

## Planning Form-H&S Alcohol

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Health and Safety

What topic will be your focus for the semester?

-Alcohol

What specific actions/behaviors are you hoping to address?

-Recently, we have had issues with the amount of alcohol that our members are consuming during social events. For some members, this is mostly in the form of pregaming and for others it is drinking during official events.

What steps will you take to change the culture of your chapter?

-Our chapter will be hosting an educational program related to alcohol's impacts on the individual (ASTP) in order to help our members better understand their relationships with alcohol and to set personal goals related to reduced drinking.

-To combat pregaming, we will be strengthening our event check in process and not admitting members and guests who are already intoxicated. This will include having sober monitors have a brief conversation with guests and having individuals who are in charge of observing people as they check in.

-To combat consumption at events, we will be improving our alcohol check in/out process to ensure that individuals only have access to the limited drinks they brought to the event.

How will you measure success in this area?

-Our chapter will be successful if we have no issues with overconsumption at events. This would include not having to send members or guests home early, not having to transport anyone to the hospital, and not having to deny access to anyone. We hope that this will improve over the semester as members learn more and better understand our expectations.

## Planning Form H&S Hazing

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Health and Safety

What topic will be your focus for the semester?

-Hazing

What specific actions/behaviors are you hoping to address?

-There have been increased conversations in our chapter from members questioning our new member process or making jokes about planning activities outside of our new member process. While we have not seen action taken, we are hoping to take a proactive approach to ensuring a healthy culture.

What steps will you take to change the culture of your chapter?

-We will be doing education to clarify the definition of hazing and what activities can be considered hazing. We will also review intervention techniques to help members understand how to confront concerning comments or behaviors. We will be planning this program with our State Director.

How will you measure success in this area?

-Our chapter will be successful if negative comments about the new member process and jokes stop and that members confront these comments if they occur.

Planning Form H&S Mental Health

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Health and Safety

What topic will be your focus for the semester?

-Mental Health

What specific actions/behaviors are you hoping to address?

-Our chapter members have been expressing exhaustion as a result of their academics, chapter expectations, and other commitments on and off campus. We have not seen specific individual concerns, but want to address our overall culture and help provide members with skills to support their own mental health.

What steps will you take to change the culture of your chapter?

-To reduce chapter burden, we will be working with our advisors to reexamine our programming calendar and focus only on essential or nationally mandated programs.

-We will be hosting an educational session as a part of our chapter week focused on finding balance in college. This will be open to members of the UC community and will be facilitated by a member of CAPS staff.

How will you measure success in this area?

-We will continue to have regular conversations with our members about how they are feeling and stress levels. We will be successful if members feel better able to manage their schedules.

Planning Form I&I

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Identity and Inclusion

What topic will be your focus for the semester?

-Tokenization

What specific actions/behaviors are you hoping to address?

-Our chapter has expressed a desire to become more diverse but our leadership team wants to make sure we are prepared to support the experiences of members of various identities.

What steps will you take to change the culture of your chapter?

-We will be doing education with staff from EPS on creating a culture of inclusion to help members understand how to be more inclusive in our policies and practices.

-Our executive board will be doing a review of policies to ensure we are using inclusive language and removing any policies that may be exclusionary.

-We will also be reviewing our member education programs to increase opportunities to create a sense of belonging and community.

How will you measure success in this area?

-We will be successful if we have larger investment from our current members and are confident in our ability to support members of various identities.

Planning Form L&CD

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Leadership and Career Development

What topic will be your focus for the semester?

-Personal Leadership Development

What specific actions/behaviors are you hoping to address?

-Our chapter prides itself on our culture of leadership within and outside of the organization. We are hoping to advance this priority by helping members develop their personal leadership skills based on their needs (i.e. delegation, confrontation, public speaking)

What steps will you take to change the culture of your chapter?

-We will set the expectation that each member attend at least one program of their choosing during Leadership Week. At the chapter meeting following Leadership Week, we will host roundtable discussions about what members have learned. These tables will be facilitated by members of the executive board. At the end, a few members will be asked to share to the entire chapter some of their biggest takeaways.

-Executive board members will be tasked with recording skills that individual members want to develop in order to help identify opportunities for members to practice these skills. For example, a member who wants to work on confrontation could be asked to serve on the standards board.

How will you measure success in this area?

-We will be successful by having members not only learn individual skills but be able to practice these skills in the chapter and begin to teach other members.

Planning Form Community Engagement

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Community Engagement: Advocacy

What topic will be your focus for the semester?

-Voter Registration

What specific actions/behaviors are you hoping to address?

-Increasing participation in local, state, and country elections on UC campus along with providing information about candidates and resources.

What steps will you take to change the culture of your chapter?

- Hosting an active citizen workshop with local representatives to talk about the importance of voting.
- Holding 2 tabling events that provide information on how to vote and how to find information about candidates.

How will you measure success in this area?

- We will be successful by having members practice being active citizens by providing information to the community and voting in elections.

#### Planning Form Community Engagement

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

- Community Engagement: Community Service

What topic will be your focus for the semester?

- Alzheimer's/ Gerontology

What specific actions/behaviors are you hoping to address?

- Educating members about the impacts of Alzheimer's, raising awareness and money for prevention research, and learning more about caregiver roles.

What steps will you take to change the culture of your chapter?

- Attending the regional Alzheimer's Association Walk event in October.
- Hosting our annual Gala to raise awareness and money for the Alzheimer's Association which contributes to prevention research.
- Each member will complete 2 community service hours from Harmony Senior Care facility.

How will you measure success in this area?

- We will be successful by having members learn about Alzheimer's and the effects it has had on members of our community. We will also be successful by having members adventure into the community to build relationships and provide care to those affected by Alzheimer's.

#### Planning Form Academics

What is your governing council? (select)

What is your chapter name?

What type of plan are you submitting? (select)

-Academics

What topic will be your focus for the semester?

-New Member GPA

What specific actions/behaviors are you hoping to address?

-New Member GPA's being below IFC average

What steps will you take to change the culture of your chapter?

-We will be creating academic plans with each new member that will include bi-weekly follow-ups.

-We will also provide study tables with members in similar majors to help new members with adjusting to college courses.

How will you measure success in this area?

-We will be successful by having new members feel adequate in their college classes

-We will be successful by creating relationships with new members and initiated members in similar class pathways













