italian for Beginners (Zoom-Mon)

LITERATURE & DRAMA

- 1410** A Reader Lives a Thousand Lives (VPC-Tue)
2113 Beyond Oedipus and Antigone: Exploring Greek Drama (Zoom-Wed)
4506 Dante's Cosmic Journey, Part 2—Purgatorio (ADI-Tue)
1707 Exploring a Lost Culture: The Stories of Isaac Bashevis Singer (Zoom-Tue)
4406 Henry Winkler: From Dyslexia to Stardom (ADI-Tue)
5103 Hey, How Did People in Poems Cope with Life Challenges? (ADI-Thu)

- 2902** I (Heart) Paris—A Literary Journey (VPC-Fri)
1512 More Murder and Mayhem (Zoom-Tue)
4404 Read "Hamlet" Aloud—Plus: Shakespeare, His Times, and Much More (ADI-Tue)
2410 Shakespeare for the Fun of It: "Much Ado about Nothing" and "Twelfth Night" (VPC-Thu)
3015 The History and the Literature: "The Librarian of Burned Books" (VPC-Fri)
1114 What Defines a "Classic" in Literature and Who Decides? (Zoom-Mon)

MUSIC

- 8010** Birth and Development of Western Music (Email-Thu)
1508 Exploring Opera (VPC-Tue)
1010/1011 Folk Music: From Post-WWII to Today (VPC/Zoom-Mon)
2411/2412 For the Love of Music (VPC/Zoom-Thu)
3017 Golden Age of Cincinnati Top-40 Radio (VPC-Fri)
2307 Great American Composers (VPC-Thu)
4708 Horror Operas: Magic and Menace through Music (ADI-Tue)
1610 Singing from the Sacred Harp (VPC-Tue)
5000 Sing Karaoke (ADI-Thu)
1112 Sing Together for Fun! (VPC-Mon)

PHILOSOPHY & RELIGION

- 1111** Jesus the Jew (before Christianity) (VPC-Mon)
8009 Samuel, Saul and David: Their Lives, Their Loves, Their Legacy, Part 4 (Other-Thu)
4706 The Ten Commandments: Origins, Misunderstandings, and Interpretations (ADI-Tue)
5009 Tour Adath Israel (ADI-Thu)
1008 What Makes Modern Philosophy Modern? (VPC-Mon)

PHOTOGRAPHY

- 4614** "Big Rocks": Quick Photo Management Tips (ADI-Tue)
2408 Fundamentals of Photography (VPC-Thu)
2904 Photography: Shooting, Developing, Prints, and Books (VPC-Fri)
1113 Photography Workshop: Intermediate to Advanced (VPC-Mon)
1413 POP! Photo Organizing Project (ZOOM-Tue)

SCIENCE, MATH & PSYCHOLOGY

- 2809** Animal Audiology: A New Day in the Field (OHLL-Fri)
1225/1226 Birds of Prey (VPC/Zoom-Mon)
2606 Genetics as It Applies to You (Zoom-Thu)
4902 How Do Physical Scientists Know What They Know? (ADI-Thu)
4613 Miracle on the Hudson Revisited (ADI-Tue)
1609 Volcanic Eruptions and What They Produce (VPC-Tue)

SELF-EXPLORATION

- 2413** An Educated Person: What Does It Take to BE One? (Zoom-Thu)
1611 Dressing for the Best Half of Your Life (VPC-Tue)
1307 Embracing Personal Power: An Archetypal Perspective, Part 1 (VPC-Mon)
1110 Embracing Personal Power: An Archetypal Perspective, Part 2 (VPC-Mon)
4615 Graciously Seasoned: The Power of Permission (ADI-Tue)
2605 Integrated Creativity: Art, Design, Music, Science, and Writing (VPC-Thu)
1308 Managing Stress in Stressful Times (VPC-Mon)
2110 Pathways to Connection (VPC-Wed)
3019 Radical Endurance: Growing Old in an Age of Longevity (Zoom-Fri)
1409 Taking the Next Step in Your Meditation Practice (VPC-Tue)
2527/2528/5006 Top 10 Health Benefits of Volunteering for Adults (VPC/Zoom/ADI-Thu)
3020 Your Perfect Fit: Styling Tips for Every Body Shape (VPC-Fri)

SOCIAL

- 9012** Dinner and a Show in Mariemont (Other-Thu)
8011 Let's Do Lunch (Other-Fri)
1309 Midterm Mixer (VPC-Mon)
9009 Pub Night at Miamiville Trailyard (Other-Tue)

STAGE & SCREEN

- 1926/1927** All about CCM Today (VPC/Zoom-Wed)
1219/1220 Bollywood (VPC/Zoom-Mon)
1233/1234 Creating a Film Festival: A Year in the Life of Cindepedent (VPC/Zoom-Mon)
1115 Finally Finishing with the Golden Age of Broadway (ZOOM-Mon)
8007 Fording Harrison's Films (Other-Wed)
4705 Hooray for More Hollywood Musicals (ADI-Tue)

- 1928/ 1929** Lights, Camera, Music! Exploring the Power of Music in Cinema (VPC/Zoom-Wed)
2208 Stream the Dream: Movies (Zoom-Wed)
1706 Stream the Dream: TV (ZOOM-Tue)
1930/1931 What Is This Thing Called Film Noir? (VPC/Zoom-Wed)

TRAVEL

- 2523/2524/5004** Best of the Canadian Rockies by Rail: Western Canada's Splendor (VPC/Zoom/ADI-Thu)
2812 Discover Northern Kentucky (OHLL-Fri)
4608 Independent Travel (ADI-Tue)
1705 Normandy—Let's Go! (VPC-Tue)

WRITING

- 1509** Advanced Poetry Writing (VPC-Tue)
1612 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories (Zoom-Tue)
1704 Memoir Wisdom: Stories Worth Sharing (VPC-Tue)
4802 Poetry Writing Workshop—The Basics (ADI-Thu)
4407 Remember, Reflect, Write Your Life Memories (ADI-Tue)
3016 So, You Want to Be a Writer? (Zoom-Fri)

CLASS LOCATION ABBREVIATIONS

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COMPLETE CLASS DESCRIPTIONS BY CLASS NUMBER

1000 Italian for Beginners **UPDATED**

Mon, Jan 27-Mar 3, 9-10:30 am (ZOOM) \$5

LIMIT 15

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar, and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation plus special expressions for travelers. We'll include tips on traveling, sightseeing, and enjoying Italian culture. Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio Iemmola has been teaching Italian at UC and NKU for many, many years. He enjoys sharing his language and love of his native country.

1007 How Cincinnati Changed the World

Mon, Jan 27-Mar 17, 9:30-10:45 am (VPC) \$5

LIMIT 25

Many residents of our region are unaware of the worldwide impact of past and present Cincinnatians. Join our exploration and discussion of how Cincinnatians influenced the world in areas such as media, medicine, education, consumer products, politics, and more!

Moderator: Robert Eveslage is Professor Emeritus and retired biology department chair at Cincinnati State. He developed his interest and knowledge in Cincinnati history by being a docent for Spring Grove Cemetery and the Over-the-Rhine Brewery District. He also is a re-enactor of various figures from Cincinnati's past.

1008 What Makes Modern Philosophy Modern? **UPDATED**

Mon, Jan 27-Mar 17, 9:30-10:45 am (VPC) \$5

LIMIT 25

The 17th-century mathematician René Descartes wrote two books: a very short one called *Discourse on the Method* and a somewhat longer one called *Meditations on First Philosophy*. And everything changed. Whether accepted or rejected, his ideas have shaped the Western mind ever since. We will read and discuss these two works as we try to form our own opinions about his insights. What made his thought so revolutionary? Is it still valid? The reading assignments will not be long; the discussions might be.

Moderator: Michael Marchal has an AB in English and History from Xavier and a PhD (cand.) from Fordham. He taught high school English for 44 years as well as philosophy as an adjunct in various colleges. He has written numerous articles as well and is still frustrated that COVID disrupted his travel plans.

1009 Fascinating Topics (Not Politics!) All Can Talk About **UPDATED**

Mon, Jan 27-Mar 17, 9:30-10:45 am (VPC) \$5

LIMIT 32

Please join us for a lively conversation based on a suggested reading, podcast, TED Talk, or book chapter. The sources promise to provide discussion topics that are interesting, atypical, and sure to promote connection and conversation. This "homework" should take no longer than about one hour per week; however, the new knowledge might last a lifetime.

Moderator: Suesann Sepela worked for Miami Univ. for 20+ years where she designed, implemented, and assessed programs supporting students from less-privileged backgrounds. At MU, she led book clubs, discussion groups, and lectures. After leaving MU, she became COO at YWCA Hamilton. Her love of reading, running, and having good conversations guides all she does.

1010 (VPC) / 1011 (ZOOM) Folk Music: From Post-WWII to Today **UPDATED**

Mon, Jan 27-Feb 24, 9:30-10:45 am, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

We will examine (mostly) American folk music, concentrating on the post-war folk revival in Greenwich Village as well as the inclusion of drums and electric instruments in the mid 1960s. Then, we will listen to the artists who (mostly) returned to acoustic accompaniment at the end of the 20th century.

Moderator: Bruce Bowdon taught music in middle school for 43 years. He fantasized about being a famous folk singer, only to be held back by the fact he couldn't play a portable instrument and couldn't sing.

1012 Found Objects and Your Imagination **UPDATED**

Mon, Jan 27-Feb 24, 9:30-10:59 am (VPC) \$5

LIMIT 8

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artwork using paper collage, "gems," fabric, ribbon, natural materials, and other items affixed to canvas. No special art skills are needed! Basic supplies are provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests. This small class encourages your attendance and active participation—and is an excellent opportunity to craft a special gift for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, NKU, and Art Academy. Her mixed-media, enamel, and porcelain artworks (the latter inspired by sea coral formations) have been displayed at many Cincinnati-area art galleries and exhibitions.

CLASS LOCATION ABBREVIATIONS

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OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

1109 Move into Ease UPDATED

Mon, Jan 27-Mar 17, 11 am-12 pm (VPC) \$5
 LIMIT 22

A touch of yoga, energizing movement, a bit of relaxation, soulful stretching, all pumping life into each cell. This one-hour class oils your joints and bones and builds valuable communication between your mind and body. Balance, strength, and movement awareness bring helpful attention to challenges of aging. Wear comfortable clothing and bring a towel or mat. Expect to depart each class feeling rejuvenated. You've given yourself a massage.

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

1110 Embracing Personal Power: An Archetypal Perspective, Part 2 NEW

Mon, Jan 27-Mar 17, 11 am-12:15 pm (VPC) \$5
 LIMIT 15

Building on understanding and insights from Part 1, we will continue to explore the nature of archetypes within our lives. Using the book *Sacred Contracts* by Caroline Myss, we will review the Universal Archetypes and experiences common to everyone. Starting with Chapter 5, the course will delve deeper into identifying and working with archetypes unique to each person. Interactive course will include discussion of parts of *Sacred Contracts*, presentations, videos, class discussion, and some reflective writing and sharing. Participating in Part 1 is requested but not required.

Moderator: Melissa Doerr is a retired educator who has spent 30 years interacting with the personal archetypes in her life. In this journey, she found and embraced her personal contract with the Universe and found a blueprint to follow in moving toward more empowering choices and relationships.

1111 Jesus the Jew (before Christianity) UPDATED

Mon, Jan 27-Feb 17, 11 am-12:15 pm (VPC) \$5
 LIMIT 50

Although obvious to those who knew him during his lifetime, the fact that Jesus was born, lived, and died a Jew can be somewhat disconcerting to Christians who regard him as the founder of their own religion. Jesus never renounced the religion of his birth. The Jew Yeshua ("Jesus" in Greek) can be distinguished (at least historically) from the Jesus of later creeds and doctrines. In these four classes, we will explore how the Jewish Jesus is key to understanding some teachings and rituals of Christianity.

Moderator: Don Maloney taught psychology, philosophy, and religion for Univ. of Maryland at US military bases in Europe and Asia. He has also taught stateside, most recently XU. After receiving his master's from Gonzaga Univ., he did post-graduate study at Boston College and at universities in France and Germany. He was previously an OLLI instructor in Denver.

1112 Sing Together for Fun! UPDATED

Mon, Jan 27-Mar 17, 11 am-12:15 pm (VPC) \$5
 LIMIT 150

We will sing together whatever we want, accompanied by YouTube videos. And we may even do some dancing! Everyone can be involved in picking songs, perhaps including fun 1960s and '70s songs with some show tunes thrown in and beautiful songs from Sara Thomsen, Karen Drucker, Arnaé Batson, and others. No special singing skills needed—just come for the fun of singing with friends.

Moderators: Janice Alvarado's passion is building community, health, and happiness by singing together. She sings with Queen City Balladeers, Women Singing in Sacred Circle, Sing Out Sisters, Threshold Choir, and the MLK Chorale. Dan Schneider loves singing, especially because he did not discover his singing ability until his late 20s. He sings with the MLK Chorale and Fluidity.

1113 Photography Workshop: Intermediate to Advanced UPDATED

Mon, Jan 27-Mar 17, 11 am-12:15 pm (VPC) \$5
 LIMIT 14

Designed to help make you a better photographer, this workshop is for those who have previously completed a photography course, have a working knowledge of their DSLR or mirrorless camera, and want to engage in visual creativity at the next level. The workshop involves taking photographs, presenting photographs, and performing a critique of photographs. Each week, you will share five photos on the assigned challenge topic and receive comments from the moderators and classmates, intended to be constructive and useful as you grow your skills and sophistication. We will all be active participants, because we firmly believe that we can learn from each other!

Moderators: Kieran Daly and Howard Jackson are former UC professors. They bring their collective experience as long-time amateur photographers with increasing sophistication. Kieran also brings his amateur painting experience and Howard his experience as a physicist to bear on photography topics. Both strongly believe that we can not only learn from experts but also from individual members of the class.

1114 What Defines a "Classic" in Literature and Who Decides? NEW

Mon, Jan 27-Mar 17, 11 am-12:15 pm (ZOOM) \$5
 LIMIT 35

We all know some of literature's classics, but what makes them "classic"? Is it that everyone loves them or that professors say so? Who decides? Can you love something but know it's not a classic? Or dislike it but admit that it's great? We'll read *Pride and Prejudice* by Jane Austen, *Wuthering Heights* by Emily Bronte, and *Hamlet* by William Shakespeare as well as some short selections from other "classics" (provided). Throughout, we'll seek to answer: Is this a classic? And WHY? Disagreement is welcome!

Moderator: John Briggs has advanced degrees in the field and has moderated 30+ courses. He believes that these courses are for enjoyment, so that you may remain silent and unviewed or take part in discussions as much as you wish. These are not meant to be lecture courses, and John IS NOT the professor. Numerous people have survived his courses.

1115 Finally Finishing with the Golden Age of Broadway NEW

Mon, Jan 27-Mar 17, 11 am-12:15 pm (ZOOM) \$5
UNLIMITED

We'll conclude our series on the Golden Age of Broadway with shows from the early- to mid-1960s. Through film clips and discussion, we'll explore both classic and lesser-known musicals including *Camelot*, *Milk and Honey*, *Little Me*, *Oliver*, *Fiddler on the Roof*, *Hello, Dolly!*, *Funny Girl*, and *Man of La Mancha*. Featured composers and lyricists are Stephen Sondheim, Jerry Herman, Kander and Ebb, Jule Stein, Richard Rodgers, and Lerner and Loewe.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for many years.

1219 (VPC) / 1220 (ZOOM) Bollywood NEW

Mon, Jan 27, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Learn about Indian culture and history through Bollywood. Bollywood, a portmanteau of "Bombay" and "Hollywood" refers to the film industry based in Mumbai, India. Presenter Rekha Chaudhary, MD, has been a medical oncologist and professor of medicine in the Department of Hematology/ Oncology. She is also an affiliated faculty with the UC Osher Center for Integrative Health and Wellness. She was born and raised in Cambridge, OH, but grew connected with her culture through visits to India and watching Bollywood movies.

Moderator: Rekha Chaudhary

1221 (VPC) / 1222 (ZOOM) Century of Charter Government in Cincinnati, 1924-2024 NEW

Mon, Feb 3, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

A hundred years ago, Cincinnati citizens rose up against political corruption and adopted a new form of city government. This newly amended charter replaced the patronage and spoils system with a professional city manager, competitive bidding, civil service reform, and proportional representation. The Charter Amendments produced balanced representation led by a diverse group of City Council members. This presentation looks back on 100 years of the City's history to explain why reform was necessary and why it's relevant for today. Panelists include Charter Board members Kevin Celarek and Dot Christenson.

Moderators: Kevin Celarek, Dot Christenson

1223 (VPC) / 1224 (ZOOM) How Electricity Revolutionized Our Homes and Changed Our Lives

Mon, Feb 10, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

How did electric appliances end up in our homes? Their appearance resulted from a fascinating convergence of events that occurred at the turn of the 20th century: the domestic servant shortage, the electric service's introduction, and scientific management principles emphasizing housekeeping efficiency. We'll explore these events and how they drove the marketing and adoption of electric appliances. You'll see advertisements and electric appliances from the period from presenter Mary Schramm's collection. She is Professor Emerita of Marketing at Quinnipiac University. Her research includes adoption of innovations.

Moderator: Mary Schramm

1225 (VPC) / 1226 (ZOOM) Birds of Prey NEW

Mon, Feb 17, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Also known as raptors, members of this bird species actively hunt and feed on other vertebrates. In addition to speed and strength, these predators have keen eyesight, strong feet, sharp talons, and powerful curved beaks. Let's learn about these kingpins of the sky: eagles, hawks, falcons, owls, and vultures. Presenter Deb Price is a retired educator and inveterate reader who loves to learn new things and share that information with others.

Moderator: Deb Price

1227 (VPC) / 1228 (ZOOM) John A. Roebling and His Suspension Bridge on the Ohio River NEW

Mon, Feb 24, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Don Heinrich Tolzmann, historian for the Covington-Cincinnati Suspension Bridge Committee, will discuss the life and work of John A. Roebling, the German-American civil engineer (1806-1869). He will focus on the construction of the Suspension Bridge over the Ohio River, including its reconstruction in the 1890s and the bridge's subsequent history.

Moderator: Don Heinrich Tolzmann

1229 (VPC) / 1230 (ZOOM) Wellness in Cancer: A Scientific Approach NEW

Mon, Mar 3, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Dr. Rekha Chaudhary is a medical oncologist who specializes in integrative oncology, with a focus on integrating conventional medicine with lifestyle modification, specifically diet and its effect on tumor growth. Learn about the prevention of cancer through lifestyle choices. She has been a medical oncologist

and professor of medicine in the UC Department of Hematology/Oncology. She is also an affiliated faculty member with the UC Osher Center for Integrative Health and Wellness.

Moderator: Rekha Chaudhary

1231 (VPC) / 1232 (ZOOM) John J. Emery, Part 2:

Imprint on Cincinnati NEW

Mon, Mar 10, 12:45-2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Steve Albert will continue to explore the life, loves, philanthropy, and leadership of John J. Emery to leave you with an understanding of “Jack” Emery’s indelible mark on Cincinnati’s daily life from 1920 to today. Emphasis will be on his contributions (and their context) to Cincinnati’s most important political, artistic, commercial, and architectural institutions. Albert has presented a series of OLLI talks on Cincinnati’s influential philanthropists and art collectors.

Moderator: Steve Albert

1233 (VPC) / 1234 (ZOOM) Creating a Film Festival:

A Year in the Life of Cindependent UPDATED

Mon, Mar 17, 12:45-2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Cindependent board members will unpack what went into putting on the 2024 Cindependent Film Festival, from the early planning stages to fundraising, community outreach, and technical and administrative challenges, through the final execution leading up to and through the festival weekend. Panelists will include Allyson West (founder and executive director) and Jim Crooks (board treasurer).

Moderators: Allyson West, Jim Crooks

1305 Art, Architecture, Public Spaces, and Museums in France, Part 2 NEW

Mon, Jan 27-Mar 17, 2:15-3:30 pm (VPC) \$5

LIMIT 40

France has a staggering embarrassment of riches (40,000 historic sites alone). So we need another eight weeks to explore more of them. No need to have taken Part 1 to enjoy Part 2. The legacy of French genius is a gift to all who travel in France. This genius continues today to elevate even the ordinary to an art form.

Moderator: Gene Johnston is a lecturer of international affairs and has a professional background in art, architecture, and design.

1306 Life in Ancient Greece and Rome UPDATED

Mon, Jan 27-Mar 17, 2:15-3:30 pm (VPC) \$5

LIMIT 150

Explore aspects of life and culture in ancient Greece and Rome. Doctoral students, faculty, and staff from the UC Department

of Classics will present a series of engaging presentations such as “Ancient Plagues and Pandemics,” “The Crowd Goes Wild: Gladiators in Rome,” “Pliny of Fish in the Sea: Romans and Marine Biology,” “A Funny Thing Happened on the Way to Fountain Square,” “What Do Archaeologists Do, Anyway?” and others. You will learn about the importance of the Classical past to modern values and traditions.

Moderator: Susan Prince, PhD, is Associate Professor of Classics at UC. Her research interests are the history of ancient Greek thought and literature, especially the Socratic tradition. She teaches Greek and Roman literature from its beginnings, Homer and Hesiod, to the prose authors of the high Roman Empire.

1307 Embracing Personal Power: An Archetypal Perspective, Part 1

Mon, Jan 27-Mar 17, 2:15-3:30 pm (VPC) \$5

LIMIT 15

In its simplest form, an archetype is a recognizable pattern of behavior that supports a recurring theme of actions. Exploring the basics of archetypes and how understanding personal archetypes can influence our relationships with ourselves and others is a major focus of the course. Based on the insights of Caroline Myss, author of *Sacred Contracts*, we will focus on the Universal Archetypes and experiences common to everyone. Interactive course will include discussion of parts of *Sacred Contracts*, presentations, videos, class discussion, and some reflective writing and sharing.

Moderator: Melissa Doerr is a retired educator who has spent 30 years interacting with the personal archetypes in her life. In this journey, she found and embraced her personal contract with the Universe and found a blueprint to follow in moving toward more empowering choices and relationships.

1308 Managing Stress in Stressful Times

Mon, Jan 27-Feb 17, 2:15-3:30 pm (VPC) \$5

LIMIT 50

We live in stressful times, with daily news reports on dangers around us—international conflicts, street violence, political chaos, environmental threats—and finally COVID-19, which still restricts us from many social interactions that enrich our lives. Over four-weeks, we will explore how we might better cope with the unavoidable stressors of daily life. The first two classes will deal with the cognitive aspects and how we can change or reshape the ways we think to avoid triggering the stress response. In the last two classes, we will practice a few exercises that help with the physiological aspects of stress such as anxiety, depression, insomnia, etc.

Moderator: Don Maloney, In addition to university teaching, mainly in psychology and philosophy, has worked as psychiatric social worker at a community counseling center in Nevada, and has taught hypnosis and other “centering” techniques for the Univ. of Maryland at U.S. military bases in Europe and Asia.

1309 Midterm Mixer UPDATED

Mon, Feb 17, 3:31-5 pm (VPC) \$0

LIMIT 50

Stop in on a Monday afternoon for an opportunity to meet other OLLI members and enjoy some down time relaxing, socializing, and noshing. Feel free to bring a friend!

1408 Fools Rush In: The Great Powers and the Modern Middle East NEW

Tue, Jan 28-Mar 4, 9:30-10:45 am (VPC) \$5

LIMIT: 150

A century ago, as the 400-year-old Ottoman Empire collapsed in the wake of WWI, the victorious Great Powers—primarily Great Britain and France—redrew the region’s maps to reflect their own national interests while misunderstanding and ignoring the ideologies, nationalisms, ambitions, and religions of a vast and varied population. Many of the conflicts that characterize the region to this day had their origins in the decisions imposed by European men who “didn’t know what they didn’t know.” This course will examine these men, their motives, and their mistakes.

Moderator: Susan Brogden has a deep interest in the Middle East, especially Palestine and Israel, where she has traveled and lived.

1409 Taking the Next Step in Your Meditation Practice UPDATED

Tue, Jan 28-Mar 18, 9:30-10:45 am (VPC) \$5

LIMIT 30

This class is for those who have been meditating for a while or who have taken Kevin’s meditation class in the recent past. You will explore the teacher-student relationship, the three stages of meditation, the role of friends on your spiritual path, guided meditations, various forms of spiritual purification, and your spiritual brain. Plus, you will practice standing, walking, and lying meditation—and try some qigong exercises. These topics are blended from Christian, Hindu, and Buddhist traditions.

Moderator: Kevin Celarek has been meditating daily for 45 years. He has studied Christian, Hindu, and Buddhist meditation practices during that period. He continues to study these three major traditions by attending two or three retreats per year and studying written material. He has updated this course with new material. He has presented this course for four years.

1410 A Reader Lives a Thousand Lives UPDATED

Tue, Jan 28-Mar 18, 9:30-10:45 am (VPC) \$5

LIMIT 15

This course provides a book-club experience based on subject matter rather than specific titles—a great way to share the excitement of reading and hear what other people are reading. General reading topics will be listed before the course starts,

and books can be fiction or nonfiction. Books you have read, or are currently reading, are fair game. Come and share your love of reading.

Moderators: Sue Hallsted is a former chairperson of Cincinnati’s local Miami Group Sierra Club and has explored the wild places of the U.S., Costa Rica, and Canada. Tom Cislo is a retired risk manager with interests in engineering, energy, and environmental issues. Both are avid readers.

1411 World War II and Its Causes UPDATED

Tue, Jan 28-Mar 18, 9:30-10:45 am (VPC) \$5

LIMIT 32

The class will begin with the causes of World War II, such as the dissatisfaction with the Treaty of Versailles, the Great Depression, and the fear of Communism. Then we move on to Hitler’s “bloodless victories” like Austria and the war itself with the attack on Poland.

Moderator: Edward Schneider, history major at Miami Univ, and master’s in history at UC. Taught AP history at Indian Hill HS and presented for the College Board.

1412 Cincinnati People, Places, and Things, from Beer to the Zoo! NEW

Tue, Jan 28-Mar 18, 9:30-10:45 am (VPC) \$5

LIMIT 50

Sign up for a discussion about the people, places, and things that made Cincinnati great. The buildings and projects such as Carew Tower, Music Hall, Union Terminal, Mariemont, and Amberley Village. The history and effects of the meatpacking, beer, and liquor industries on Cincinnati. We will explore the unique and unusual that make Cincinnati interesting.

Moderator: Michael Ward possesses a BS in History from Bowling Green State University and an MEd from Mt. St. Joseph University. He is a former history teacher and principal. He is also a tour guide for the OTR Brewery Heritage Trail.

1413 POP! Photo Organizing Project

Tue, Feb 18-Mar 4, 9:30-10:45 am (ZOOM) \$5

LIMIT 20

Our photos and memories are our most valuable asset, but they can also be the most overwhelming. Photo Organizing Project will give you the framework for gathering your photos and memories (in all their various formats), bringing organization to the collection in one permanent digital home, creating your legacy collection, and celebrating it by bringing your memories back to life. Have a mess? Need some tips? How about some coaching for project? This course is for you!

Moderator: Tabitha O’Connor has been a personal memory manager since 2001 and has the privilege of helping clients tell their story through their photos, videos, and more so future generations know their story and aren’t left to guess.

For Always Photos, Memories & More is her business and enables her to bring calm to her clients' photo chaos.

1508 Exploring Opera UPDATED

Tue, Jan 28-Mar 18, 11 am-12:15 pm (VPC) \$5
LIMIT 40

Join us for a Verdi festival. Included will be *Rigoletto*, *Don Carlo*, and *Il Trovatore*. You will learn the stories and backgrounds of the operas, something about the composer and view the operas on DVD complete with subtitles. Your opinions of the operas and the performers are encouraged. We will also discuss the upcoming Metropolitan Opera live HD telecasts.

Moderators: Richard Goetz, PhD, is a retired research manager from the chemical industry who has been listening to, studying, and attending opera since 1949. Steve DeHoff is a tech-savvy opera lover and accomplished musician as the principal trumpet player in the Cincinnati Community Orchestra for 40 years.

1509 Advanced Poetry Writing UPDATED

Tue, Jan 28-Mar 18, 11 am-12:15 pm (VPC) \$5
LIMIT 12

If you have previous experience writing poetry, then this discussion workshop is for you. We will share work in class to gain a greater appreciation and sophistication in the practice of the art. You will show your work to others and gain an understanding of the possibilities of poetic language and prosodic forms of expression that arise from what you and your fellow writers are doing and aspire toward. You will also conceptualize the possibilities of your subject matter to be shaped into effective poetic communication.

Moderator: David Schloss was born in Brooklyn, NY, in 1944, and attended the Iowa Writers Workshop (MFA, 1967). He taught at UC (1968-74) and Miami Univ. (OH) from 1974 to 2014. He has published six full-length poetry collections plus three chapbooks as well as scores of poems in literary journals and anthologies over the years.

1510 Great American Transformation: The Gilded Age NEW

Tue, Jan 28-Mar 18, 11 am-12:15 pm (VPC) \$5
LIMIT 75

Our exploration will cover the transformative period in American history from 1863 to 1900, marking the onset of the nation's modern era. This thematic study will focus on the dynamics of change and the factors driving it. Key topics will include Reconstruction, the Second Industrial Revolution, the expansion to the West and beyond, and urbanization, especially in New York.

Moderator: John Wilson has moderated classes for OLLI, mostly in American history, including Reconstruction, Slavery and the Coming of the Civil War, the Cold War, and the Industrial Revolution.

1511 Backgammon for ABSOLUTE BEGINNERS: Terminology, Rules, and Strategy NEW

Tue, Feb 4-Mar 11, 11 am-12:15 pm (VPC) \$5
LIMIT 8

Absolute beginners will learn the basic board setup as well as the terminology, rules, and strategy of backgammon, preparing you for playing with friends and family. If you have a game board at home or if you know someone who has a board but not using it, bring it with you to this class. By the end of this six-week course, you will be playing this wonderful game with knowledge and confidence.

Moderators: Dave Dargis plays backgammon every Wednesday with a friend. He also plays online at a site called Game Colony. He is a good player who can teach all aspects of the game, including the basic board setup, the rules, and strategy. Melody Dargis has also co-moderated OLLI courses on tarot and divination.

1512 More Murder and Mayhem UPDATED

Tue, Jan 28-Mar 18, 11 am-12:15 pm (ZOOM) \$5
LIMIT 30

Join us as we read and discuss mysteries old and new—mysteries taken from ancient Chinese texts and those of the 21st-century U.S. We'll read *The Mayors of New York* and *The Murder of Mr. Ma* by S. J. Rozan, *The Chinese Maze Murders* by Robert van Gulik, and *The Spy Coast* and *Vanish* by Tess Gerritsen. Fascinating to think about mysteries being enjoyed by readers across the centuries, isn't it?

Moderators: Barbara Burke and Brenda Gatti, two sweet, retired elementary teachers, so enjoy discussing murder and mayhem with fellow OLLI members.

1609 Volcanic Eruptions and What They Produce UPDATED

Tue, Jan 28-Mar 18, 12:45-2 pm (VPC) \$5
LIMIT 40

This class rocks! We will begin by looking at the material that is belched out of different types of volcanos like Kilauea in Hawaii, Mt. St. Helens in Washington, Mt. Pinatubo in the Philippines, and Yellowstone. We'll contrast igneous rocks from those volcanos with the sedimentary rocks around Cincinnati and metamorphic rocks in the Appalachian Mountains. We'll also determine why Cincinnati's hillsides are on a downward slide and many more rocky topics.

Moderators: Rick Takanen is a 16-year member of OLLI and serves on the Board. He graduated from Worcester Polytechnic Institute in Massachusetts. He retired from GE Aviation in 2009. Richard Longshore, MD, is a graduate of XU and Univ. of Louisville College of Medicine. He is NOT a geologist or astrophysicist, but has an interest in what is around us.

1610 Singing from the Sacred Harp NEW

Tue, Jan 28-Mar 4, 12:45-2 pm (VPC) \$5

LIMIT 22

The Sacred Harp is a songbook published in 1844 and in print ever since. Recent years have seen a revival of the Sacred Harp tradition. The songs are Christian hymns and songs, but the singings attract people from all backgrounds and beliefs. It is considered an American folk tradition. This will be a participatory class: most of the class time will be group singing. The songs are written in four-part harmony. You don't have to read music or be an experienced singer to attend. Google "Sacred Harp" for more info.

Moderator: Rich Overturf has been a member of Cincinnati Sacred Harp Singers for many years and looks forward to sharing his love of this American folk tradition.

1611 Dressing for the Best Half of Your Life

Tue, Jan 28-Feb 18, Mar 18-25, 12:45-2 pm (VPC) \$5

LIMIT 15

The rules have changed, your roles have changed, and your body has changed. So, how does the new YOU dress to embrace your new lifestyle? During this hands-on, how-to workshop you will discover your style personality, learn your body shape and how to style it, and put together fabulous outfits with clothing that's already in your closet.

Moderators: JoEllen Hothem and Jennifer Ebelhar have become Personal Stylists in the best half of their lives. JoEllen is also an organizing enthusiast and a Culinary Educator teaching cooking classes at local nonprofits. Find her on Instagram @JoHothem_taste_style. Jennifer has discovered the power of video in teaching style principles, and her TikTok account @theStyleEquation has 150,000 followers.

1612 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories UPDATED

Tue, Jan 28-Mar 18, 12:45-2 pm (ZOOM) \$5

LIMIT 7

Have a story to tell? Feel an urge to write? Looking for inspiration? Let's scratch that itch together. Unearth the tidbits of life through photos. Remember not only the look of the scene but also the smell of Dad's cigar, the taste of Grandma's pie, the scratch of Grandpa's beard, and the feel of Mom's hug. Express your memories in a captivating narrative. Weekly prompts will kickstart writing 300-500 words to be shared with the class. We will each read, listen, critique, and praise. Let's remember and write together.

Moderator: Thomas Fahey, Cincinnati, English major, XU. Teaching was his goal; but life is one big story whose plot is murky, whose telling requires lots of white-out. "People gotta eat," so he invested 47 years in supermarket bagging, meat cutting, management, buying, merchandising, human resources, training, and ownership. Retired, he works at his passions—photography, remembering, writing, and self-publishing.

1613 Tracing Homo Sapiens through Europe into the Americas

Tue, Jan 28-Mar 18, 12:45-2 pm (ZOOM) \$5

LIMIT 30

After tracing the routes of our modern ancestors into Europe, we will focus on their branching and splitting into the peoples who crossed the Bering Strait into America during the last Ice Age. A brief recap of ancient DNA will be offered. Finally, we will survey the new American eras: the Lithic, Archaic, and Woodland eras demonstrate the transition from hunter-gatherers to early farmers to agricultural settlements. This survey highlights artifacts and archeological evidence.

Moderator: Denis Hogya, 40 years of teaching at UC. Many years of quality management training and seminars. Former Cleveland Metropolitan Parks naturalist.

1704 Memoir Wisdom: Stories Worth Sharing

Tue, Jan 28-Mar 18, 2:15-3:30 pm (VPC) \$5

LIMIT 8

Memoir writing gives voice to your personal stories of "becoming"—who you were back then, how you navigated life's passages, who you are today—a reflective process. Your narratives, crafted into creative nonfiction (plot, characters, setting, dialogue), turn real-life experiences into legacy stories your reading audience will cherish. In this course, each writer shares his/her stories online. Then the writer changes hats, becoming an insightful reader—offering praise, questions, and constructive ideas to fellow writers. Both beginner and advanced writers are welcome.

Moderator: Regina (Jean) Hellyer retired from teaching at UC Blue Ash College, where she taught composition, literature, and study skills. She writes her own memoirs as "creative nonfiction"—truthful narratives written in story form. She believes every older adult has stories to share. Written memoirs and reflections constitute a valuable legacy for family, friends, and all other audiences.

1705 Normandy—Let's Go! NEW

Tue, Jan 28-Mar 18, 2:15-3:30 pm (VPC) \$5

LIMIT 150

For centuries, Normandy has been an important part of France. This illustrated eight-week course will offer a tour of the Normandy region along with some of its history. We'll visit cities, towns, and villages and hear legends and stories about them. The tour will include the famous beaches of Normandy and the effects of the D-Day landings on various communities. Churches, museums and art galleries will be part of the course as will a look at the food and drink of the region.

Moderator: Keith Marriott is a retired UC professor who has travelled extensively in Normandy.

1706 Stream the Dream: TV UPDATED

Tue, Jan 28-Mar 18, 2:15-3:30 pm (ZOOM) \$5
LIMIT 25

Let’s each stream a TV series at home and all watch the same episodes. We will then check in each week to discuss what we watched. We will be using Netflix and Amazon Prime. Just want to emphasize that watching TV is nothing to be ashamed of!

Moderator: Karen Grosser is a retired GE Aviation software engineer. Her two millennial children did a good job teaching her that she could stream TV for hours at a time!

1707 Exploring a Lost Culture: The Stories of Isaac Bashevis Singer NEW

Tue, Jan 28-Mar 18, 2:15-3:30 pm (ZOOM) \$5
LIMIT 15

During the first 53 years of his career, Singer’s readership was limited to Yiddish readers in Eastern Europe and eventually Yiddish and English readers in the U.S. Receiving the 1978 Nobel Prize for literature brought him worldwide recognition and a broader audience. Destroyed by the Holocaust and modernity, the worlds of Ashkenazi Jews of Eastern Europe and early-20th-century New York immigrants disappeared. Singer’s stories in *In My Father’s Court* and *The Collected Stories* bring that world to life. Let’s share that world, its characters, and their rich culture.

Moderator: Judy Schechter enjoys reading; writing; theater; music, especially Broadway musicals, jazz, and the American Songbook standards; dancing, especially Jazzercise; swimming; spending time with family and friends; and OLLI. Since she loves learning and exchanging ideas with other people, being involved with OLLI makes her happy.

1708 Food for Life Cancer Project: Decreasing Cancer Risk with Food NEW

Tue, Jan 28-Feb 18, 2:15-4 pm (VPC) \$5+fee
LIMIT 20

Food for Life classes teach nutrition education and cooking to reduce diet-related diseases. This four-class series focuses on plant-based nutrition and guides you to make the connection between diet and the risk of developing various cancers. You will develop an understanding of foods and nutrients that promote or discourage cancer development. Each class features an educational video and cooking demonstrations with tastings. These classes are not meant for individuals currently undergoing cancer treatment. NOTE: moderator will collect \$20 (cash or Venmo) at the first class to cover food and materials.

Moderator: Honora Favorito worked for many years as a pathologist and saw firsthand the toll that chronic Western diseases take on so many people. She became interested in the power of a whole-foods plant-based/vegan diet to prevent and treat chronic diseases and is dedicated to helping people learn about, and transition to, a whole-food plant-based lifestyle.

1916 (VPC) / 1917 (ZOOM) Social, Political, and Economic Aspects in Explaining Contemporary Russian Politics NEW

Wed, Jan 29, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

The seminar will discuss Putin’s political dominance and his rule of Russia. What are the sources of vulnerability? We will discuss current events in the context of Russia’s future in the near term (2-3 years) or long-term (e.g., 5-10 years in the future).

Moderator: Ivan Ivanov, Associate Professor Educator at the School of Public and International Affairs, UC. His areas of teaching and research are international relations and comparative politics with focus on international security, inter-organizational cooperation, alliances, and NATO politics as well as European and East European politics, democratization, and political development. He is author of *Transforming NATO: New Allies, Missions, and Capabilities*.

1918 (VPC) / 1919 (ZOOM) History of Cincinnati Colleges NEW

Wed, Feb 5, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

The history of higher education in Cincinnati goes well beyond UC and Xavier. A number of esteemed colleges had great impact but are no longer around or have been absorbed by other universities. Local history writer Jeff Suess will present a history lesson on the colleges and universities of Cincinnati, including when UC was really founded (not in 1819), the attempts of Dr. Daniel Drake to start a medical college, and how College Hill got its name.

Moderator: Jeff Suess is a history writer with a weekly column in the Cincinnati *Enquirer* and several local history books including *Lost Cincinnati*, *Cincinnati Then and Now*, and *Cincinnati: An Illustrated Timeline*.

1920 (VPC) / 1921 (ZOOM) Memories of Wooden Shoe Hollow NEW

Wed, Feb 12, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Minnie Rennegarbe Schumacher emigrated from Germany to Wooden Shoe Hollow in 1910 when she was 14 and lived to be 104. Her story illuminates the German immigrant experience, the German enclave in Wooden Shoe Hollow, and the story of a four-generation family gardening business.

Moderator: Greg Gajus has presented OLLI classes on the history of NASA, Dwight Eisenhower, the Cincinnati Reds, and WKRP in Cincinnati. In 2024, he co-authored with his cousin Linda Headings *The Grandma Project*, a family history centered on the life of Minnie Rennegarbe Schumacher.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

1922 (VPC) / 1923 (ZOOM) Backed Up: On Sewer Infrastructure, Local Journalism, and Podcasting NEW

Wed, Feb 19, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Learn from the team that made the podcast “Backed Up” from Cincinnati Public Radio, demystifying one of the most complex systems of public infrastructure—our sewers—and telling the stories of people suffering under decades of mismanagement. We’ll talk about the research necessary for investigative journalism and the process of putting it all together for an accessible and often-humorous listener experience. Plus, a discussion about the challenges of local journalism and the future of the podcasting industry.

Moderators: Becca Costello and Ella Rowen are co-hosts of “Backed Up.” Becca is Cincinnati Public Radio’s local government reporter; she has a Master’s in Journalism from Indiana Univ. and nearly 10 years of public media experience. Ella is CPR’s podcast coordinator with a particular passion for sound design; she also produces and engineers CPR’s podcast “Looking Up” with Dean Regas.

1924 (VPC) / 1925 (ZOOM) Introduction to Medical Cannabis NEW

Wed, Feb 26, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Experience an introduction into the varying aspects of medical cannabis from a medical professional. This includes the history of its use medicinally, how it works in the human body, and practical applications for its use. We will also discuss whom cannabis benefits and what diseases and symptoms it has been shown to help.

Moderator: James Weeks, MD, is a board certified internal medicine physician, licensed in the state of Ohio since 2008. He now has dedicated his practice to educating and assisting clients on all aspects of medical cannabis. He has been doing medical cannabis consultations for over five years and has now consulted with thousands of Ohioans and beyond.

1926 (VPC) / 1927 (ZOOM) All about CCM Today NEW

Wed, Mar 5, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

The College-Conservatory of Music at UCI is a renowned school of performing arts, attracting top-level professionals and students from around the world. Learn about CCM’s fields of study and its multitude of performances annually. Observe how a master classes works, and meet recently appointed Dean Pete Jutras!

Moderator: Patti Myers is an enthusiastic supporter of performance arts in Cincinnati and prior OLLI moderator on various topics—starting with a course about *Downton Abbey*.

1928 (VPC) / 1929 (ZOOM) Lights, Camera, Music! Exploring the Power of Music in Cinema NEW

Wed, Mar 12, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

We will examine the ways music is used to develop plot and characters in movies, propelling the action and enveloping the viewer in the emotional context of the story. We’ll take a brief journey through the history of music in movies from the silent film era until today and discuss some of the best composers of cinematic music. We’ll examine how different movie genres approach the use of music and look at both movie scores and soundtracks. And we’ll experience a movie scene or two with and without music to illustrate the power music brings to cinema.

Moderator: Nancy Nolan has a Master’s in Music from Univ. of Kentucky and has sung professionally for 40+ years. She has spent many years as a professional public relations executive and has also helped authors self publish their books. This will be her fourth presentation for OLLI.

1930 (VPC) / 1931 (ZOOM) What Is This Thing Called Film Noir? NEW

Wed, Mar 19, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Rooted in German Expressionism, film noir morphed into a moody, stylistic movie genre from the late 1930s into the 1960s. Replete with hard-boiled detectives, grifters, unfortunate innocents, and classic femme fatales, noir films such as *Double Indemnity*, *Out of the Past*, *The Big Sleep*, *The Maltese Falcon*, *DOA*, and *Laura* exploded from the screen. Through film clips and discussion, we’ll explore this dark genre featuring Humphrey Bogart, Ida Lupino, Robert Mitchem, Jane Greer, Orson Welles, Barbara Stanwyck, and others.

Moderator: Doug Iden is a big fan of movies and theatrical musicals, with an extensive collection of films and original Broadway scores. He has taught classes on film and Broadway at OLLI for several years.

2108 Highlights of English History from Julius Caesar to Queen Victoria NEW

Wed, Jan 29-Mar 19, 12:45-2 pm (VPC) \$5
LIMIT 50

English history spans over 2,000 years. We will pay special attention to the Anglo-Saxon invasion and Arthur’s (real or imagined) role in battling it. We will examine the fateful year of 1066. We’ll look at England’s first civil war occurring after the death of Henry I, the second civil war cumulating in the Wars of the Roses, the third civil war ending in the execution of Charles I. We’ll examine the lives of England’s most influential monarchs such as Henry II, Edward I, Henry VIII, Elizabeth I, George III, and Victoria.

Moderator: Bert Luken has been studying English history for 40+ years. He has read dozens of books on the subject and completed 9 of the Wondrium courses on English history.

2109 Making Memories with a Travel Journal NEW

Wed, Jan 29-Mar 5, 12:45-2 pm (VPC) \$5

LIMIT 6

Almost everyone journals, in some way or another. We'll explore ways to make your travel journal more personal, a memory book of sorts. Some basic, and easy (really) drawing techniques, as well as just some general helpful tips. It really can be easy to make a portable memory! NOTE: This is a drawing class—not a writing class.

Moderator: Margaret Scholz is a constant journal keeper. A journal can, and should be, way more than words. Adding some simple drawings can make it a more evocative memory.

2110 Pathways to Connection NEW

Wed, Jan 29-Mar 19, 12:45-2 pm (VPC) \$5

LIMIT 18

Join us for an interactive class focused on building deeper connections, especially as we age. We'll address concerns such as making friends, communicating with younger generations, avoiding loneliness, and navigating difficult conversations. Despite our wisdom, these challenges can grow as we age; this class will convey effective listening techniques and communication skills. Prepare for engaging discussions, small group interactions, and practical exercises designed to foster meaningful relationships

Moderators: Lori Payne taught English and public speaking for 32 years; she is fond of good conversation and improving her communication skills each day. Karen Zaugg was a university administrator and a community mediator/conflict resolution practitioner and trainer.

2111 Layperson's Guide to Understanding and Responding to Mental Illness

Wed, Jan 29-Mar 19, 12:45-2 pm (VPC) \$5

LIMIT 20

One in five Americans in any given year will experience a mental illness (NIMH). Depression, anxiety, and schizophrenia are just three of the nearly 300 different illnesses listed in the Diagnostic and Statistical Manual (DSM-V). What causes mental illness? What are its signs and symptoms? Can it be cured? Why is there so much myth and stigma around mental illness? These are timely questions, and this course will explain the many aspects of mental illness using easy-to-understand language, analogy, and personal experience.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years' experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the U.S.

2112 How the Aging Network Can Help You

Wed, Jan 29-Feb 19, 12:45-2 pm (ZOOM) \$5

LIMIT 30

Over four sessions, Pro Seniors and our nonprofit partners will educate you on services that are available as you or your loved ones age. We'll cover how to choose long-term care in nursing, assisted living, or group homes; how to sort through the sea of health insurance information including Medicare, Medicaid, and long-term care insurance; how to detect and protect against the latest scams targeting seniors; finding in-home care, transportation, home-delivered meals, caregiver support, and more.

Moderators: Nick Stockburger is a Long-Term Care Ombudsman with Pro Seniors, a 501(c)(3) nonprofit; Mary Hurlburt is a volunteer Long-Term Care Ombudsman; Becky Hayward is a volunteer ombudsman with Ohio Senior Health Insurance Information Program; Brian Rhame is a peer educator for Senior Medicare Patrol; Lisa Kruse is Communications Specialist, Council on Aging.

2113 Beyond Oedipus and Antigone: Exploring Greek Drama NEW

Wed, Jan 29-Feb 26, 12:45-2 pm (ZOOM) \$5

UNLIMITED

Thanks to Freud, everyone knows about Oedipus' complex history of murder and incest, while the Antigone tale became one of the most rewritten plays throughout the centuries. Tragedy, however, is much more than these two characters: let's discover together and read the hidden gems of Greek theater, exploring different heroines and heroes and how their dilemmas are still relevant to this day.

Moderator: Cecilia Cozzi is Visiting Assistant Professor in Classics at Carleton College. She earned her PhD from UC in 2023. Her research focuses on Greek tragedy and the discussion of filial inheritance on stage. She has also developed several multi-disciplinary projects, combining Classics with classical music and opera for different audience and in several venues.

2114 Papercrafting: Spring/Summer Themes UPDATED

Wed, Jan 29-Mar 19, 1-3 pm (VPC) \$5+fee

LIMIT 10

We will explore the tools and techniques used in card making, focusing on spring and summer themed notecards and also holidays and special occasions. Tools that will be employed are a die cut machine, heat gun, punches, scoring board, and more. A \$10 class fee collected at the first class will cover all papers, inks, embellishments and a sample bag of adhesives. All that you need each week is a small, sharp pointed scissors and your imagination.

Moderator: Cathy Berrens is a retired preschool/elementary teacher. Her interest in papercrafting began when she helped make a scrapbook with her sister for their parent's 50th

wedding anniversary. She has taken numerous card-making classes since then and still gets together with friends to make cards for Ronald McDonald House.

2208 Stream the Dream: Movies UPDATED

Wed, Jan 29-Mar 19, 2:15-3:30 pm (ZOOM) \$5
LIMIT 25

Let's stream movies at home and all watch the same thing. We will then check in each week to discuss what we watched. We will be using Netflix and Amazon Prime. Just want to emphasize that watching TV is nothing to be ashamed of!

Moderator: Karen Grosser is a retired GE Aviation software engineer. She learned how to stream TV from her millennial children!

2209 Debunking Myths about Dietary Supplements UPDATED

Wed, Feb 5, 2:15-3:45 pm (VPC) \$0
LIMIT 150

Holistic clinical pharmacist Cathy Rosenbaum will review MVI's and the Gut-Brain-Microbiome Axis, review evidence-based indications/side effects for dietary supplements, and discuss how to choose a high-quality dietary supplement.

Moderator: Cathy Rosenbaum is a certified health coach, international speaker, educator, award-winning author, and founder and CEO of Rx Integrative Solutions, a consulting practice in integrative health and medicine.

2210 Understanding the Need to Collect Healthcare Data NEW

Wed, Mar 5, 2:15-3:30 pm (ZOOM) \$0
LIMIT 50

Healthcare is increasingly designed and driven by the data that is collected from patients receiving care across all healthcare settings. Learn why this information is important to the system of healthcare and to you as a consumer and as a patient.

Moderator: Brenda Kohl Orlando is Clinical Research Project Manager at UC College of Medicine.

2307 Great American Composers

Thu, Jan 30-Mar 20, 9:30-10:45 am (VPC) \$5
LIMIT 50

Who are America's "great" classical composers? What are their best works? What makes their music sound American? What is musical greatness? We'll listen to segments from many works plus some shorter works in their entirety. Suggestions for additional listening at home will be given. Featured composers will include: Billings, Foster, Joplin, Sousa, Ives, Copland, Gershwin, Grofé, Barber, Harris, Thompson, Hanson, Ellington, Bernstein, and Hollywood film composers. Rick, who calls himself a "pretty good" composer, will share some of his works showing how these past composers have influenced today's composers.

Moderator: Rick Sowash has written about 500 vocal, orchestral and chamber works. His clarinet concerto was recorded by the St. Petersburg Symphony. His cello concerto premiered in Carnegie Hall. His music is often broadcast on WGUC and many other classical music radio stations. His work is influenced by the great American composers whose work he has studied closely and passionately.

2308 Wellness and Nutrition Practice for Sound Health

Thu, Jan 30-Feb 20, 9:30-10:45 am (VPC) \$5
LIMIT 40

Learn how a healthy diet and wholesome habits positively influence your physical and emotional wellbeing. This course focuses on helping you build or increase your awareness of ways to preserve optimal lifetime health and to prevent chronic disease through good nutrition.

Moderator: Peachy Seiden is a registered dietitian-nutritionist with a nutrition consulting practice in Cincinnati helping people with weight loss, disease prevention, and health promotion using the principles of mind-body interaction and integrative nutrition. She also conducts weekly healthy cooking classes, yoga/tai chi/qigong classes, and workplace wellness programs.

2309 Finding Solutions to America's Problems UPDATED

Thu, Jan 30-Mar 20, 9:30-10:45 am (VPC) \$5
LIMIT 20

Using the National Issues Forum (www.nifi.org) public deliberation process, we will weigh alternatives from various courses of action using NIF issues guides. You are encouraged to express, listen to, and consider all points of view. Discussion includes three major issues: 1) Coming to America: Who should we welcome and what should we do? 2) Elections: How should we encourage and safeguard voting? 3) A House Divided: How do we get the political system we want?

Moderator: Kent Friel, MBA, UC, 1965, former business owner and Community Fellow with the Knowledgeworks Foundation. He is trained as a moderator in the deliberation process by the National Issues Forum.

2310 (VPC) / 2311 (ZOOM) Game Changers: Historic Impacts of Decisions, Events, and Writings NEW

Thu, Jan 30-Mar 20, 9:30-10:45 am, \$5
VPC LIMIT 150 / ZOOM UNLIMITED

An analysis of the long-term impacts of decisions, events, and writings that have shaped our world. These will include the writings of Darwin, Newton, Machiavelli, Marx, and Smith. We will also cover writings from Greece, China, and Rome. A selection of works of fiction will be covered as well. The events and results are both wonders and blunders depending on time and perspective. I hope this will spark discussion.

Moderator: Doug MacCurdy is a naturalized American citizen and native Canadian who resided in Canada for 55 years.

Educated in Winnipeg at Univ. of Manitoba and Univ. of Winnipeg, he has lived and worked in the U.S. on three occasions as well as having international work experience in France, Holland, Japan, the UK, and other countries.

2408 Fundamentals of Photography UPDATED

Thu, Jan 30-Mar 20, 11 am-12:15 pm (VPC) \$5
LIMIT 14

You have a new DSLR or mirrorless camera! So now how do you create some great images? This course is intended for folks wanting to learn the basics of how to use their digital camera (NOT point-and-shoot!) with little or no previous knowledge. We'll cover learning the fundamentals of photography including the major parts of a camera. You'll learn shooting in aperture priority, shutter priority, program and manual modes. We'll discuss the basics of exposure, depth of field, focusing, lenses and composition. Let's make great pictures together!

Moderator: Ray Rawlinson has been a keen amateur photographer for 65+ years. He was a professional photographer for three years specializing in wedding and industrial. Most of his career was spent as a professional aerospace/mechanical engineer where he photographed much of his work. He considers himself a generalist with a wide range of interests including portraits, landscapes, sports and cars.

2409 General Medical Information to Help in Medical Decision Making, Part 2 NEW

Thu, Jan 30-Mar 20, 11 am-12:15 pm (VPC) \$5
LIMIT 50

This term, we will focus on organ systems and health insurances. Several outside medical specialists and experts will join us to discuss salient issues in their areas of expertise. No need to have attended Part 1 to benefit from this course.

Moderator: Richard Wendel is a retired physician with an MBA and long-time, award-winning moderator on medical subjects at OLLI. As a licensed physician, he is active in the TriHealth resident teaching program.

2410 Shakespeare for the Fun of It: "Much Ado about Nothing" and "Twelfth Night" UPDATED

Thu, Jan 30-Mar 20, 11 am-12:15 pm (VPC) \$5
LIMIT 50

Devoting four sessions to each of these two great comedies, we will read scripts aloud in class, each assigned a different character. (Declining to participate, i.e., "just listening" is perfectly OK, too!) We will examine the lines, the language, the motivations, and the plot and discuss the meaning of it all. Using humor and anecdotes, Rick promises a good time for 75 minutes each week in the company of Mr. Shakespeare and the amazing characters he created.

Moderator: Rick Sowash is a classical composer, author, and publisher of his own music, books, and CDs. His high school

English teacher (later his mother-in-law) introduced him to Shakespeare, and he has cherished, seen, enjoyed, read, studied, thought about, and talked about his favorites among the Bard's plays for 50+ years.

2411 (VPC) / 2412 (ZOOM) For the Love of Music

Thu, Jan 30-Mar 20, 11 am-12:15 pm (VPC) \$5
VPC LIMIT 150 / ZOOM UNLIMITED

We will sample excerpts and discuss forthcoming performances by Cincinnati Symphony Orchestra, Chamber Music Cincinnati, Linton Chamber Music, Cincinnati Ballet, and other Cincinnati musical organizations to explore great compositions. Contexts include performance practice and reception history, composers, and performers. There is always time for discussion and class participation.

Moderators: Bob Zierolf is a retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM. Steve Winter is a retired GE engineer with no formal musical training who has enjoyed classical music for most of his adult life.

2413 An Educated Person: What Does It Take to BE One? NEW

Thu, Jan 30-Mar 20, 11 am-12:15 pm (ZOOM) \$5
LIMIT 35

Have a PhD in history, but think "entropy" is your cat's sleep state? Quantum mechanics no problem, but Shakespeare "isn't my thing" (or anyone else's in your opinion)? Able to recognize Bach's cello concerto and guess who's performing, but convinced "algebra" is Arabic for "torture?" Consider the nastiest integrals as "fun," but think "Bosworth Field" is a golf course near Chicago? Then this course is for you. We'll listen to a variety experts say what it takes to be a reasonably educated in their fields—with lots of discussion.

Moderator: John Briggs has advanced degrees in literature and tortured himself to learn science and math. He's moderated 30+ OLLI courses. He believes that all courses are for enjoyment, and so you may remain silent and unviewed or take part in discussions as much as you wish. Numerous people have survived his courses.

2516 Build Better Balance NOW! Balance Can Improve at Any Age: Let's Start Now! UPDATED

Thu, Feb 6-27, 12:45-2 pm (ZOOM) \$5
LIMIT 30

This is an update of my signature course "Building Better Balance" offered several years ago. Being able to maintain balance is crucial for actively engaging in life. While many people walk or do strength training each week, balance specific exercises are needed and important for preventing falls and injuries. Balance depends on sensory input from vision, proprioception, and vestibular systems along with coordination of muscles, tendons, bones, eyes, ears, and

brain. Learn how to quickly adapt to changes to center yourself when faced with the unexpected.

Moderator: Sharon Byrnes, internationally Certified Yoga Therapist, addresses the needs, desires, and abilities of seniors to maintain/improve wellness because everyone deserves to feel vibrant, connected, and at ease. Her body-mind balance programs have helped many people, including those with neurologic disorders, to avoid injurious falls. She believes healthy habits can add life to our years.

2517 (VPC) / 2518 (ZOOM) Cincinnati Black History NEW

Thu, Jan 30, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Crystal Kendrick will present a timeline of the lives and leaders in Black Cincinnati's history. Kendrick is the president of The Voice of Your Customer marketing consulting firm and the publisher of The Voice of Black Cincinnati, a media company designed to educate, recognize, and create opportunities for African Americans in the region.

Moderator: Crystal Kendrick

2519 (VPC) / 2520 (ZOOM) Notable Italian Americans in Cincinnati UPDATED

Thu, Feb 6, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Learn the success stories of 12 prominent Italian Americans who have made a lasting, favorable, and very identifiable contribution in the Greater Cincinnati area. Since his retirement from UC Medical Center, Gerardo Perrotta has published a book on Italian themes on US postage stamps (Phila-Italy Americana), enjoys local Italian-American history and history of his native Calabria, and gives presentations on these topics.

Moderator: Gerardo Perrotta

2521 (VPC) / 2522 (ZOOM) How to Eat Local: Exploring Locally Grown and Produced Food NEW

Thu, Feb 13, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

There are many reasons to eat food that was grown nearby on small farms: the food is delicious and vibrant, it supports local farm families, and it helps the environment in so many ways. Adding local foods isn't hard, but it takes new attitude and habits. Learn how to find and use locally-grown produce and products from Polly Campbell, food and dining writer for the Cincinnati *Enquirer* for 25 years. She is an advocate for strengthening our local food system.

Moderator: Polly Campbell

CLASS LOCATION ABBREVIATIONS	
ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

2523 (VPC) / 2524 (ZOOM) Best of the Canadian Rockies by Rail: Western Canada's Splendor UPDATED

Thu, Feb 20, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Rick and Kathy Takanen are avid Road Scholar travelers. Relive their experience visiting the wonders of the rugged, beautiful Canadian Rockies in Alberta and British Columbia. View green valleys, sapphire rivers, and jade lakes as they head into the heart of the mountains along the Icefield Parkway. Visit Banff hot springs and Lake Louise. Walk on the Athabasca glacier. A Rocky Mountaineer train ride along the Fraser River leads into Whistler and finally a visit to the cosmopolitan city of Vancouver including a cruise up the Indian Arm fjord.

Moderator: Rick Takanen

2525 (VPC) / 2526 (ZOOM) Cincinnati's Early Black Philanthropists NEW

Thu, Feb 27, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Gina Ruffin Moore, author and historian, shares a rich history of Black philanthropy in Greater Cincinnati focusing on those who became business owners, community leaders, and supporters for the needy. She is author/historian of *Cincinnati: The Black America Series*. She does community outreach at the Metropolitan Sewer District, has been an adjunct at Cincinnati State, and was formerly a newscaster. She has a BS in Journalism (OU) and an MS in HR, Development and Training (XU). She is a board member for Princeton Schools, Stowe House, and HOME.

Moderator: Gina Ruffin Moore

2527 (VPC) / 2528 (ZOOM) Top 10 Health Benefits of Volunteering for Adults UPDATED

Thu, Mar 6, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

AmeriCorps Retired & Senior Volunteer Program (RSVP) in Cincinnati matches volunteers ages 55+ with nonprofits in their community that either need or rely on volunteers to be able to provide their services. RSVP is the largest volunteer network in the nation for people 55 years and over. Did you know volunteering can actually improve your health and wellbeing? We will discuss the top 10 benefits of older adults being involved with community service. We can help you find a place to start volunteering as well for those interested.

Moderator: Gretchen Eagle

2529 (VPC) / 2530 (ZOOM) Rethink Plastics: The Impacts of Plastics on Planet Earth NEW

Thu, Mar 13, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

The convenient plastic consumer items and packaging in our households are made from hundreds of chemicals from petro-

chemical factories that also produce oil and gas products—the very companies that are directly impacting the warming of the earth and causing climate change. What is the relationship between plastics and climate change? How can we change our consumer practices? Bob Gedert is semi-retired after a 45-year career in guiding communities toward sustainable materials management through a system approach, bridging recycling best practices and sustainability with local economic development practices.

Moderator: Bob Gedert

2531 (VPC) / 2532 (ZOOM) Opium Wars NEW

Thu, Mar 20, 12:45-2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

In the 19th century, Western industrial nations extended their global reach through assertive colonization and compulsory free trade. Victorian-era Great Britain harbored a robust appetite for Chinese luxury items, including silk, porcelain, and tea. China demanded payment in silver, spurning the industrial goods Great Britain proposed. Nevertheless, British-controlled India could cultivate opium, a substance outlawed in both Britain and China. Learn how the Opium Wars emerged as a means for Great Britain to enforce opium trade on China. Presenter Gerald Checco is using his retirement to explore fascinating topics.

Moderator: Gerald Checco

2605 Integrated Creativity: Art, Design, Music, Science, and Writing UPDATED

Thu, Jan 30-Mar 20, 2:15-3:30 pm (VPC) \$5

LIMIT 25

This Integrated Creativity course explores how creativity is expressed in art, design, music, science, and writing. It covers applying the creative process across disciplines and using artificial intelligence to enhance creativity. Creative thinking is seen as a competency involving attitudes (want), skills (how), and knowledge (what). Participants will enhance their growth mindset, develop creative experiences, expand imagination, generate ideas, and pursue new opportunities. The course is integrative, interdisciplinary, and interactive, featuring guest speakers who provide real-world examples and practical exercises to deepen learning and foster creativity.

Moderator: Ralph Brueggemann, MBA, MEd, is an adjunct professor at the College of Engineering and Applied Science, UC. He is a published author and has practical experience in independent consulting. He has held management positions in national and international corporations developing commercial technology products and implementing quality improvement programs.

2606 Genetics as It Applies to You UPDATED

Thu, Jan 30-Mar 20, 2:15-3:30 pm (ZOOM) \$5

UNLIMITED

Genes! We all have them, but how do we use that information to take care of ourselves, catch criminals, and learn about our dogs? We will expand on the basics of genetics and discuss specific tests like newborn screening, direct-to-consumer testing, and forensics. We will also cover recent topics such as gene therapies, ethics, and the COVID mRNA vaccine.

Moderators: Sarah Crawford and Rachel Doberstein are genetic counselors for the Division of Human Genetics at Cincinnati Children's Hospital Medical Center. They are skilled at making this complex and fascinating topic easy to understand.

2607 iPhone Basics UPDATED

Thu, Jan 30-Mar 20, 2:15-3:45 pm (VPC) \$5

LIMIT 35

We all arrive in class with different levels of abilities. We will walk those new to or even fairly familiar with their iPhones through many features and functions. Our goal is to familiarize and challenge those who need a refresher and those who are interested in delving a little deeper. We hope you all walk away with an enjoyable experience, new knowledge, and confidence in your iPhone. This class is for Apple iPhones only, models X (10) to 16, compatible with the current IOS 18 (operating system).

Moderators: Janet Keller and Karen Klein each bring decades of Apple product knowledge and enthusiasm. They both love learning new technology and sharing that knowledge.

2702 Ducks, Ducks, Ducks: Winter Waterfowl Migration UPDATED

Fri, Jan 31, 9:30-10:45 am (VPC)

Sat, Feb 1, 8-11 am (Fernald) \$0

LIMIT 20

This is a birding class. Winter is the season for ducks in Cincinnati. Over a dozen different species come to Cincinnati. Fernald Preserve is a great place to view waterfowl. An in-class review of waterfowl will be followed by a Saturday outing, 8-11 am, at Fernald to see which ducks are "in residence."

Moderator: Rick Marra is an experienced birder who travels the country to pursue his hobby. His objective is to share what he knows about this rewarding hobby.

2808 Post-2024 Election Analysis NEW

Fri, Jan 31, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

Back by popular demand, Professor Katkin will share an analysis of the 2024 election, including popular v electoral vote, results in "battleground" states, controversies and proposals involving the Supreme Court, and other interesting factors affecting the election.

Moderator: Kenneth Katkin is Professor of Law at Salmon P. Chase Law School, NKU. He holds a JD from Northwestern Univ. School of Law and BA in mathematics from Princeton. He appears frequently in local and national media as analyst for legal issues. Prior to Chase, he litigated constitutional and election law cases at Wiley, Rein & Fielding, Washington, DC.

2809 Animal Audiology: A New Day in the Field NEW

Fri, Feb 7, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

Why doesn't Fido come when you call? Hearing loss in animals has a profound effect on conservation, working ability, and cognition and can occur for many reasons. We will address animal hearing and audiology as a new clinical offshoot.

Moderator: Peter Scheifele, PhD, is a Navy Vietnam and Cold War era veteran, submarine sonar and weapons officer/Navy Explosives Diver, and Naval Oceanographer. He trained and handled narcotics and bomb dogs for the US Coast Guard. Presently, he directs UC FETCHLAB, world-renowned for investigating animal audiology, vocal mechanisms, and bioacoustics and conducting animal audiology.

2810 Healthcare Combo: Navigating Healthcare and Cardiovascular Genetic Testing NEW

Fri, Feb 14, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

Part 1: Do you find our current healthcare system complex and difficult to navigate? Gain insights and tools to be your own best healthcare advocate from a physician who has a passion for patient care and believes effective communication is the key to managing complex chronic diseases. Part 2: What is genetic counseling, and how is it used in determining cardiovascular risks? Learn about the field of genetic testing as an option to determining and managing your heart risk conditions.

Moderators: David Wiltse, MD, is Director of Pulmonary Medicine at Good Samaritan Hospital. He enjoys teaching and is VP of Bayley Retirement Communities Board of Trustees. Jordan Brady, MS, LGC, was the first genetic navigator at St. Elizabeth. Carrie Anderson, MS, LGC, is a genetic counselor for St. Elizabeth. They have participated in many genetic counseling cases for better healthcare management.

2811 Overview of the U.S. Immigration System NEW

Fri, Feb 21, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

Immigration has been a daily part of the U.S. news cycle for several years. Join Nazly Mamedova for an informed discussion about U.S. immigration laws and current issues in immigration.

Moderator: Mamedova Nazly is an immigration attorney who supports businesses and aids individuals through her own practice. A recipient of the Cincinnati Business Courier's 40 Under 40 award, she is a member of the American Immigration

Lawyers Association and serves on the National Diversity Advisory Council at the American Red Cross. She speaks seven languages and is an immigrant herself.

2812 Discover Northern Kentucky NEW

Fri, Feb 28, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

Welcome to Northern Kentucky, known for its rich history, dynamic culture, and warm hospitality. This nearby destination promises to delight and inspire. From the picturesque riverfront and skyline, historic neighborhoods, one-of-a-kind attractions, and exceptional dining options, there is something for every interest and taste. Group friendly attractions like the Ark Encounter and Creation Museum, BB Riverboats, Newport Aquarium, and Hofbräuhaus bring folks from all over the country to Northern Kentucky! There is so much to discover in the region.

Moderator: Lorey Hall is Leisure Sales Manager for meet NKY/Cincy Region. She works with tour companies from all over the US to bring groups to the region to enjoy all the attractions, restaurants, hotels, and special events that are group friendly. She is a NKY native and loves promoting what we know and love about her home!

2813 Great Council State Park: The Story of the Shawnee and Old Chillicothe NEW

Fri, Mar 7, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

Learn wide-ranging information about 18th-century Shawnee history and culture, with emphasis on the Shawnee town of Old Chillicothe and the state park that now exists where the town stood. An immersive audiovisual experience imagines the experience of being on the site's landscape from the 18th century up to today. Great Council State Park is the next chapter of the Old Chillicothe site's storied history and an important step in the process of bringing Shawnee presence back to Ohio.

Moderator: Jacob Bledsoe is an archaeologist working as a researcher and interpreter at Great Council State Park. He provides educational interpretive programs and tours about Shawnee history and culture to park guests of all ages, with particular focus on the 18th-century site of the Shawnee town of Old Chillicothe, where Great Council is located.

2814 Technology and American Development from Colonial Times to the Modern Era NEW

Fri, Mar 14, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

We will explore the development of invention, technology, and engineering in the U.S. from the Colonial period to the modern era. Along the way, we'll consider the intertwining social, economic, and political issues that influenced technology policy choices as the nation developed.

Moderator: Jason Krupar, PhD, is Associate Professor of History, UC College of Arts and Sciences. Previously, he taught at the OMI College of Applied Sciences. He specializes in the history of technology and engineering, Civil War technology and engineering, and Manhattan Project/Cold War nuclear weapons. He is co-editor of *Ohio Valley History* journal.

2815 Amusement Parks of Southwest Ohio **NEW**

Fri, Mar 21, 9:30 am-12 pm (OHLL) \$0

LIMIT 150

We fondly remember Coney Island to the east and may have also visited Stricker's Grove to the west. Let's also "visit" some of the other parks that we or our ancestors may have enjoyed: LeSourdsville Lake, Chester Park, and Ludlow Lagoon. Come learn and reminisce.

Moderator: Deb Price has a hankering for history and learning. She is a retired educator who has presented dozens of programs for OLLI and other organizations.

2902 I (Heart) Paris—A Literary Journey **UPDATED**

Fri, Feb 7, Feb 21, Mar 7, Mar 21, 11 am-12:15 pm (VPC) \$5

LIMIT 15

We are planning a virtual trip to Paris to celebrate the reopening of the Cathedral of Notre Dame. Every other week, we will discuss a work set in the City of Light, from the 1830s to the present. Please read the following: *The Hunchback of Notre Dame* by Victor Hugo (2/7), *The Madwoman of Chaillot* by Jean Giraudoux (2/21), *Sacre Bleu* by Christopher Moore (3/7), and *The Elegance of the Hedgehog* by Muriel Barbery (3/21).

Moderators: Monique Rothschild and Susan Robinson are avid readers. They have participated in and moderated the Friday Book Class for many years.

2903 Introduction to American Sign Language through Song **UPDATED**

Fri, Jan 31-Mar 21, 11 am-12:15 pm (VPC) \$5

LIMIT 12

American Sign Language is a beautiful, practical, and fun skill. In this class, we will start with the alphabet and work our way up to vocabulary needed to interpret a selected song in sign. In addition to practicing basic ASL signs, you will also learn how to notate ASL vocabulary, construct sentences in ASL, seek out resources to learn new signs, and touch on principles of Universal Design and how they intersect with Deaf culture and history.

Moderator: Kristin Suess, in addition to being a professional singer, arts administrator, serial student, and Program Coordinator for OLLI, has trained in ASL off-and-on since she was in kindergarten. She attended Cincinnati State's Interpreter Training program with the thought of going into theatrical interpreting but cut her training short and finished with a certificate in Deaf studies.

2904 Photography: Shooting, Developing, Prints, and Books **NEW**

Fri, Jan 31-Mar 21, 11 am-12:15 pm (VPC) \$5

LIMIT 20

We'll begin by discussing post-processing, covering beginner programs that come with cameras; free online programs such as Google's Snapseed; purchased programs including Photoshop Elements, Lightroom, and Photoshop; and making and printing keepsake books. We'll take field trips to Krohn Conservatory to shoot plant still life and to Cincinnati Art Museum to discuss composition with OLLI Director and former museum educator Cate O'Hara. We'll also practice making single and group portraits and learn travel photography techniques from Betty Robertson. Group lunch after each class for all who are interested.

Moderators: Peter Nord has 75 years of photography experience with film, digital, video, family portraits, commercial, industrial, scientific, sports, print, editorial, photobooks, contests, and fine art. Betty Robertson, an expert solo travel photographer, has thousands of photos from many countries, some rarely visited by the American tourist.

3015 The History and the Literature: "The Librarian of Burned Books" **NEW**

Fri, Jan 31, 1-3 pm (VPC) \$0

LIMIT 60

Using *The Librarian of Burned Books* by Brianna Labuskes as the launching point, we will spend the first hour looking at the history of the period covered in the novel. Specifically, we will consider the rise of Hitler and the Nazis. We will also explore the politics of the U.S. in 1944, the penultimate year of the war, from Roosevelt's campaign for a fourth term and the conservative opposition. It will also include a look at Armed Services Edition (ASE) books. We will then spend an hour discussing the novel as contemporary literature. Readers and history buffs welcome!

Moderators: Stan and Diane Henderson are avid readers. Stan reads history; Diane fiction. In other lives, they would have been history and English professors. Now they team up to share their passions with us. Pre-retirement, Stan was Vice Chancellor for Enrollment Management and Student Life at the Univ. of Michigan-Dearborn, and Diane an educational program planner/consultant. Both are failing retirement!

3016 So, You Want to Be a Writer? **NEW**

Fri, Jan 31, 1-3 pm (ZOOM) \$0

UNLIMITED

Is writing a book part of your retirement plan? Author Ed Linz will lead this interactive session via Zoom and will cover all the steps from inception of an idea for a book until it is published. We will examine all options for publishing from a nationally known publisher to "vanity" publishing to self-publishing. There will be a discussion of various types of writing including fiction, nonfiction, textbooks, poetry, and children's books.

Moderator: Ed Linz, a 1965 graduate of the Naval Academy, is the author of five books, including recent works on the Great Depression and the Vietnam War. He holds advanced degrees from Oxford Univ. and George Mason Univ. and lives in Maine and Virginia. He was the recipient of a heart transplant in 1994. He is a native of Northern Kentucky.

3017 Golden Age of Cincinnati Top-40 Radio UPDATED

Fri, Feb 7, 1-3 pm (VPC) \$0

LIMIT 150

In the 1960s, the Top-40 hit radio format was a champion of open-minded musical diversity at a time when music was overflowing with groundbreaking experiments. James Brown was heard next to Bob Dylan, the Beatles next to Motown, and much more. The presentation will feature an edited suspenseful reveal, song by song, of the top songs on a specific WSAI Top-40 weekly survey from the 1960s. We will play song excerpts, comment on, give information about the hit oldies, and seek your feedback.

Moderators: Steven Rosen has moderated OLLI music-related classes previously and wrote the book *Lost Cincinnati Concert Venues of the 1950s and 1960s*. Bill Soudrette collects material related to Cincinnati music, especially of the 1960s and 1970s.

3018 A Specialized Journey: The Fight For Sobriety through the Hamilton County Drug Treatment and Recovery Court NEW

Fri, Feb 21, 1-3 pm (VPC) \$0

LIMIT 150

Judge Nicole Sanders will present on the mission and purpose of the Hamilton County Drug Treatment and Recovery Court. She will explain how the Court operates, its unique position in Ohio, and how it differs from every other courtroom in the general division. The presentation will allow for questions and answers.

Moderator: Nicole Sanders earned a BS from UC and JD from UC College of Law. She is a member of the Ohio State Bar, Southern District Western Division, Sixth Circuit Court of Appeals, and the United States Supreme Court of America. A lifelong Cincinnati, she is a mother, grandmother, legal professional, and long-time public servant.

3019 Radical Endurance: Growing Old in an Age of Longevity NEW

Fri, Feb 28, 1-3 pm (ZOOM) \$0

UNLIMITED

Why are so many of us afraid of growing old? And why has old age gotten such a bad rap? In this online presentation and conversation, we will enjoy some inspiring true stories about interesting old people; we will quiet our fears of losing our minds, our mobility, or our independence; we will learn to resist ageism in our everyday lives, and we will assert that we have meaningful futures. Ask questions, share your stories,

and get some nourishing food for thought.

Moderator: Andrea Gilats, PhD, is a writer and educator who directed lifelong learning programs at the Univ. of Minnesota for 34 years. She is the author of two books published by Univ. of Minnesota Press, *Radical Endurance: Growing Old in an Age of Longevity* (2024), and *After Effects: A Memoir of Complicated Grief* (2022). Learn more about her at andreagilats.com.

3020 Your Perfect Fit: Styling Tips for Every Body Shape NEW

Fri, Mar 14, 1-3 pm (VPC) \$0

LIMIT 150

Discover how to style your unique body shape in this interactive session. Learn to identify your body type, explore outfit formulas that flatter your body, and gain practical tips for styling your clothes. Knowing your body shape will help you get dressed, know how to wear overlooked gems in your closet, and make better shopping decisions. Both women and men are encouraged to participate!

Moderators: Jennifer Ebelhar and JoEllen Hothem have become Personal Stylists in the best half of their lives. Jennifer has discovered the power of video in teaching style principles, and her account @theStyleEquation has 150,000 followers on TikTok. JoEllen is also an organizing enthusiast and a Culinary Educator teaching cooking classes at local nonprofits. Find her on Instagram @JoHothem_taste_style.

3021 Euchre: Learn to Play or Brush Up Your Skills UPDATED

Fri, Jan 31-Feb 21, 1-3 pm (VPC) \$0

LIMIT 28

Learn to play euchre or hone your skills with others. Enjoy the laughter and fun competition. This informal learning experience will come through practice and play with euchre enthusiasts. Prep for the Euchre Tournament, #3022.

Moderator: Sandy Crawfis is an avid competitor and OLLI volunteer who wants to engage in and encourage more social activities.

3022 Euchre Tournament UPDATED

Fri, Mar 7, 1:30-4:30 pm (VPC) \$0+fee

LIMIT 22

OLLI card players will compete for cash prizes and bragging rights. You must already know how to play to compete. This is a formal tournament, and you will receive information in advance about how play will proceed. Enroll in #3021 to get ready for the fun and competition. \$10 cash at the door. Cash prizes to top winners.

Moderator: Sandy Crawfis is an avid competitor and OLLI volunteer who wants to engage in and encourage more social activities.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

4404 Read “Hamlet” Aloud—Plus: Shakespeare, His Times, and Much More NEW

Tue, Jan 28-Mar 18, 9:30-10:45 am (ADI) \$5

LIMIT 20

Each week, we'll learn lots of fascinating Shakespeare-related tidbits (the Viking saga of Prince Amleth, history of “theater” in England, medieval ink recipe, forged Shakespeare portraits, his missing skull, creative insults and memorable phrases, other versions of “To be...,” etc.). PLUS, each class, we'll take volunteers for parts and read aloud several scenes of *Hamlet* (non-readers are welcome). Brooding prince, vengeful ghost, poison plot—this is going to be fun! Bring a copy of *Hamlet* to class. (Recommended: The Folger Library edition; the paperback is widely available in two sizes.)

Moderator: Linda Kegg has presented OLLI classes on Extraordinary Women of the Past, The Wars of the Roses and Tumultuous Tudor Era, Life and Times of Will Shakespeare, Origami, etc.

4405 Introductory Spanish

Tue, Jan 28-Mar 18, 9:30-10:45 am (ADI) \$5

LIMIT 20

This is your intro to the Spanish language. No prerequisites. This is a combination web-based and classroom-based class. You will have weekly web-based assignments and an in-person class initially and about every other week thereafter. The web-based classes are excellent, and we decided that there was no need to reinvent them. We will cover all the basics: alphabet and pronunciation, numbers, colors, days of the week and dates, present tense verbs. We will also spend some time on useful expressions, directions, and various situations.

Moderators: Leo (Leonor) Ennis is our native speaker and Spanish resource; Rick Marra is her student and organizes the class. They have taught the intro class many times and also teach an Intermediate and a conversational class.

4406 Henry Winkler: From Dyslexia to Stardom NEW

Tue, Jan 28-Feb 4, 9:30-10:45 am (ADI) \$0

LIMIT 20

Using Henry Winkler's book *Being Henry*, we will explore the challenges of being a dyslexic growing up in the late 1940s and 1950s. In addition to understanding the educational aspects of dyslexia, we will discuss the emotional impact it can have on an individual. We will also explore how Winkler was able to navigate through life and achieve stardom, even though he was unable to read.

Moderator: Barb Solomon was a teacher/learning disabilities tutor for 35+ years. In addition to working in a classroom, she had her own tutoring business in which she addressed various learning challenges of her students. In addition to remediating the learning issues, she worked on elevating her students' self-esteem and teaching parents how to be strong advocates for their children.

4407 Remember, Reflect, Write Your Life Memories

Tue, Jan 28-Mar 18, 9:30-10:45 am (ADI) \$5

LIMIT 7

You are the star of your life, and your unique story is important. Recall your life experiences, reflect about their meanings, and record them. We have lived several decades and learned; now we think about the meaning of our lives and perhaps desire to pass values on to others. Create your memoir for your family or yourself. This small participatory class offers opportunity to read your pieces every week and to get helpful feedback from the moderator and classmates—and to appreciate for yourself what your life means.

Moderator: Kathy Richardson has moderated OLLI courses in novels, poetry, nonfiction, and autobiography writing. She retired after 42 years as English teacher and middle school head at Seven Hills School.

4503 Libraries of the World NEW

Tue, Jan 28-Feb 18, 11 am-12:15 pm (ADI) \$5

LIMIT 30

From the oldest to the largest and so many in between! We will virtually visit libraries in China, Egypt, Canada, and other places around the world.

Moderator: Deb Price is a retired educator who is interested in history and where to find it. So it seems logical that this class on libraries would present itself.

4504 Secret Societies from the Knights Templar to the Mafia NEW

Tue, Feb 25-Mar 18, 11 am-12:15 pm (ADI) \$5

LIMIT 30

A secret society is an organization about which the activities, events, inner functioning, or membership are concealed. The society may even attempt to conceal its very existence. We'll look at the Knights Templar to the Mafia, and a dozen more. What makes them tick and who belongs?

Moderator: Deb Price is a retired educator who looks for the unusual and interesting.

4505 Beaded Jewelry-Making Basics NEW

Tue, Jan 28-Feb 25, 11 am-12:15 pm (ADI) \$5

LIMIT 12

This hands-on, five-week course focuses on the basic techniques to make beaded jewelry. You will learn how to use beading wire, memory wire, crimps, clasps, head pins, and ear wires. Each person will be encouraged to make a necklace, bracelet, and pair of earrings. All needed supplies will be provided, but if you have beads or other supplies on hand, you are welcome to bring them to add to your creations.

Moderator: Grace Severyn enjoyed moderating several art-related (mixed-media and paper-beading) classes for OLLI.

She raised her family in Cincinnati and has been a member of the Kennedy Heights Arts Center collective for a decade. Her formal education was in biology and law, but art has always been her favorite!

4506 Dante's Cosmic Journey, Part 2—Purgatorio **UPDATED**

Tue, Jan 28-Mar 18, 11 am-12:15 pm (ADI) \$5

LIMIT 24

We'll continue our exploration of Dante's poetic journey through the three realms of the Christian afterlife. We'll focus on Purgatory, where the repentant climb the mountain to heal their souls and reach beatitude. Includes a quick review of Inferno and what Dante, instructed by Virgil, has learned there. We will continue in spring with the Paradiso. We'll use the contemporary American translation by Allen Mandelbaum.

Moderator: John Tallmadge, retired professor of literature and environment (PhD, Yale, 1977), taught Dante at three universities and two churches; experienced working with undergrads, grad students, and adult learners. (More info at www.johntallmadge.com)

4608 Independent Travel **NEW**

Tue, Jan 28, 12:45-2 pm (ADI) \$0

LIMIT 100

Arranging your own trip, without a tour company or travel agent, can reward you with authentic, affordable, and individualized travel experiences. It has its own challenges as well as many benefits. This presentation will suggest planning resources, tips, and suggestions for independent travel, as well as questions to consider about destinations and whether independent travel may be right for you. Jodi Harris, a retired educator, has traveled independently on and off the beaten path, in six continents over four decades, usually by bike, on foot, or via public transportation.

Moderator: Jodi Harris

4609 Separation of Church and State: Vital in 1787, Critical Today **UPDATED**

Tue, Feb 4, 12:45-2 pm (ADI) \$0

LIMIT 100

Beginning in 1680 with the divine right of Kings, we'll show how thinkers at the time evolved the idea of separation of Church and State. We then look at how the Founding Fathers incorporated this idea into our Constitution. We look at court decisions over a long period of time that supported separation. We conclude with a look at how separation has been eroded by various legal actions and court decisions that impact our education, healthcare, civil rights, and the rights of women, minorities, and LGBTQ+ individuals.

Moderator: Jay Avner

4610 Introducing Amazing Aspects of Artificial Intelligence **NEW**

Tue, Feb 11, 12:45-2 pm (ADI) \$0

LIMIT 100

Once reserved for the realms of science fiction, Artificial Intelligence (AI) is now a very real emerging technology with a huge number of applications and benefits. It is swiftly becoming part of many businesses, industries, and our personal lives. It can answer questions about anything; automate tasks; create art, music, or videos; and provide personal assistance. Howie Baum, retired materials engineer and educator, will describe what AI is, how the four main types are used, the basics of how it works, and ethics and safety concerns.

Moderator: Howie Baum

4611 Unpacking Israel, Palestine, and Antisemitism **UPDATED**

Tue, Feb 18, 12:45-2 pm (ADI) \$0

LIMIT 100

This interactive, dialogue-driven workshop will allow you to process and be curious about what's unfolding in the Middle East region, specifically the intersections of relationship and regional conflict between Israel and her Arab neighbors. Moderator Justin Kirschner is Regional Director of the American Jewish Committee Cincinnati. He serves in leadership on committees and boards focused on intergroup relations, neighborhood development, and voter engagement. You will gain tools to foster collective empathy, understand the nuances of regional conflicts, and grasp the impact of antisemitism when discussing Israel and Palestine.

Moderator: Justin Kirschner

4612 Timeless Humor of Abraham Lincoln **NEW**

Tue, Feb 25, 12:45-2 pm (ADI) \$0

LIMIT 100

Abraham Lincoln was a self-taught, ambitious westerner, who loved to retell a good story. He used homespun humor to illustrate his point as an attorney in court and as president. Humor also provided Lincoln with an escape from his depression and the devastation of war. It became a trademark and a vital resource that helped him navigate critical challenges during his lifetime. Presenter Chris Burns is a Civil War historian who has conducted significant research on Ulysses Grant and Abraham Lincoln. His passion is bringing history to life.

Moderator: Chris Burns

4613 Miracle on the Hudson Revisited **NEW**

Tue, Mar 4, 12:45-2 pm (ADI) \$0

LIMIT 100

It's been 16 years since the "Miracle on the Hudson," when US Airways Captain Chesley Sullenberger landed his Airbus A320 on the Hudson River after losing thrust in both engines

due to ingestion of multiple geese. The event was the basis for the movie *Sully* starring Tom Hanks. We'll review the event and the NTSB investigation. We'll also review parts of the movie, discussing what was true-to-life and what was Hollywood. Some aviation safety statistics will be discussed as well. Presenter Dan Kemme is a retired GE Aviation Accident Investigator.

Moderator: Dan Kemme

4614 “Big Rocks”: Quick Photo Management Tips NEW

Tue, Mar 11, 12:45-2 pm (ADI) \$0

LIMIT 100

We can all get overwhelmed with the sheer number of photos and videos on our phones and computers. So how do we start bringing any sense of organization to them? Focus on the “Big Rocks.” This session will get you focused on a simple first step to getting organized on your phones or computers. Tabitha O’Connor has been a memory manager for 20+ years, helping people digitize, organize, and celebrate their cherished memories captured in photos, videos, and documents while helping them preserve the stories of their lives.

Moderator: Tabitha O’Connor

4615 Graciously Seasoned: The Power of Permission NEW

Tue, Mar 18, 12:45-2 pm (ADI) \$0

LIMIT 100

Learn untapped strategies to focus on and reintegrate goals, missions, and visions that you have delayed, forgotten, or set aside externally and internally. You will depart with attainable, flexible, and secure H.E.L.P. covering the power of permission for newness in obtaining your personal and professional desire for the abundant life you are predestined to acquire. The lessons are shared in an autoethnography manner. Venita Thomas, Chief Servant Officer of Venita Thomas Consulting Service, will soon graduate with a Doctorate in Education from Franklin University.

Moderator: Venita Thomas

4705 Hooray for More Hollywood Musicals NEW

Tue, Jan 28-Mar 18, 2:15-3:30 pm (ADI) \$5

LIMIT 60

We’ll continue our journey through original Hollywood musicals featuring films of the late 1930s into the 1940s. Through film clips and discussion, we’ll explore movies including *Pinocchio*, *New Moon*, *Fantasia*, *Yankee Doodle Dandy*, *Holiday Inn*, *You Were Never Lovelier*, *Road to Morocco*, *Going My Way*, and *Meet Me in St. Louis*. Featured actors include Jeannette MacDonald, Nelson Eddy, Judy Garland, Bing Crosby, Bob Hope, Jimmy Cagney, and Fred Astaire.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original

Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

4706 The Ten Commandments: Origins, Misunderstandings, and Interpretations NEW

Tue, Feb 25-Mar 18, 2:15-3:30 pm (ADI) \$5

LIMIT 30

Disputes about the public display of the Ten Commandments are in the news again, highlighting the significance of these ancient words. In this four-week participatory class, we will closely read texts in the Five Books of Moses and the New Testament containing and relating to the Ten Commandments and examine differing interpretations of the verses in the Jewish tradition over centuries. A copy of the *Five Books of Moses* is required.

Moderator: Jonathan Perlman, a native of Baltimore, MD, graduated from Yale Univ. cum laude. After rabbinic ordination at the Jewish Theological Seminary in New York, he moved to Israel, living there for 25 years. He has taught adults in synagogue and community settings for decades in Israel and the U.S.

4708 Horror Operas: Magic and Menace through Music NEW

Tue, Jan 28-Mar 18, 2:15-3:30 pm (ADI) \$5

LIMIT 20

As we travel from the darkest months of the year back to the dawn of spring, let’s explore the frightening and at times ghoulish “Horror Opera” genre. We will move from an overview of the multitude of stories and their elements to viewing specific operas where we will see these elements in action. We will discuss the meaning and lessons for humanity as we navigate through the stories.

Moderator: Deborah Lewis, President of the Wagner Society of Cincinnati and Board President of Queen City Opera, has developed an interest in the “ghoulish” since attending her first performance of *Der Freischutz*, or *The Magic Bullet*, in Cincinnati a few years ago.

4800 Gardening: Ask the Experts UPDATED

Thu, Jan 30-Mar 20, 9:30-10:45 am (ADI) \$5

LIMIT 24

During the dreary winter months, it’s the time to dream about the pleasures of gardening in the spring and explore new ideas and best practices. Each week, we’ll hear from different gardening experts on a variety of subjects. You’ll be inspired and ready to dig when the ground thaws.

Moderator: Deb Price is a Master Gardener who has been sharing gardening knowledge and consulting with experts for many years.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

4801 Globalization in Retreat NEW

Thu, Feb 20-Mar 13, 9:30-10:45 am (ADI) \$5

LIMIT 30

COVID and the Ukraine War transformed the global economic and political order. Russia and China are now 100% autocratic, increasing geo-political tensions. Populism and class conflict are intensifying as a reaction to heightened economic and social inequality. Immigration is seen as a threat to national identity and the source of foreign competition for jobs. World trade in finished goods and components is declining, and global supply chains are changing as countries reshore their manufacturing jobs. We will discuss the latest developments in these areas and discuss potential consequences.

Moderator: Dan Nagel is a retired CPA with a lifelong interest in modern history.

4802 Poetry Writing Workshop—The Basics UPDATED

Thu, Jan 30-Mar 20, 9:30-10:45 am (ADI) \$5

LIMIT 9

Whether you are just dipping your pen into poetry or have a bundle of poems in the bottom of a desk drawer, you can find guidance, inspiration, and information about the craft of poetry in this workshop. We'll learn from examples, explore literary devices and poetic forms, write together, and share our writing with the aim of improvement and support. Be ready to write and participate in discussion each week. To facilitate getting to know each other, please bring a favorite poem by any poet to the first class.

Moderator: Cate O'Hara has moderated many poetry workshops for OLLI. She holds an MA in English from the Univ. of California, Berkeley, and is director of OLLI. She loves words, poetry, and writing and looks forward to interacting with like-minded, curious learners.

4900 Origami (Paper-Folding) UPDATED

Thu, Jan 30-Mar 6, 11 am-12:15 pm (ADI) \$5+fee

LIMIT 8

No talent needed to enjoy folding beautiful paper into 16 amazing origami creations (Winged Box, Flapping Crane, Shallow "Basket" with Handle, Traditional Hopping Frog, Peacock, Barking Dog, Egg Stand, Water Lily, etc.). You will receive illustrated instructions for each project. All materials are provided. In the first class, instructors will collect a \$5 fee, which covers the great variety of paper (and other materials) you will use in this six-week session, plus extra paper for you to continue your folding-fun at home.

Moderators: Linda Kegg and Jennifer Kegg are looking forward to helping you enjoy folding little squares of paper into wonderful origami creations.

4901 Enough \$\$\$ to Enjoy the Rest of Your Life: Retirement Income Solutions

Thu, Jan 30-Mar 20, 11 am-12:15 pm (ADI) \$5

LIMIT 20

From a financial perspective, retirement planning has two phases: (1) accumulating to retirement and (2) spending through retirement. Strategies that work in the first phase often do not work well in the second. Acknowledging today's longevity, many of us will see our grandchildren graduate college, but longevity is a double-edged sword. Will our funds last 25 to 30 years? We'll focus on making the most out of what you have so that you can enjoy life. Rest assured: I will not promote financial products or offer a complimentary office visit.

Moderator: David McCarley practiced financial planning as a Certified Financial Planner for 25+ years. He is now enjoying his own planned retirement lifestyle.

4902 How Do Physical Scientists Know

What They Know? NEW

Thu, Jan 30-Mar 20, 11 am-12:15 pm (ADI) \$5

LIMIT 30

How do physical scientists know that the universe is expanding, how old it is, how the stars create energy, how chemical elements are formed, how far the earth is from the sun, planets and other stars, and what is the mass of the earth and the other planets? Without getting "too technical," we will answer these and many other questions about how physical scientists know what they know by describing the various methods they have used to discover some of the important laws of nature.

Moderator: Jim Rauf, BA physics, Thomas More College, BME mechanical engineering, Univ. of Detroit. Retired from GE Aviation where he was a manager and principal engineer in the Commercial Engines Product Support Group.

5000 Sing Karaoke UPDATED

Thu, Jan 30-Mar 20, 12:45-2 pm (ADI) \$5

LIMIT 10

You love to sing but have never tried karaoke? You want to learn or are a real pro? Join us for a musical afternoon of fun. We have a large list of songs to choose from, and who wouldn't enjoy singing accompanied by a big band? We'll encourage you to share your voice, but we can always use an audience if you'd rather listen.

Moderators: Glenn King and Bill Meyer have been singing with the Martinaires for several years and enjoy taking karaoke musical entertainment to retirement communities, organizations, and school reunions. Joyce Andrews is our music organizer.

5001 Cincinnati Black History NEW

Thu, Jan 30, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. Crystal Kendrick will present a timeline of the lives and leaders in Black Cincinnati's history. Kendrick is the president of The Voice of Your Customer marketing consulting firm and the publisher of The Voice of Black Cincinnati, a media company designed to educate, recognize, and create opportunities for African Americans in the region.

Moderator: Crystal Kendrick

5002 Notable Italian Americans in Cincinnati UPDATED

Thu, Feb 6, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. Learn the success stories of 12 prominent Italian Americans who have made a lasting, favorable, and very identifiable contribution in the Greater Cincinnati area. Since his retirement from UC Medical Center, Gerardo Perrotta has published a book on Italian themes on US postage stamps (Phila-Italy Americana), enjoys local Italian-American history and history of his native Calabria, and gives presentations on these topics.

Moderator: Gerardo Perrotta

5003 How to Eat Local: Exploring Locally Grown and Produced Food NEW

Thu, Feb 13, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. There are many reasons to eat food that was grown nearby on small farms: the food is delicious and vibrant, it supports local farm families, and it helps the environment in so many ways. Adding local foods isn't hard, but it takes new attitude and habits. Learn how to find and use locally-grown produce and products from Polly Campbell, food and dining writer for the Cincinnati Enquirer for 25 years. She is an advocate for strengthening our local food system.

Moderator: Polly Campbell

5004 Best of the Canadian Rockies by Rail: Western Canada's Splendor UPDATED

Thu, Feb 20, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. Rick and Kathy Takanen are avid Road Scholar travelers. Relive their experience visiting the wonders of the rugged, beautiful Canadian Rockies in Alberta and British Columbia. View green valleys, sapphire rivers, and

jade lakes as they head into the heart of the mountains along the Icefield Parkway. Visit Banff hot springs and Lake Louise. Walk on the Athabasca glacier. A Rocky Mountaineer train ride along the Fraser River leads into Whistler and finally a visit to the cosmopolitan city of Vancouver, including a cruise up the Indian Arm fjord.

Moderator: Rick Takanen

5005 Cincinnati's Early Black Philanthropists UPDATED

Thu, Feb 27, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. Gina Ruffin Moore, author and historian, shares a rich history of Black philanthropy in Greater Cincinnati focusing on those who became business owners, community leaders, and supporters for the needy. She is author/historian of *Cincinnati: The Black America Series*. She does community outreach at the Metropolitan Sewer District, has been an adjunct at Cincinnati State, and was formerly a newscaster. She has a BS in Journalism (OU) and an MS in HR, Development and Training (XU). She is a board member for Princeton Schools, Stowe House, and HOME.

Moderator: Gina Ruffin Moore

5006 Top 10 Health Benefits of Volunteering for Adults UPDATED

Thu, Mar 6, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. At AmeriCorps Retired & Senior Volunteer Program (RSVP) in Cincinnati, we match volunteers ages 55+ with nonprofits in their community that either need or rely on volunteers to be able to provide their services. RSVP is the largest volunteer network in the nation for people 55 years and over. Did you know volunteering can actually improve your health and wellbeing? We will discuss the top 10 benefits of older adults being involved with community service. We can help you find a place to start volunteering as well for those interested.

Moderator: Gretchen Eagle

5007 Rethink Plastics: The Impacts of Plastics on Planet Earth NEW

Thu, Mar 13, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. The convenient plastic consumer items and packaging in our households are made from hundreds of chemicals from petrochemical factories that also produce oil and gas products—the very companies that are directly impacting the warming of the earth and causing climate change. What is the relationship between plastics and climate

change? How can we change our consumer practices? Bob Gedert is semi-retired after a 45-year career in guiding communities toward sustainable materials management through a system approach, bridging recycling best practices and sustainability with local economic development practices.

Moderator: Bob Gedert

5008 Opium Wars NEW

Thu, Mar 20, 12:45-2 pm (ADI) \$0

LIMIT 100

We'll be Zooming this presentation from Victory Parkway to watch together at Adath Israel. In the 19th century, Western industrial nations extended their global reach through assertive colonization and compulsory free trade. Victorian-era Great Britain harbored a robust appetite for Chinese luxury items, including silk, porcelain, and tea. China demanded payment in silver, spurning the industrial goods Great Britain proposed. Nevertheless, British-controlled India could cultivate opium, a substance outlawed in both Britain and China. Learn how the Opium Wars emerged as a means for Great Britain to enforce opium trade upon China, Presenter Gerald Checco is using his retirement to explore fascinating topics.

Moderator: Gerald Checco

5009 Tour Adath Israel UPDATED

Thu, Mar 20, 12:45-2 pm (ADI) \$0

LIMIT 30

Stroll through the Synagogue and view the amazing artifacts and beautiful stained glass windows. Learn about holidays and rituals and have an opportunity to view a Torah scroll hand-written by a scribe with a quill. Jo-Ann Casuto has been leading tours of Adath Israel for many years.

Moderator: Jo-Ann Casuto

5100 Art for the Fun of It UPDATED

Thu, Jan 30-Mar 20, 2:15-3:30 pm (ADI) \$5

LIMIT 20

Tap into your creative side in this experiential class. We will introduce you to calligraphy, geometric designs, and printing among other artistic techniques. Your willing spirit is welcome here. NOTE: we are not trained artists, but we love to get creative!

Moderators: Caryl Miller and Deb Price are retired educators who are interested in just about everything. They have collaborated on Art for the Artless previously.

5101 Artificial Intelligence for Seniors UPDATED

Thu, Jan 30-Feb 13, 2:15-3:30 pm (ADI) \$5

LIMIT 20

Artificial intelligence (AI) is making headlines in the last few years. This is an opportunity for learning more about how AI

is making our life richer, what problems it may generate, and how it is changing the world around us. You can become better at searching for and finding useful information on the Internet with and/or without Artificial Intelligence tools.

Moderator: Katalin Molnar is a retired software engineer, former researcher in artificial intelligence and text recognition. She wants to share knowledge with more people and mitigate fears of AI for those who may have doubts.

5102 How Cincinnati Grew—Neighborhood by Neighborhood UPDATED

Thu, Jan 30-Mar 20, 2:15-3:30 pm (ADI) \$5

LIMIT 30

Cincinnati is a city of 52 recognized neighborhoods. We will explore why, how, and when these distinct areas became part of Cincinnati, many giving up their own "city" status. Did you know that College Hill had a town hall and a mayor? You will be encouraged to contribute information about your own neighborhoods.

Moderator: Marcha Hunley has been an educator for 40 years and is a lifelong Cincinnati resident. Currently, she keeps her brain in tiptop shape by moderating courses for OLLI and designing historical tours for Spring Grove Cemetery and the OTR Brewery District.

5103 Hey, How Did People in Poems Cope with Life Challenges? UPDATED

Thu, Jan 30-Mar 20, 2:15-3:30 pm (ADI) \$5

LIMIT 20

Stories connect us with timeless human joys and struggles. What do characters in poetry show us about human relationships and challenges people face? How have others coped with the changing world, an aging body, raising children, or experiencing injustice, disillusionment, loss, death, and war? Reflect on universal experiences of memorable characters created by Shakespeare, Frost, Robinson, and others—and how those experiences inform our life journeys. Emphasis is thematic rather than literary. Narrative poems will be read and interpreted in class and related to our lives and society. No homework! Enjoy!

Moderator: Kathy Richardson has moderated OLLI courses on memoir writing, poetry, American poet laureates. She has led classes on novels about coming of age, barriers and boundaries in America, Scout and Atticus Finch. She taught English and history at Seven Hills School for 42 years as well as ESL in Wuhan, China, in 1982. She chaired OLLI's Wednesday WOWs Team for several years.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

8006 Bridge 102: For Those Who Know Some of the Basics UPDATED

Tue, Jan 28-Apr 1, 2:45-5 pm (Cincinnati Bridge Center) \$5
LIMIT 16

Those who have taken an introductory bridge course or have experience playing socially will gain additional skills for this great card game. Topics and course curriculum will follow the ACBL text “Play of the Hand in the 21st Century” (provided) but will be adjusted to fit student experience levels. Topics to be covered: techniques for play, strong and weak 2 bids, communication, and beginning conventions beyond the basics. Location: 2860 Cooper Rd, #1, 45241. NOTE: Approval of moderator required for those who have not previously completed Bridge 101.

Moderator: Larry Newman, Gold Life Master, Best Practices accredited teacher of the ACBL, and member of Cincinnati Bridge Assn. education committee.

8007 Fording Harrison’s Films NEW

Wed, Jan 29-Mar 19, 1-4 pm (Chesterwood CCRC) \$5
LIMIT 50

Harrison Ford is one of the most popular and renowned film actors with dozens of films covering multiple genres. In each three-hour class, we will watch an entire movie and then discuss it. The movies featuring Ford include: *Indiana Jones and the Last Crusade, Hanover Street, Regarding Henry, Frantic, Six Days Seven Nights, The Fugitive. What Lies Beneath, and Working Girl*. Other featured actors include Sean Connery, Melanie Griffith, Annette Benning, Anne Heche, Christopher Plummer, and Leslie-Anne Down. Location: 8073 Tylersville Rd, 45069.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

8008 Treasures of the Cincinnati Art Museum

Wed, Jan 29-Mar 19, 1:30-2:30 pm (Cincinnati Art Museum) \$5
LIMIT 12

Week 1: Cincinnati art—by Cincinnatians, for and about Cincinnati; Week 2: religion in art; Week 3: Egyptian/Greek/Roman/Middle Eastern art; Week 4: French and Italian art; Week 5: Spanish and Dutch art; Week 6: American art; Week 7: Impressionism to Modern; Week 8: Modern to Contemporary. Free admission and parking. Portable, lightweight chairs available (no backs). Museum membership is not required. Location: 953 Eden Park Dr, 45202.

Moderator: Bob Zierolf is a docent at the Cincinnati Art Museum. He has toured and led tours in major European museums.

8009 Samuel, Saul and David: Their Lives, Their Loves, Their Legacy, Part 4 NEW

Thu, Jan 30-Mar 20, 11 am-12:15 pm (Temple Shalom) \$5
LIMIT 60

We will learn about the often heroic yet deeply flawed lives of Samuel, Saul, and David through a close reading of the biblical books of I and II Samuel. Part 4: David, King of Israel. The material in this class is self-contained and therefore it is not necessary to have taken earlier parts. Text: *Tanakh, The Holy Scriptures* (Jewish Publication Society, 1985 or later edition). Location: 10828 Kenwood Rd, 45242.

Moderator: Gerry Walter is Rabbi Emeritus of Temple Shalom and also the retired Director of Pastoral Care at Cedar Village. He has taught Jewish and Religious Studies and Bible at HUC-JIR, NKU, Virginia Tech, and Roanoke College.

8010 Birth and Development of Western Music UPDATED

Thu, Jan 30-Mar 20, 4:55-5 pm (Email) \$0
UNLIMITED

The Birth and Development of Western Music traces through images, text, and sound samples the beginning of Western music over hundreds of years. Each week, you’ll receive an email with information, images, and links. Your questions and comments can be delivered and answered via email. NOTE: This class does not ever meet—in person or virtually.

Moderator: Rafael de Acha holds graduated degrees in Music from UC-CCM and New England Conservatory of Music. His journey has taken him to thousands of performances of arts events as both participant and spectator throughout his 60-year career in the arts as performer, director, producer, and writer.

8011 Let’s Do Lunch UPDATED

Fri, Jan 31-Mar 21, 1-2:30 pm (Various) \$5
LIMIT 22

Join us for the social experience of lunching with others. Since it’s winter, we’ll focus on restaurants that serve the food we crave when it’s cold outside: soup, stew, and chili. Please remember that we have to make reservations and need your commitment for attending. Also, note that restaurants may be located in any part of the Greater Cincinnati region and may not be close to your home. If you sign up, we expect that you will attend all or most of the lunches. You’ll receive information about the first lunch location about one week in advance.

Moderators: Caryl Miller and Deb Price have been visiting dining establishments in Greater Cincinnati for too many years to count. They have organized Let’s Do Lunch for more than six years.

9007 Tour Manifest Drawing Center NEW

Mon, Feb 3, 10-11:30 am (Manifest Drawing Center) \$0
LIMIT 25

Experience an immersive tour of Manifest Drawing Center's new historic home in Clifton. Co-founder and Executive Director Jason Franz will open with a short presentation about Manifest's rich programming across a compelling 20-year history and its dramatic future as it transitions into the Manifest Center for the Visual Arts. You will then tour the beautiful 93-year-old French Normandy-style building and Manifest's studios that support artists developing skills and making works hearkening back to the golden age of Cincinnati. Location: 3464 Central Pkwy, 45223.

9008 Tour Maverick Chocolate Company NEW

Thu, Feb 6, 1-2 pm (Maverick Chocolates/Rookwood) \$5
LIMIT 15

Maverick Chocolate is a family-owned and operated bean-to-bar craft chocolate company, making chocolate the old-fashioned way from ethically sourced cocoa beans to finished chocolate bars, truffles, and drink. On this tour, you will learn how farmers grow, ferment, and prepare cacao; see the full bean-to-bar process of making chocolate; and enjoy chocolate samples. Location: 2651 Edmondson Rd, 45209.

9009 Pub Night at Miamiville Trailyard UPDATED

Tue, Feb 25, 7-8:30 pm (Miamiville Trailyard) \$0
LIMIT 30

Join with old and new OLLI friends upstairs at the Miamiville Trailyard (no elevator!) to raise a glass and enjoy the company of fellow lifelong learners. Drinks and food on your own—but the camaraderie is free! Location: 368 Center St, 45140.

9010 Joseph Clark Gallery: Arts of Africa Tour UPDATED

Wed, Mar 5, 1-3 pm (Clark Gallery) \$0
LIMIT 30

Take an interactive tour of the Joseph Clark Gallery designed to provide some exposure to African artifacts and possibly expand your knowledge of or insight regarding traditional tribal art and artifacts from sub-Saharan West Africa as well as learn about the cultures, history, and purpose behind their creation. NOTE: Restroom is up a flight of stairs. Location: 4038 Hamilton Ave, 45223.

9011 Cincinnati Art Museum Tour: "Shahzia Sikander: Collective Behavior" NEW

Fri, Mar 7, 1:30-2:30 pm (Cincinnati Art Museum)
\$0+fee for CAM nonmembers
LIMIT 40

Take a docent-guided tour of *Shahzia Sikander: Collective Behavior*, a career-spanning exhibition of the internationally renowned, New York-based artist. For more than three decades, Sikander (born 1969, Lahore, Pakistan) has been reframing South Asian visual histories through a contemporary feminist perspective. Working in a variety of mediums—painting, drawing, print, digital animation, mosaic, sculpture, and glass—she reimagines the past for our present moment. This exhibition premiered as a Collateral Event of the 60th International Art Exhibition, La Biennale di Venezia. CAM members free; nonmembers pay at the door or online in advance. Location: 953 Eden Park Dr, 45202.

9012 Dinner and a Show in Mariemont UPDATED

Thu, Mar 13, 5:45-10 pm (National Exemplar/Mariemont Theatre) \$0
LIMIT 15

It's friends night out—OLLI style, with OLLI providing the companionship of fellow lifelong learners. Meet for dinner at the National Exemplar Restaurant, located on the first floor of the historic Mariemont Inn, before walking down the block to see a movie together at the Mariemont Theatre (movie choices TBA). You'll pay for your meal and movie tickets individually. Location: 6880 Wooster Pike, 45227.

9013 Not-So-Genius Bar for Apple iPhone Users NEW

Wed, Mar 19, 6-9 pm (Oriental Wok) \$0
LIMIT 25

If you love—or hate—your iPhone, come to the bar to ask, share, suggest anything you want about your iPhone. With all the changes to iPhone, we prefer that everyone has iPhone X or later that is upgraded to the latest iOS. No Androids! None of us are geniuses but some of us LOVE our iPhones and can't get enough of them. There is no structure to the evening. Come or leave when you want. Eat or drink if you wish, but please support the restaurant. We just see this as an opportunity to find out more about that iPhone and all the things it can do. Location: 2444 Madison Rd, 45208.